

# **ALUMINI ASSOCIATION** PSG COLLEGE OF NURSING

# (AN ISO 9001 : 2008 CERTIFIED INSTITUTION) COIMBATORE 641004



# ALUMINI NEWS LETTER

E-mail : principal@psgnursing.ac.in

# EXECUTIVE MEMBERS FOR THE YEARS 2013-14



Chair Person : Prof. Elizabeth Jean Abraham Principal, PSG CN



Advisor : Prof.A.Tamilselvi HOD, Medical Surgical Nursing dept



President : Ms.Lekha.J 2008 Batch



Vice President : Ms.Santhosh Priya.N 2009 Batch



Secretary : Ms. Jyothi S Sunantha 2004 Batch



Assistant Secretary : Ms.Jeevitha.P 2008 Batch



Treasurer : Ms. Keerthana.B 2007 Batch

ALUMNI Action Plan for the year 2014

Alumni News Letter Career Guidance Programme for School Students Scholarship for Students Alumni get together Soft skill training workshop Honouring best sports woman of the outgoing batch during Graduation Ceremony, 2014

# Message from the Principal

# Dear Alumni,

Greetings from PSG College of Nursing! Another eventful year has gone by and we are into 2014. This year is a milestone as we celebrate 20 years of our growth and existence. To commemorate this event, we have had 2 International conferences at the beginning of the year.

Our students have continually demonstrated their talents and abilities by participating and bringing accolades to the college from quiz programs, cultural events and sports. Our international collaborations are growing giving a mutual benefit of learning from each other and giving an opportunity for our students to visit another country.

We are proud to record that many of our alumni have come forward to offer support in the form of scholarships to the present students who are in need. This gesture is really appreciated. I am also happy that our alumni keep in touch through the social networking media.

I personally seek your support and ideas to make PSG College of Nursing a center for excellence in nursing education. We hope to have an alumni reunion organized by the alumni and look forward to meeting you and hearing from you.

Wishing you the very best in your professional and personal life.

#### Best wishes, PROF. **ELIZABETH JEAN ABRAHAM** PRINCIPAL

# Message from the Vice Principal

Dear Alumni,

It is indeed a matter of pride and joy for me to address you through this News letter. I am sure you might be waiting to know about the progress of your Alma Matter. This year is a special year as it is the 20<sup>th</sup> year since inception. In a time span on of 20 years PSG college of Nursing has reached greater heights with expansion of the academic, clinical facilities and a simulation learning lab and International collaborations. This is your college and your association is the ideal platform to reconnect with each other and also with your beloved teachers. Your contribution to the profession through your knowledge and efficiency in different parts of the world makes us happy and proud. We shall be happy to hear more from you about your progress and we look forward to meet you all during the alumni get together.

DR. MALARVIZHI. G, Vice Principal

# 2013-2014

Website : www.psgnursing.ac.in

# Message from the Alumini Advisor

Dear PSG family and friends.

It is with great pride that I am honoured to serve my beloved Alma Matter as the Alumni Advisor. PSG College of Nursing has been a major part of my professional life. I am therefore grateful for the privilege of leading the PSG Alumni Association.

We are undertaking several different efforts including networking opportunities, home coming, reunions and much more to better connect with large and diverse group of Alumni. I look forward to work with each and every one of you in the forth coming days.

Herewith, I invite all Alumni to join their hands, get involved, extend their support and connect with us for reaching greater heights and excellence.

Hope to interact with you all in the Alumni get together.

**Prof.A.Tamilselvi** HOD, Medical Surgical Nursing dept Alumni Advisor

#### Messgage from the President

Greetings to All ....

Dear alumni,

We look forward to keep you connected and engaged with our Alumni Association through this Newsletter 2014.

The objectives of this newsletter is to encourage the building of rapport, networking among us and most importantly for us, to keep in close touch with you and our activities.

As I embark on my journey as President, I would like to increase our alumni presence and participation in the activities.

I encourage all the alumni to have their inputs to our Alumni Association. Wish you all the best.

Ms.LEKHA.J President

# **ALUMNIACTIVITIES**

#### **Career Guidance Programme:**

Career guidance programme was conducted for Higher Secondary students at Sarvajana Higher Secondary School, Government Higher Secondary School, Arasur, Kanyagurukulam Higher Secondary School, Government Corporation Higher Secondary School, Chinniyampalayam and SRNV Matriculation School Lakshminayakanpalayam.

#### **Scholarship:**

Scholarships were given to our B.Sc (N) students. So far the students have received the sum of Rs.5000 (Five Thousand Rupees) each as scholarship. Ms.Sasikala.G

(2009 batch), Ms.Saranya.S , Ms. Anushya R (2010 batch) and Ms.Oormila.K (2011 batch) were the students who received the scholarship for the year 2013. Students who got the scholarship have to repay 50% of the amount i.e. Rs.2500 (Two thousand and Five Hundred Rupees) within one year of their job placement. The Alumni of 2008 batch had repaid the amount. Our alumni Mr.Saravanan.G M.Sc (N) 2008 batch has sponsored Rs.10,000 (Ten Thousand Rupees) for the alumni scholarship which was equally divided and given to Ms.Minimol and Ms.Thenmozhi of BSc (N) IV and III year.

