

**THE TAMILNADU DR.M.G.R. MEDICAL UNIVERSITY  
CHENNAI – 600 032.**



**REGULATION AND SYLLABUS FOR  
M.Sc POST GRADUATE DEGREE IN NURSING  
2010 – 2011**

*Modified upto 41st Standing Academic Board held on 14.6.2011.*

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**The Tamil Nadu Dr.MGR. Medical University  
No.69, Anna salai, Guindy, chennai- 6000 032**

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**The University emblem symbolizes various systems of medicine ad Para medical systems. It also depicts the global character of preventive, promotive, and curative medicine. The motto “HEALTH FOR ALL” reflects all the objectives of this medical university.**

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## **PHILOSOPHY, AIMS & OBJECTIVES**

(Adapted from Indian Nursing Council)

INC believes that:

### **Philosophy**

Graduate programme is essential to prepare nurses to improve the quality of nursing education and practice in India.

Post graduate programme in nursing builds upon and extends competence acquired at the graduate levels, emphasizes application of relevant theories into nursing practice, education, administration and development of research skills.

The programme prepares nurses for leadership position in nursing and health fields who can function as nurse specialists, consultants, educators, administrators and researchers in a wide variety of professional settings in meeting the National priorities and the changing needs of the society.

This programme provides the basis for the post masteral programme in nursing. Further the programme encourages accountability and commitment to life long learning which fosters improvement of quality care.

### **Aim**

The aim of the postgraduate program in nursing is to prepare graduates to assume responsibilities as nurse specialists, consultants, educators, administrators in a wide variety of professional settings

### **Objectives**

On Completion of the two year M.Sc Nursing programme, the graduate will be able to:-

- 1.Utilize/apply the concepts, theories and principles of nursing science
- 2.Demonstrate advance competence in practice of nursing
- 3.Practice as a nurse specialist.
- 4.Demonstrate leadership qualities and function effectively as nurse educator and manager.
- 5.Demonstrate skill in conducting nursing research, interpreting and utilizing the findings from health related research.
- 6.Demonstrate the ability to plan and effect change in nursing practice and in the health care delivery system.
- 7.Establish collaborative relationship with members of other disciplines
- 8.Demonstrate interest in continued learning for personal and professional advancement.

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## **REGULATIONS OF THE UNIVERSITY**

In exercise of the powers conferred by section 44 of the Tamilnadu Dr.MGR Medical university, Madras Act, 1987 (Tamilnadu Act, 37 of 1987), the standing. Academic Board of the Tamilnadu Dr.MGR Medical University, hereby makes the following regulations:-

### **SHORT TITLE AND COMMENCEMENT**

These regulations shall be called “THE REGULATIONS FOR THE M.Sc POST GRADUATE DEGREE COURSE IN NURSING, THE TAMILNADU DR.MGR MEDICAL UNIVERSITY, CHENNAI”

They shall come into force from the academic year 2010-2011 onwards.

The regulations framed are subject to modifications from time to time by the Standing Academic Board.

### **OVERALL OBJECTIVES:**

The candidate is prepared to function in a leadership position in selected areas of Clinical Speciality, Nursing Education, Nursing Administration and in Nursing Research and carry out independent Research Studies

### **1. ELIGIBILITY FOR ADMISSION**

The candidates should have:

- Passed the qualification of B.Sc. Nursing Degree of this University or any other University accepted as equivalent there to.
- Should have registered with the State Registration Council of Nursing and Midwifery.
- B.Sc. Nursing Graduates should have one year of experience in a hospital or in a College or in a School of Nursing or in Community Health Programme after registration in State Nursing Council.
- Minimum one year of work experience prior or after Post Basic B.Sc Nursing
- In case of male candidates they should have passed any other course recommended by the Indian Nursing Council in place of Midwifery. Those who have studied Midwifery are eligible for admission to Branch III and IV.
- Every candidate before admission to this course shall submit to the Principal of the institution a certificate of Medical Fitness from an authorized Medical Officer that the candidate is physically fit to undergo the Academic Programme.

