



## ALUMNI NEWS LETTER

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 PRINCIPAL , PSG CN



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 2008 Batch M.Sc Alumni



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 Mr. **KAPIL DEV**  
 2013 B.Sc Batch Alumni

### *Message from the Principal 'It's time to look up and smile'*

It gives me an immense pleasure to connect with you through this Alumni News letter. I am happy that most of our alumni are quite successful in their career. We, at PSG believe in creating and disseminating the knowledge & skill in core areas through innovative educational programs and developing a new cadre of global professional by providing better academic ambience and learning environment. Therefore, we encourage all alumni to participate and support the numerous campus activities. I would like to take this opportunity to thank the Executive members for their efforts in putting together a wonderful and informative newsletter for our alumni. The beautiful photographs of the events, the notable achievements by our students, alumni have been highlighted. I hope this newsletter will help everyone to stay connected with their alma mater, We welcome your inputs for newsletter and urge to stay connected with us through email and social networking sites and by visiting personally whenever possible. Thanks once again for your support and participation in the Alumni Association.

**Dr. JAYASUDHA.A**  
 PRINCIPAL, PSG CN

## PRESIDENT MESSAGE

**Dear Alumni,**

Greetings! I am delighted to reach out to you through News letter of the PSG College of Nursing Alumni Association. The alumni of PSG CN are among the fortunate few who had the opportunity to blossom in a cosmopolitan ambiance amidst a rewarding academic environment. Life at PSG CN is an invigorating experience that paves the way for wholesome development of personality. So I invite our alumni to return to campus for Reunion and Homecoming. We look forward to the continued support and active involvement of the entire membership to carry out our activities in the coming year.

MRS.MAHESWARI.T  
ASSOCIATE PROFESSOR



Nursing conducted an International Seminar on “Challenges and Opportunities in Nursing” On July 30th 2018. The alumni of 1995 batch Mr. Mahesh Pillai, Nurse Entrepreneur, State of Texas, Mrs. Padma, Family Nurse Practitioner, Santa Maria California, USA and Ms. Roselin Myvizhi, Professor in Shanmugam College of Nursing, Salem were called as the resource persons. They shared their experience and challenges which they faced in the Nursing profession. They motivated the students with their inspirational speech. All the Faculty and students of PSG CN and alumni from PSG Hospitals attended the seminar. Students had interesting interactive session and they clarified their doubts and queries.

## ALUMNI ACTIVITIES

### Career Guidance Programme:



Career guidance on ‘Nursing as a profession’ was rendered to 11th and 12th standard students with biology and pure science group from Krishnammal girls HSS and PSG Kanya gurukulam HSS, Vedapatti HSS, Sarvaj na HSS in the month of November. By this career guidance programme we were able to reach 500 students.

## INTERNATIONAL SEMINAR CHALLENGES AND OPPORTUNITIES IN NURSING

The Alumni Association of PSG College of

## ALUMNI AT PSG CON

- Prof J.Leena Francis
- Mrs.T.Maheshwari.
- Mrs.P.M.Rajeshwari
- Mrs.Keerthana
- Mrs.Jenifer Gracy
- Mrs.Vedavalli.K
- Miss.Anitha.P
- Miss.Arthi.R

## AWARDS AND ACHIEVEMENT:

- MR.Raja Sudhakar ‘95’ Batch :Award for Best leader in innovation in health care information technology by WHO, Geneva, 2017 and International IT enablement award by UNICEF, New York, 2016
- Mr.Rathish Nair ‘96’ batch –Secretary

INC, New Delhi.

- Mrs. Jamuna Rani '97' batch received Best Mentee Award, Best Activity Performer Award for study design and types of study and also received Innovative thinker of 'V Worm 2018' at Trichy SRM Medical college hospital and research centre, Irungalur. Trichy

- Mrs. Devaki '98' batch-Rank holder in M.Sc Mental Health Nursing award at SRM University in Chennai.

- Mrs. Punitha '99' Batch-Part time CNS in Respiratory unit, Cork University Hospital Ireland.

- Mrs. Sandy Mariam Mathew '2000' Batch promoted as Acute Oncology CNS IN National Centre for Cancer care and Research, Hamad Medical Corporation, Doha, Qatar.

### SCHOLARSHIP:

Alumni scholarship 2018 was given Ms. Sangeetha.S (2014 batch), Ms. Noushin Banu (2016 batch), and A. Anushiya (2015 batch) of Rs.5000 each. The alumni of 1995 batch have sponsored an amount of RS 10000 for best outgoing graduate of the year 2018.

