



ALUMNI ASSOCIATION PSG COLLEGE OF NURSING

(AN ISO 9001 : 2008 CERTIFIED INSTITUTION)

COIMBATORE 641 004



ALUMNI NEWS LETTER

2014-2015

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EXECUTIVE MEMBERS FOR THE YEAR 2014-15



Chair Person :

Prof . Elizabeth Jean Abraham
Principal, PSG CN.



Advisor :

Prof. A. Tamilselvi
HOD, Medical Surgical Nursing Dept.



President:

Ms. Lekha .J
2008 Batch



Vice President:

Ms. Santhosh Priya .N
2009 Batch



Secretary :

Ms. Jyothi S. Sunantha
2004 Batch



Assistant Secretary :

Ms. Jeevitha .P
2008 Batch



Treasurer:

Ms. Keerthana .B
2007 Batch

ALUMNI Action plan for the year 2015

- Alumni News Letter
- Career Guidance Programme for School Students
- Scholarship for Students
- Alumni get together
- Honoring Best Sports Women and Best Clinical Nurse of the outgoing batch during Graduation Ceremony

Message from the Principal

Greetings from PSG College of Nursing! 2014 was a milestone as we celebrated 20 years of our growth and existence. To commemorate this event, we have had 2 International conferences at the beginning of the year with International faculty of reputed Universities.

Our faculty have also been doing well professionally and academically. Prof.G.Malarvizhi and myself have been awarded Ph.D in Nursing by the National consortium of RGUHS and INC

Our students demonstrated their all round development by participating in Quiz competition, cultural and sports events. Our international collaborations are growing giving a mutual benefit of learning from each other and giving an opportunity for our students to visit another country.

We are proud to say that many of our alumni have visited us and have contributed in terms of scholarships and support to the present students who are in need. This gesture is really appreciated. I am also happy that our alumni keep in touch through the social networking media.

I personally seek your support to have country wise and zone wise alumni networking. We hope to have an alumni reunion organized by the alumni and look forward to meeting you and hearing from you. Please visit us at www.psgnursing.ac.in

Wishing you the very best in your professional and personal life.

With best wishes,

Dr. ELIZABETH JEAN ABRAHAM
PRINCIPAL

Message from the Vice Principal

Dear Alumni,

I am indeed happy to write to all of you through this News letter. I am sure you might be waiting to know about the progress of your Alma Mater. The year 2014 had been a rewarding year with lot of academic and curricular and co curricular activities. There were proud moments when our Alumni were resource persons for the conference hosted by PSGCN Alumni association. We have a greater role in transforming health care. We would be happy to hear from you about your professional and personal developments. This is your college and your association is the ideal platform to reconnect with each other and also with your beloved teachers. Your contribution to the profession through your knowledge and efficiency in different parts of the world makes us happy and proud. We shall be happy to hear more from you about your progress and we look forward for your active participation during the Alumni Reunion.

Dr. G. MALARVIZHI
VICE PRINCIPAL





Message from the Alumni Advisor

Dear PSG family

Happy New Year to all. I am honored to serve as Alumni advisor for PSG College of Nursing Alumni Association. It's a great privilege and I am deeply grateful to our Alumni for their suggestions and support, as number of newer initiatives such as Alumni get together, soft skill training programme and inviting Alumni as speakers in the conferences and as guest of honor in Alumni Association meeting, have been organized in the year 2014 in order to reconnect with one another and to re-engage with the PSG College of Nursing. I would like to personally encourage you to get involved, to reach out and to connect with us.

I invite each and every one of you to get involved in your own way. The possibilities are endless and willing to share any ideas you might have.

Thank you for your continued support. If you have any comments or suggestion, I would be happy to hear from you at psngsgalumini@gmail.com.

Prof.A.Tamilselvi

HOD, Medical Surgical Nursing Dept
Alumni Advisor

Message from the President

Greetings to all....

Dear alumni,

It has been an incredible year for the Alumni Association PSG College of Nursing. We are continually seeking new and exciting ways to keep you engaged with the college.

As our alma mater continues to pursue its aspirations it is important for all alumni to know that each and every one of us has a role to play in this effort.

Wherever you are, at whatever stage of life you are in, there's something here for you. We would like to encourage you to get involved, to reach out and to connect with us.

Make your decision to begin your support by becoming a member of the Alumni Association.

Ms.Lekha.J

President

ALUMNI ACTIVITIES

Career Guidance Programme

Career guidance programme was conducted for Higher Secondary students at Arasur, Kanyagurukulam and Hindustan Higher Secondary School.

Scholarship

Alumni scholarship was given to Ms.Lumina of B.Sc(N) 2010 Batch, Ms.Thenmozhi, Ms.Oormila of B.Sc(N) 2011 Batch and Ms.Krishnapriya of B.Sc(N) 2012 Batch for the year 2014. Mr. Saravanan.G M.Sc(N) 2008 Batch has sponsored Rs.10,000/- for the alumni scholarship which was divided and given as Rs.5000/- each to Ms.Oormila and Ms.Tamilselvi of B.Sc(N) IV and III year.