### **2. ELIGIBILITY CERTIFICATE**

Candidate before seeking admission to any one of the affiliated nursing Institutions shall obtain an Eligibility Certificate from the University by remitting the

prescribed fees along with the application form which shall be downloaded from the University website ([www.tnmmu.ac.in](http://www.tnmmu.ac.in))

### **3. MIGRATION CERTIFICATE:**

Other university candidates must obtain migration certificate from the concerned University.

### **4. MEDIUM OF INSTRUCTION**

English shall be the medium of instruction for all the subjects of study and for examinations of the M.Sc. Degree Nursing course.

### **5. REGISTRATION**

A Candidate admitted in the M.Sc. Post Graduate Degree Course in Nursing in any one of the affiliated institutions of this University shall register his / her name with this university by submitting the prescribed application form for registration duly filled, along with the prescribed fee and a declaration in the format to the Academic Officer of this University through the Head of the affiliated institution within 60 days from the cut-off date prescribed for the course for admission. The applications should have date of admission of the course.

### **6. DURATION OF THE COURSE**

The duration of certified study for the M.Sc Nursing course shall extend over a period of two academic years.

### **7. COMMENCEMENT OF THE COURSE**

The course shall commence from the 1<sup>st</sup> June and 1<sup>st</sup> September of the academic year.

### **8. MEDIUM OF INSTRUCTION:**

English shall be the Medium of instruction for all the subjects of study and for examinations of the Master of Science Degree Course in Nursing.

### **9. CURRICULUM**

The curriculum and the syllabi for the course shall be as prescribed by the Standing Academic Board from time to time.

### **10. BRANCHES OF STUDY**

The following shall be the Branches of study for M.Sc. Degree in Nursing

Branch I - Medical Surgical Nursing

Branch II - Child Health Nursing (Paediatric Nursing)

Branch III - Obstetrics & Gynecological Nursing (Maternity Nursing)

Branch IV - Community Health Nursing

Branch V - Psychiatric Nursing (Mental Health Nursing)

### **11. RE-ADMISSION AFTER BREAK OF STUDY:**

The regulations for re-admission are as per the University Common Regulation for Re-admission after break of study for all courses.

## 12. WORKING DAYS IN THE ACADEMIC YEAR

Each academic year shall consist of not less than **270 working days**.

1. The classes for Post Graduate students will commence from 1<sup>st</sup> June of every year and the University examination will commence from 1<sup>st</sup> June of the Subsequent year. Therefore, the attendance will be calculated for the Post Graduate students from 1<sup>st</sup> June of the same year to 31<sup>st</sup> May of the next year including examination period.
- 2 The total number of Working days for the Post Graduate Students M.Sc Nursing course during one academic year is as follows:-

<b>Total No. of days in a year -</b>	<b>365 days</b>
<b>a) No. of weekly off (Sundays)- 52 days</b>	
<b>b) No. of Government Holidays - 22 days</b>	
<b>c) No. of Holidays - 21 days</b>	
	<b>95 days</b>
	-----
<b>Total No. of Working days</b>	
<b>Including examination period</b>	<b>270 days</b>
	-----

## 13. ATTENDANCE

The candidate should have **90%** of attendance in theory and practical separately and should have completed all the requirements prescribed for each program of study including clinical practice before admission to examinations.

a) No candidate shall be permitted to any one of the parts of M.Sc. Degree course in Nursing unless he/she has attended the course in the subject for the prescribed period in an affiliated institution recognized by this University and produces the necessary certificate of study, attendance and progress from the Head of the Institution.

b) If the candidate is lacking attendance in any one of the subject(s), he/she will be detained for the subject(s) in which the candidate lacks attendance but will be permitted to appear for the rest of the subjects in which the candidate is having minimum required percentage of attendance.

c) A candidate must have 100% attendance in each of the practical areas before award of Degree.

d) The Post Graduate students shall attend conferences, workshops, seminars and do publication / presentation of papers during their study period.

e) The Post Graduate students who do not have adequate attendance to appear for the 1<sup>st</sup> year examination will take up the said examination in the subsequent session after



( $\alpha$ ) The candidates admitted up to 30<sup>th</sup> June of the academic year will be registered to take up their first year M.Sc. Nursing examinations on 1<sup>st</sup> June of the ensuing year.