### COLLEGE ACTIVITY ZENITH-201



The 20th South Zone Intercollegiate Nursing Quiz Competition ZENITH 2018 will be held at PSG IMSR Auditorium on Friday, 29th November 2018 between 2pm and 4pm. Thirty seven teams (21 colleges) have registered from Kerala, Karnataka & Tamil Nadu. Prof. M. Nirmala and Dr. A. Tamilselvi had coordinated the event. Dr. A. Jayasudha, Principal, inaugurated the quiz programme

and welcomed the gathering. Dr. Elizabeth Jean Abraham was the Chief Guest and Dr. T. Saravanan, Professor, Department of Medicine, PSG IMSR presided over the function. Dr. Muruganandam, PSG Hospitals and Prof. Dr. P. Viji, KMCH College of Nursing were panel of Jury. The winning teams were, College of Nursing, CMC Vellore bagged the trophy and second prize, College of Nursing, SRIPMS, Coimbatore won the third prize.

### GRADUATION CEREMONY - 2018



PSG College of Nursing had celebrated 20th Graduation on 4th May, 2018. 70 B.Sc Nursing 2013 batch and 3 M.Sc Nursing 2015 batch. Shri. L. Gopalakrishnan, Managing Trustee of PSG Institutions presided over the function and Dr. A. Jayasudha, Principal, gave charge to the graduates. Dr. M. Prakasamma, Director, Academy for Nursing Studies and Women's Empowerment Research Studies (ANSWERS), Hyderabad highlighted being Nurse is unique and stressed on 3 C's in Nursing i.e. Caring, Co-ordination and Custodianship for the graduates to inculcate in nursing profession. During this enviable occasion, Ms. Ammu. R bagged the best outgoing student award. The graduates and post graduates were awarded with special awards of Best Academic, Best Clinical Nurse and Best Researcher. Graduates who have excelled in Extra curricular was also awarded for Best NSS Volunteer, Best Sports Women and Best SNA Award. Following the awards, our College Magazine Reminisce '18 was also released by the Chief Guest.

Students of PSG College of Nursing had entertained the audience with variety of cultural programmes .

### SNA activities:



The SNA unit of PSG College of Nursing strives hard for the upliftment of the students through professional, educational, extracurricular activities. The SNA President Dr. A Jayasudha conducted executive board meeting once in two months to plan and discuss about the activities.

The Students of SNA organized and participated in many events and bagged prizes such as Inter Nursing College Sports Meet & cultural meet, intercollegiate quiz programme, Minerva Quiz Competition, celebrated International Nurses Day, and observed international yoga day, celebrated teachers day, Diwali, Christmas and Pongal.

### SOFT SKILL TRAINING PROGRAMME

Soft skill training programme was organized for all the students of B.Sc Nursing on 15.12.18 to 16.12.18 All the sessions were headed by Mr. Subramanian and Mr. Manivannan. On 15.12.18 the session started at 9.30 am to 4.30pm. The topics covered are Self Analysis, Johari Window, Goal Setting, and Personality Development. On 16.12.18 the session started at 9.30am to 4 pm. The topics covered are My time, Time management, Effective communication, Life skills, Team building, and

conducted games. All these sessions were very useful for the students which provoked their positive attitude and motivated them to face the world in a positive way.

### PLACEMENT CELL:

All the students from 2014 batch B.Sc Nursing were placed in different hospitals such as PSG Hospitals, Apollo hospitals, Royal Care Super Speciality Hospital and Narayana Hridayalaya through campus interview. Counseling and expert guidance programme for overseas education was arranged for the students through Canam Consultants. Nursing competitive exam trainer- METIER future aspiration, New Delhi collaborated with PSG CN organized a crash course on 02.02.2019 - 06.02.2019 for Nurses and around 24 final year students and 4 faculties participated. This course covered all nursing subjects which included high yield MCQ points, group discussion and free question bank. 129 delegates attended the program and were benefitted. This course was aimed to crack various types of competitive exams at central and state level.