#### **Alumni Reunion:**



The 15<sup>th</sup> Alumni Reunion was conducted on 22.11.2013. Nearly 100 Alumni members participated in the reunion. The Chief Guest was Mr. Masilamani, public speaker and author of THANNAMBIKKAI weekly magazine. He addressed the alumni members on the topic "Road Map to Success". He motivated our Alumni members by giving few tips to lead a successful life. Alumni election was held for the post of President, Vice President, Secretary, Assistant Secretary and Treasurer. The Assistant Secretary post was opened to alumni members outside the college. All Alumni members went for tree plantation. Nearly 40 members were present and 100 saplings were planted.



The results of the election conducted was announced in the midst of cultural programme and the elected candidates were:

PRESIDENT : Ms.Lekha.J (2008 batch)

VICE PRESIDENT :Ms.Santhosh Priya.N (2009 batch) SECRETARY : Ms. Jyothi S Sunantha (2004 batch) ASSISTANT SECRETARY - Ms.Jeevitha.P(2008batch) TREASURER : Ms.Keerthana.B (2007 batch)

#### **CONTRIBUTIONS:**

Mrs. Sandy Mariam Varughese of M.Sc (N) 2009 Batch had contributed sum of Rs.1000 (One Thousand Rupees) towards the magazine release "Finesse 2013".

Ms. Gnanapriya.M received the Best Sports Women award sponsored by Alumni Association.

The Venkateshwara Research Award, which was sponsored by our alumni Mr.Senthil Kumar in remembrance of his father was secured by Mr.Vijay.D of M.Sc (N) 2011 Batch.

# AWARDS:

Mrs.Valliammal of B.Sc Nursing 1995 batch was awarded Doctorate in Child Health Nursing. At present she is working as Lecturer in NIMHANS College of Nursing, Bangalore.

Ms.Jyothi S Sunantha of 2004 batch secured a gold medal for the clinical speciality (Mental Health Nursing) from Dr.MGR Medical University.

# **ABOUT ALUMNI:-**

1.Mr. Rajasudhagar of 1995 Batch is working as Overseas Operation Cell Senior Manager, WIPRO Bangalore.

2.Mr. Naveen George of M.Sc Nursing 2010 Batch is pursuing a certificate programme in Geriatric Nursing, Canada.

3.Mr.Vijay.D of M.Sc Nursing 2011 Batch Staff Nurse, JIPMER Hospitals, Pondicherry.

4.Mr.Vijaya Prabhu.M of M.Sc Nursing 2011 Batch-Patient Care Executive, Institute of Liver and Biliary Sciences, New Delhi.

5.Ms. Jeena Anu Joy of B.Sc Nursing 2004 Batch- Staff Nurse in Muscat

6.Ms.Caroline Rachel of B.Sc Nursing 2007 Batch-Staff Nurse in Qatar.

7.Ms. Leelavathi.P of B.Sc Nursing 2007 Batch - Staff Nurse in Saudi Arabia.

# **ALUMNIAT PSGCON**

Mrs .J.Leena Mrs .R.Gandhimathi Mrs .T.Maheshwari Mrs .Bindu C Vasanthi Ms.A.Ajitha Mrs .P.J.Sony Sara Ms.Jerrin Ann Joseph Ms.Jyothi S Sunantha Ms.S.Selvasathya Mrs. P. M. Rajeswari Ms.J.Lekha Ms. M.S.Merline Ms.I.Abitha Ms.N.Santhosh Priya

# **Condolence:**

We are deeply saddened to convey the loss of our Alumni Mrs. Mohana S. of B.Sc (N) 2002 Batch who is no longer with us. We hereby extend our sincere condolences to her family on behalf of Alumni Association of PSG College of Nursing.

Hence we are planning to organize a fund raising programme to support Mrs. Mohana's children from the association. In addition if any alumni members are interested in contributing kindly credit / transact the amount to the below mentioned details:

Bank	Centra	al Bank of India
Branch	Peelar	nedu
A/C No	14812	89449
IFSC Code	CBIN	0280913 (5th character is zero)
Branch Code	28091	3 (Last 6 Characters of the IFSC Code)
City	Coim	oatore
Address	PSG	Tech Campus, Avinashi Road,
	Peelar	nedu, Coimbatore - 641004

# **COLLEGE OF NURSING NEWS**

#### Lamp Lighting Ceremony:



Lamp Lighting Ceremony of 2013 batch B.Sc Nursing was held on 20.12.13. The lights were passed over to 83 students by the chief guest Prof.Madhavi, Principal, KMCH College of Nursing, Coimbatore.