( $\beta$ ) The candidates admitted upto 30<sup>th</sup> September of the academic year will be registered to take up their 1<sup>st</sup> year M.Sc. Nursing examinations, after fulfillment of the regulations on 1<sup>st</sup> December of the ensuing year.

## 17. SCHEME OF EXAMINATIONS

Theory and practical examinations shall be conducted at the end of first year and second year respectively in the subjects as per syllabus. If the candidate fails, he/she will be allowed to appear in supplementary examinations (December / June) in failed subjects .

- ( $\alpha$ ) Maximum number of attempts permitted for each paper is 3 including first attempt.
- ( $\beta$ ) The maximum period to complete the course successfully should not exceed 4 (four) years.
- ( $\chi$ ) Candidate who fails in any subject, shall be permitted to continue the studies into the second year. However the candidates shall not be allowed to appear for the second year examination till such time that he or she passes all subjects of the first year M .Sc Nursing Examination.

## 18. SUBMISSION OF DISSERTATION

The candidate shall submit a dissertation in the field of speciality, **two months before the final examination for valuing the certification.** During the program of study the candidate is required to write a dissertation in his/her speciality.

## 19. EVALUATION OF DISSERTATION

The dissertation shall be valued by

- **Professor or Reader in Clinical speciality.**
- **An external examiner with Nursing Research experience who will be common to all.**

The number of pages of dissertation should not exceed 100 pages.

## 20. RESUBMISSION OF DISSERTATION

Resubmission of thesis with corrections can be submitted within 6 months from the date of return from the University. Resubmission of thesis with total re-doing can be done with in1 (one) year.

## 21.COURSE OF INSTRUCTION

Subjects	Theory (hrs)	Practical (hrs)
<b>1<sup>st</sup> year</b>		
Nursing Education	150	150
Advance Nursing Practice	150	250
Nursing Research and Statistics	150	150
*Clinical Speciality – I	150	750
<b>Total</b>	<b>600</b>	<b>1300</b>
<b>2<sup>nd</sup> year</b>		
Nursing Management	150	150
Nursing Research (Dissertation)		400
*Clinical Speciality – II	150	1050
<b>Total</b>	<b>300</b>	<b>1600</b>

### Education visit – 2 weeks

\*Clinical Speciality – Medical Surgical Nursing (Cardiovascular and Thoracic Nursing, Critical Care Nursing, Oncology Nursing, Neurosciences Nursing, Nephro-Urology Nursing, Orthopaedic Nursing, Gastroenterology Nursing), Child Health (Paediatric) Nursing, Obstetric & Gynaecological Nursing, Community Health Nursing, Psychiatric (Mental Health) Nursing, etc.

**Note** : Students have to maintain log book for each activity during the course of study

## 22.SCHEME OF EXAMINATIONS

Subjects	Theory			Practical	
	Hrs.	Internal	University	Internal	University
<b>I Year</b>					
Nursing Education	3	50	100	50	50
Advanced Nursing Practice	3	50	100		
Nursing Research & Statistics	3	50	100		
Clinical Specialty – I	3	50	100	100	100
<b>II Year</b>					
Nursing Management	3	50	100		
Dissertation & Viva				100	100
Clinical Speciality – II		50	100	100	100

### **Theory:**

The distribution of the theory marks for the university examination is : 100 Marks