Alumni Get together



Alumni get together was organized on 10.05.14 to Ooty. Thirty four alumni members joined in the get together. They visited places like Botanical garden, Rose garden, Boat house, and other places in and around Ooty.

Soft skill training workshop



Conducted a workshop on "Soft Skill" as a need to enhance soft skills of future nurses. This workshop was organized on 18.08.14 and 19.08.14. Seventy one students of Final Year B.Sc(N) benefited and participant certificates were distributed. Silver Tongue, a Reputed Soft Skill Training Institute from Coimbatore handled the sessions like Personal and Social Etiquette, Resume Building, Interview skills, Assertiveness, Time management and Leadership. It included lectures, discussions, activities, worksheets, assignments and role plays. A sum of Rs.350 was collected. Out of which Rs.100 was contributed from the Alumni Association for each student to participate in the workshop. This new initiative was successful and students highly appreciated it. They felt that the workshop helped them to face their campus interview with confidence. They also recommended such programmes to be routinely done for nursing students in future.

Alumni Seminar



Alumni association conducted State Level Seminar on "Transforming health Care: Best Nursing Practices" on 20.09.14. There were eminent speakers from various institutions of Tamilnadu, Karnataka as well as Alumni of PSG College of Nursing. Different sessions were conducted





like Connecting habits for building trust with patients, Impact and outcomes of moral distress in nursing, Malpractice: Be proactive, Not reactive, Symposium on Caring responses to uncaring behavior, Creating interprofessional team to address common health care issues, Innovations in workforce planning: Strategies for Diversifying the Healthcare Work force of the Future and Advancing Evidence Based Practice & Strategies to Overcome the Barriers. Around 158 delegates including nurses, students and faculty of various hospitals and institutions attended the seminar.

Alumni Reunion



The 16th alumni reunion was conducted on 15.11.2014. Nearly 100 alumni members participated in the reunion. The Chief Guest was Mr.Prakash Angappan PGDIE Vice President of PSG Tech Alumni association. He addressed the alumni members on the topic “Bonding Alumni with Alma mater”. Guest of Honor was our alumni Ms.Roselin Myvizhi (B.Sc (N) 1995 batch & M.Sc (N) 2004 batch) HOD, Department of Pediatric Nursing, Westfort College of Nursing, Trissur. Tree plantation was done by alumni members. Nearly 25 saplings were planted.



CONTRIBUTIONS

- Ms.Bhuvaneswari.K of B.Sc(N) 2009 Batch received the Best Sports Women Award sponsored by Alumni Association
- The Venkateshwara Research award sponsored by our alumni Mr.Senthil kumar in remembrance of his father and the best Clinical Nurse award sponsored by Mrs.Sandy Mariam Varughese of M.Sc(N) 2009 Batch
- Mrs.Sheen Scaria of B.Sc(N) 2000 Batch donated Rs.1000/- (Rupees Thousand only) to Alumni association of PSG CN

AWARDS



Mrs.Sheeba Elizabeth of M.Sc (N) 2004 batch and Ms.Frincy Francis of M.Sc (N) 2010 batch working in Sultan Qaboos University College of Nursing, Muscat bagged the Dr.Umberto Veronisi Foundation Award for their poster presentation during the third European Asian Breast Cancer Congress at Muscat, Oman.

ABOUT ALUMNI

- Mrs.Kavitha of M.Sc (N) 2005 Batch is studying Ph.D in Public Health Informatics in Indian Institute of Public Health - Public Health Foundaation of India, Hydrabad.
- Mrs.Kasthuri Sivan of B.Sc (N) 1997 Batch is working as Critical Care Registered Nurse in St.Peter’s hospital Newyork, USA since 2007.
- Mr.Clement of B.Sc (N) 1997 Batch is working as a Staff Nurse in HSE Dublin, Ireland
- Mrs.Smitha Abey of B.Sc(N) 1997 Batch is working as a Staff Nurse in Al Seef Hospital, Kuwait.
- Mrs.Betsy Mathew of B.Sc(N) 1999 Batch is working as a Staff Nurse in South Tipperary General Hospital, Ireland.
- Mrs.Sani Jomon B.Sc(N) 2003 Batch is working as a Staff Nurse in Monash Medical Centre, Australia.
- Mrs.Nisha Kevin of B.Sc(N) 2003 Batch is working as a Staff Nurse in Monash Medical Centre, Australia.
- Mrs.Divya John of B.Sc(N) 2003 Batch is working as a Staff Nurse in Zulekha Hospital, Dubai.
- Mrs.Devi Ponnusamy of B.Sc(N) 2005 Batch is working as a Staff Nurse in Jeddah, Soudi Arabia.
- Mrs.Jiffy Jacob of B.Sc(N) 2006 Batch is working as a Staff Nurse in Jamaica Hospital, Newyork.