# International Student Exchange Programme The Indian Experience 2014:

PSG College of Nursing hosted "The Indian Experience 2014" (Winter University) International Student Exchange Programme from 06.01.2014 to 30.01.2014. The programme included two groups of students.

The programme was attended by 20 students from SDSU and 8 students from Swiss and 10 nursing students of PSG College of Nursing. As part of learning, Swiss students attended panel discussion on theme of the exchange programme **Youth And Millennium Development Goals**: **Challenges and Opportunities** They were exposed to various clinical areas such as medical wards, surgery wards, IMCU, paediatric ward, OG ward, and also had one day stay posting in karadivavi PSG Hospitals. Both Swiss and PSG students actively participated in preparing Swiss cusine and Indian dishes and shared their foods. The programme was successfully completed on 30.01.2014 by issuing the certificates.

#### Summer University 2013, Lausanne, Switzerland:

As part of International Student and Faculty Exchange programme

Prof.Dr.Subhadra Iyengar, HOD, Research Department and Prof.Esther Daisy Meera Bai Joel, HOD, Mental Health Nursing Department accompanied the students in turns for 2 weeks each. Ten students from II, III and IV Year B.Sc.(N) attended the exchange programme. The students and faculty left for Switzerland on 03.06.2013 and returned on 28.06.2013. The summer university provided a platform for the young and experienced individuals to probe into issues of concern and find alternative approaches to address the problem of health.

#### **Intramural Sports Meet:**

The intramural sports meet was held on 06.04.2013. Thiru.P.K Narayanaswant former Indian basket ball player, Senior Executive (Retd.),Tara Steel, Jamshedpur was invited to be the chief guest of the function. Various sports events for the staff and students were conducted from 04.03.2013 to 15.03.2013. 2010 batch won the over all trophy. Ms. Anitha of 2011 batch won the individual championship for girls. The individual championship for boys was won by Mr.karthikeyan of 2010 batch.

#### **Graduation Ceremony:**



The XV Graduation Ceremony of PSG College of Nursing was held on 22.11.13. Dr.K.Reddemma, Nodal Officer, National consortium for Ph.D. in Nursing was invited to be the chief guest of the function. The Managing Trustee Sri.L.Gopalakrishnan presided over the function. Prof.Elizabeth Jean Abraham, Principal, PSG College of Nursing gave charge to the new graduates. Forty-two graduates and eight postgraduates received their degrees from the chief guest. The class toppers and subject toppers in both UG and PG group were awarded with prizes. The special awards were distributed by the chief guest. Among the prestigious awards for undergraduates students, 'Best Academic' and 'Clinical Nurse Award' were given to Ms.Sasikala.S of 2008 batch. 'The Best Outgoing Student' of the graduating batch was given to Ms.Lekha.J. Among the post graduate students, 'Best Academic Post Graduate Award' was won by Mrs.Ancy Merin Mathew and the 'Venkateshwara Research Award' was secured by Mr.Vijay.D. 'The Best SNA Award' was received by Ms.Cibi Esther Varughese and 'The Best NSS Award' was received by Ms.Agnes.K.A. Ms. Gnanapriya.M received 'The Best Sports Women Award.

#### **YRCActivities:-**

YRC members have taken part in various events to celebrate the International Womens Day, World Red Cross Day, World Breast Feeding Week. Exhibition was conducted on 08.04.13 (WHO day) and emphasized on the theme high blood pressure.

#### **NSS Activities:-**

60 students from our II & III year BSc (N) took part in the NSS camp which was held for 1 week from 11.11.2013 to 16.11.2013 in Lakshminayakanpalayam. Faculty from the various department were invited on each day to observe the programme. Various programmes were organised to celebrate National Youth Day, International Women's Day, World Health Day, Nurses Day, World Environment Day, National Science Day, National Nutrition Day.

#### **SNAActivites:-**

Ujvala 2014 an intra collegiate cultural and fund raising programme to support social causes was held on March 15<sup>th</sup>. The fund raised on that day will be utilized to support one deserving paediatric patient at PSG Hospitals and towards supply of stationaries for the Manavar Illam students.

2. SNA donated purse money of Rs.5000 (five thousand rupees) at the National Biennial SNA Conference Surat.

#### Zenith 2013:



The Zenith 2013, a zonal level intercollegiate Nursing Quiz competition was conducted on 13.12.13 at 5th Floor Examination Hall. The quiz programme was organised by the Child Health Nursing and Mental Health Nursing departments. A total of 23 teams underwent preliminary written test and the best 5 teams were qualified for the final round.PSG College of Nursing, Coimbatore emerged as triumphant by securing the rolling trophy for the first place and Second place .CMC College of Nursing, Vellore , collected the 3rd prize.