### **Types of Question and distribution of marks(common for all subjects) :**

1. Long Essays : 2 x 20marks = 40 marks
2. Short notes : 10 x 6 marks = 60 marks

### **NURSING RESEARCH & STATISTICS : 100 marks**

#### **SECTION- A**

#### **NURSING RESEARCH**

**50 MARKS**

1. Long Essays : 1x 20marks = 20 marks
2. Short notes : 5 x 6 marks =30 marks

#### **SECTION- B**

#### **STATISTICS**

**50 MARKS**

1. Long Essays : 1x 20marks = 20 marks
2. Short notes : 5 x 6 marks =30 marks

### **Practicals**

- 4 hours of practical examination per student.
- Maximum number of 10 students of the same year of study per day per speciality.
- The examination should be held in clinical area only for clinical specialities
  - One internal and external should jointly conduct practical examination
  - Examiner – Nursing faculty teaching respective speciality area in M.Sc Nursing programme with minimum 7 years post graduate teaching experience after acquiring post graduate qualification.

### **23. ELIGIBILITY FOR AWARD OF THE DEGREE**

The candidate will be awarded the Degree of Master of Science in Nursing when a candidate has put in the prescribed program of study for two years and successfully completed all program requirements including the submission of dissertation.

### **24. MARKS QUALIFYING FOR A PASS**

A candidate shall be declared to have passed the examination in each subject if he/she secures:

50% of the marks in the University written examinations,

50% of the marks in the University practical examination and

50% of marks in the aggregate of the Internal Assessment and University written, practical and oral examinations together

50% of marks in each Section A& B separately where two subjects are combined in single paper. If a candidate who has failed to secure the minimum pass mark of 50% either in Section A or B, the candidate has to write again both the Sections irrespective the fact whether the candidate has passed in one Section.

### **25. CARRY- OVER OF FAILED SUBJECTS**

(a) A Candidate is permitted to carry over a maximum of two subjects to the next academic year. The candidate has to pass the carried over subjects before appearing second year University Examinations.

(b) A candidate who has failed in more than two subjects shall not be promoted to the second year.

(c) The failed candidates can appear for the ensuing December/June examinations.

(d) Only three attempts are allowed in each subjects including first attempt.

### **26. REVALUATION / RETOTALLING OF ANSWER PAPERS:**

Revaluation of answer papers is not permitted. Only re-totaling of theory answer papers is allowed in the failed subjects and should be applied through the institution.

## **27 AWARD OF MEDALS AND PRIZES**

The University shall award at its Convocation Medals and Prizes to outstanding candidates as and when instituted by the donors as per the prescribed terms and condition for the award of the same.

## **28. AUTHORITY TO ISSUE TRANSCRIPT OF MARKS**

The University shall be the Authority for issuing Transcript after remitting the prescribed fee.

## **C O N T E N T S**

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**S**  
**ANNEXURE-I**  
**DECLARARTION**

I -----Son of / Daughter of -----  
-----Residing at -----and  
admitted to in I year of ----- (Name of the  
Course /U.G./P.G) at -----(Name of the  
College) do hereby solemnly affirm and sincerely state as follows.

I declare that I shall abide by the rules and regulations prescribed by the Tamil Nadu Dr. M.G.R Medical University, Chennai for the ----- (course) including regulations for re-admission after the break of study.

Date:

signature of candidate

/counter Signed/

(Official date seal)

Dean/Principal/Director

## **CURRICULUM**

### **NURSING EDUCATION**

**Placement: 1st  
Year**

**Hours of nstruction  
Theory 150 Hours  
Practical 150 ours  
Total: 300 Hours**

#### **Course Description**

This course is designed to assist students to develop a broad understanding of Fundamental Principles, concepts, trends and issues related to education and nursing education. Further, it would provide opportunity to students to understand, appreciate and acquire skills in teaching and evaluation, curriculum development, implementation, maintenance of standards and accreditation of various nursing educational programs.