ALUMNI AT PSG CON

1. Mrs .J.Leena
2. Mrs .R.Gandhimathi
3. Mrs .T. Maheswari
4. Mrs .Bindu C Vasanthi
5. Ms. A. Ajitha
6. Mrs .P. J. Sony Sara
7. Mrs. Jyothi S Sunandha
8. Ms. S. Selvasathya
9. Mrs. P. M. Rajeswari
10. Ms. M.S.Merline
11. Ms.I.Abitha
12. Ms.N.Santhosh Priya





COLLEGE OF NURSING NEWS

Lamp Lighting Ceremony

Lamp Lighting Ceremony of B.Sc (N) 2014 Batch was held on 20.12.14. The lights were passed over to 88 students by the Chief Guest Prof. Shirley Prakash, Principal, Westfort academy for Higher Education, Trissur.



International Student Exchange Programme: The Indian Experience 2015

PSG College of Nursing hosted “The Indian Experience 2015” from 5.1.15-29.1.15. Twenty students from Switzerland and 10 students from PSG College of Nursing attended the programme. As part of learning, students attended panel discussion on the theme of the programme “YUVASAKTHI” (Youth Power) – Agent of Change. They were exposed to various clinical areas such as Medical wards, Surgical wards, IMCU, Pediatric ward, Psychiatric ward and OG ward.

Summer University 2014, Lausanne, Switzerland

As part of International Students and Faculty exchange programme Prof. Tamilselvi.A, HOD Medical Surgical Nursing Department accompanied the student for 4 weeks. Ten students from B.Sc(N) II, III, & IV year attended the exchange programme from 16.06.14 - 11.07.14. The theme of the programme was ‘Fairness and access to health care vulnerable populations’. Professors and students from India, USA, Singapore, China and Switzerland participated in this programme. The programme was organized in the form of lecture with discussion, research study presentations, field visits and visits to clinical settings. Dr. Jean Watson, Nursing Theorist explained “Caring Science as disciplinary foundation of Nursing and Health care”. Prof. A. Tamilselvi from PSG College of Nursing presented about “Indian Traditional Medicine” and students had workshop on “Similarities and differences between the Countries” based on the theme.

Intramural Sports Meet

Intramural sports meet was held on 14.03.14. Mr. Stanley.P. Mathew District Sports and youth Welfare Officer, S.D.A.T Coimbatore Unit was invited as the Chief Guest of the function. Various sports events for the staff and students were conducted from 25.02.14-10.03.14. 2011 batch won the overall trophy. Ms. Anitha of 2011 batch won the individual championship.

Graduation Ceremony

The XVI Graduation ceremony of PSG College of Nursing was held on 15.11.14. Dr. F. Josephine R Little Flower, Nursing Advisor to Government of India, Ministry of Health and Family welfare, New Delhi was invited to be the Chief Guest of the function. The Managing Trustee Shri. L. Gopalakrishnan presided over the function. Dr. Elizabeth Jean Abraham, Principal PSG College of Nursing gave charge to the new graduates. Forty Under Graduates and three Post Graduates received their degrees from Chief Guest. Among the prestigious awards for undergraduate 2009 batch students,

- Best Academic & Best Clinical Nurse Award - Ms. Sini Elizabeth Thomas
- Best Out Going – Ms. Sumy Jose
- Best Sports Women – Ms. Bhuvanewari. K
- Best NSS Award – Ms. Lakshmi prapha
- Best SNA Award – Ms. Santhoshpriya .N Post Graduate 2011 batch students
- Ms. Jonisha Mary received Best Academic, Clinical and Best Researcher award.

YRC Activities

YRC members have taken part in various events to celebrate the World Health Day, World Red cross Day, World Breast feeding week celebration, Voluntary blood donation day, and World AIDS Day.

NSS Activities

Sixty students from B.Sc (N) II & III year took part in NSS Special camp from 17.11.14-22.11.14 in Lakshminaiickenpalayam. Various programmes were organized to celebrate National Youth Day, International Women’s Day, National Science Day, and National Nutrition day.

SNA Activities

As a part of their activities, office bearers and members had visited PSG Sarvajana Manavar Illam and distributed stationaries to the inmates worth Rs.15000/- Various programmes were organized like International Nurses day celebration, Onam and Teacher’s day celebration, Diwali celebration, World AIDS Day observation, Christmas, New Year and Pongal celebration.

Zenith 2014

Zenith 2014, a Zonal level intercollegiate Nursing Quiz competition was conducted on 29.11.14. The quiz programme was organized by the Community Health Nursing Department and Obstetrics and Gynaecological Nursing Department. Thirty two teams underwent preliminary written test and the best 5 teams were qualified for the final round. PSG College of Nursing emerged as triumphant by securing the rolling trophy for the first place, the second place by St. John’s College of Nursing, Bangalore and third place by CMC College of Nursing, Vellore.