### SUMMERUNIVERSITY, LAUSSANE



The Summer University 2018 Programme is being held at Institut et Haute Ecole de la Santé La Source – Lauanne Switzerland with a theme “Disaster Nursing Preparedness: Serene Awareness” The programme has been planned from 4th to 28th June 2018. Mr. M. Baskaran, Associate Professor, Mental Health Nursing Department and 10 B.Sc Nursing students had participated in

the programme. The students from Boston College of Nursing, USA, San Diego State University USA & Hong – Kong Polytechnic University, and Switzerland have also been part of this programme. The programme covered lectures on Disaster Nursing, Swiss Disaster System, Workshops, Practical Training and Presentations from invited professors. The students had opportunity to visit United Nations, Red Cross Society and Switzerland Army organized by Summer University and also they visited trekking and other social activities in Alps.

### LAMP LIGHTING 2019



PSG College of Nursing had celebrated 25th Lamp Lighting Ceremony on 11.01.2019. This ceremony provides an opportunity to remember, reintegrate and commemorate the services rendered by Florence Nightingale to the patient care. During this ceremony the 87 first year B.Sc. Nursing students took the Nurse's pledge before starting their clinical experience in Hospital.

By lighting the lamp, the students ensure helping the lives of others in improving their health & makes a positive impact for the people in the world. The Chief Guest for the function was Dr. Tamilmani Principal, Annai JKK Sampoorani Ammal College of Nursing, Komarapalyam. Prof. Madeleine Baumann, Head of International Affairs at the Haute Ecole de la Santé La Source in Lausanne, Switzerland was the Guest of Honour. Shri. L. Gopalakrishnan Managing Trustee, PSG

Institutions, presided over the function. Dr.A.Jayasudha Principal, welcomed the gathering. Dr.Anuradha, Nursing Superintendent, PSG Hospitals, delivered pledge to nursing students. Professor Leena Francis, HOD of Fundamentals of Nursing Department, proposed vote of thanks.

### INTERNATIONAL STUDENT EXCHANGE PROGRAMME - INDIAN EXPERIENCE-2019



The Indian experience 2019 was hosted by PSG CN from 7th to 30th of January 2019. About 30 students, 15 from PSG College of Nursing, with 2 faculty, 9 from La source & 6 of them from HESAV, Switzerland with 4 faculty participated.

The theme of this year was "Current trends and approaches in health care delivery system for vulnerable population". Students had an opportunity to witness the nursing experience through clinical postings field visits related to the theme, visit simulation lab in PSG Hospitals and presented case scenarios too. They also had an opportunity to witness the solemn ceremony of our 25th Lamp lighting ceremony and founders day celebration.

Students participated in Pongal Celebration and flag hoisting ceremony of 70th Republic Day of India at PGIMS&R ground. They expressed that the visit to PSG was very valuable, their visits and presentations related to the topic was very enlightening, also witnessed Indian culture.

## NSS Activities



The NSS Unit organized Regular Camp and Special Camp activities like Awareness Rally, Pulse polio Immunization programme, observance of international days, mass awareness programmes, health camp in adopted villages and tree plantation.

NSS Special Camp for the year 2018-2019 was successfully completed from 12.11.18 to 18.11.18 in Kondanur, Anaikatty tribal area. Fifty NSS volunteers from B.Sc (N) II & III year have actively participated in the camp. Special camp activities like team building, personality development session and yoga session were organized for the NSS Volunteers. Medical camp, anemia screening, self employment programme for rural women were done for the village people.

The people gave a positive feedback. First aid box and carpets were donated to the Panchayat Union Middle school for the benefit of school children from PSG College of Nursing.

The NSS Unit observed Road Safety Awareness Week 2019 from 07.01.2019. Students imparted awareness on safety among road users, covering accident prone zones in 5 traffic junctions at Avinashi road in Coimbatore, between the peak hours.

## YRC ACTIVITIES

The PSG College of Nursing established its YRC local unit in the academic year of



2005. The unit has a total membership of 376 students. The Youth Red Cross wing of our college is proud to reveal its activities that took place during the academic year 2018-2019. YRC unit observed World leprosy day, International women's day, World water day, World health day, International Nurse's day, International yoga day, World population day, World heart day, World blood donation day, World diabetes day.

## ACTION PLAN OF ALUMNI ASSOCIATION

- Alumni conference 2019
- Grand alumni get together 2019
- Alumni news letter
- Career guidance programme for school students
- Scholarship for students



**ALUMNI ASSOCIATION**  
**PSG COLLEGE OF NURSING**  
(AN ISO 9001:2008 CERTIFIED INSTITUTION)  
**COIMBATORE - 641004**