#### **Objectives**

At the end of the course, students will be able to:

1. Explain the aims of education, philosophies, trends in education and health: its impact on nursing education.
2. Describe the teaching learning process.
3. Prepare and utilize various instructional media and methods in teaching learning process.
4. Demonstrate competency in teaching, using various instructional strategies.
5. Critically analyze the existing nursing educational programs, their problems, issues and future trends.
6. Describe the process of curriculum development, and the need and methodology of curriculum change, innovation and integration.
7. Plan and conduct continuing nursing education programs.
8. Critically analyze the existing teacher preparation programs in nursing.
9. Demonstrate skill in guidance and counseling.
10. Describe the problems and issues related to administration of nursing curriculum including selection and organization of clinical experience.

11. Explain the development of standards and accreditation process in nursing education programs.
12. Identify research priorities in nursing education.
13. Discuss various models of collaboration in nursing education and services.
14. Explain the concept, principles, steps, tools and techniques of evaluation
15. Construct, administer and evaluate various tools for assessment of knowledge, skill, and attitude

## Course Content:

Units	Hours		Course Content
	Theory	Practical	
I	10	12	<p><b>Introduction :</b></p> <ul style="list-style-type: none"> <li>• Education :Definition, aims, concepts, philosophies &amp; their education implications,</li> <li>• Impact of Social, economical, political &amp; technological changes on education:</li> </ul> <p>- Professional education            -Current trends and issues in education            -Educational reforms and National Educational policy, various educational commissions-reports            -Trends in development of nursing education in India</p>
II	20	30	<p><b>Teaching – Learning Process</b></p> <ul style="list-style-type: none"> <li>• Concepts of teaching and learning: Definition, theories of teaching and learning, relationship between teaching and learning.</li> <li>• Educational aims and objectives; types, domains, levels, elements and writing of educational objectives</li> <li>• Competency based education(CBE) and outcome based education(OBE)</li> <li>• Instructional design: Planning and designing the lesson, writing lesson plan : meaning, its need and importance, formats.</li> <li>• Instruction strategies – Lecture, discussion, demonstration, simulation, laboratory, seminar, panel, symposium, problem solving, problem based learning (PBL), workshop, project, role- play(socio- drama), clinical teaching methods, programmed instruction, self directed learning(SDL), micro teaching, computer assisted instruction (CAI), computer assisted learning (CAL)</li> </ul>

Units	Hours		Course Content
	Theory	Practical	
III	10	10	<b>Instructional media and methods</b> <ul style="list-style-type: none"> <li>• Key concepts in the selection and use of media in education</li> <li>• Developing learning resource material using different media</li> <li>• Instructional aids – types, uses, selection, preparation, utilization.</li> <li>• Teacher’s role in procuring and managing instructional Aids – Project and non-projected aids, multi media, video-tele conferencing etc</li> </ul>
IV	10	6	<b>Measurement and evaluation:</b> <ul style="list-style-type: none"> <li>• Concept and nature of measurement and evaluation, meaning, process, purposes, problems in evaluation and measurement.</li> <li>• Principles of assessment, formative and summative assessment- internal assessment external examination, advantages and disadvantages.</li> <li>• Criterion and norm referenced evaluation,</li> </ul>
V	12	10	<b>Standardized and non-standardized tests :</b> <ul style="list-style-type: none"> <li>• Meaning, characteristics, objectivity, validity, reliability, usability, norms, construction of tests- <ul style="list-style-type: none"> <li>• Essay, short answer questions and multiple choice questions.</li> <li>• Rating scales, checklist, OSCE/OSPE(Objective structured clinical/practical examination)</li> <li>• Differential scales, and summated scales, sociometry, anecdotal</li> </ul> </li> <li>• Question bank-preparation, validation, moderation by panel, utilization</li> <li>• Developing a system for maintaining confidentiality</li> </ul>
VI	8	5	<b>Administration, Scoring and Reporting</b> <ul style="list-style-type: none"> <li>• Administering a test; scoring, grading versus marks</li> <li>• Objective tests, scoring essay test, methods of scoring, Item analysis.</li> </ul>
VII	12	6	<b>Standardized Tools</b> <ul style="list-style-type: none"> <li>• Tests of intelligence aptitude, interest, personality, achievement, socio-economic status scale, tests for special mental and physical abilities and disabilities.</li> </ul>

Units	Hours		Course Content
	Theory	Practical	
<b>VIII</b>	<b>5</b>	<b>6</b>	<p><b>Nursing Educational programs</b></p> <ul style="list-style-type: none"> <li>• Perspectives of nursing education: Global and national.</li> <li>• Patterns of nursing education and training programmes in India. Non-university and University programs: ANM, GNM, Basic B.Sc. Nursing, Post Certificate B.Sc. Nursing, M.Sc(N) programs, M.Phil and Ph.D) in Nursing, post basic diploma programs, nurse practitioner programs.</li> </ul>
<b>IX</b>	<b>12</b>	<b>25</b>	<p><b>Continuing Education in Nursing</b></p> <p>concepts Definition, importance, need scope, principles of adult learning, assessments of learning needs, priorities, resources.</p> <ul style="list-style-type: none"> <li>• Program planning, implementation and evaluation of continuing education programs.</li> <li>• Research in continuing education.</li> <li>• Distance education in nursing.</li> </ul>
<b>X</b>	<b>10</b>	<b>10</b>	<p><b>Curriculum Development</b></p> <ul style="list-style-type: none"> <li>• Definition, curriculum determinants, process and steps of curriculum development, Curriculum models, Types and framework.</li> <li>• Formulation of philosophy, objectives, selection and organization of learning experiences; master plan, course plan, unit plan.</li> <li>• Evaluation strategies, process of curriculum change, role of students, faculty, administrators, statutory bodies and other stakeholders.</li> <li>• Equivalency of courses: Transcripts, credit system.</li> </ul>
<b>XI</b>	<b>6</b>	<b>5</b>	<p><b>Teacher preparation</b></p> <ul style="list-style-type: none"> <li>• Teacher – roles &amp; responsibilities, functions, characteristics, competencies, qualities,</li> <li>• Preparation of professional teacher</li> <li>• Organizing professional aspects of teacher preparation programs</li> <li>• Evaluation: self and peer</li> <li>• Critical analysis of various programs of teacher education in India.</li> </ul>

Units	Hours		Course Content
<b>XII</b>	<b>10</b>	<b>5</b>	<b>Guidance and counseling</b> <ul style="list-style-type: none"> <li>• Concept, principles, need, difference between guidance and counseling , trends and issues.</li> <li>• Guidance and counseling services : diagnostic and remedial.</li> <li>• Coordination and organization of services.</li> <li>• Techniques of counseling : Interview, case work, characteristics of counselor, problems in counseling.</li> <li>• Professional preparation and training for counseling.</li> </ul>
<b>XIII</b>	<b>10</b>	<b>10</b>	<b>Administration of Nursing Curriculum</b> <ul style="list-style-type: none"> <li>• Role of curriculum coordinator – planning, implementation and evaluation.</li> <li>• Evaluation of educational programs in nursing- course and program.</li> <li>• Factors influencing faculty staff relationship and techniques of working together.</li> <li>• Concept of faculty supervisor (dual) position.</li> <li>• Curriculum research in nursing.</li> <li>• Different models of collaboration between education and</li> </ul>
<b>XIV</b>	<b>10</b>	5	<b>Management of nursing educational institutions</b> <ul style="list-style-type: none"> <li>• Planning, organizing, staffing, budgeting, recruitment, discipline, public relation, performance appraisal, welfare services, library services, hostel,</li> </ul>
<b>XV</b>	<b>5</b>	<b>5</b>	<ul style="list-style-type: none"> <li>• <b>Development and maintenance of standards and accreditation in nursing education programs.</b></li> <li>• Role of Indian Nursing Council, State Registration Nursing Councils, Boards and University.</li> <li>• Role of Professional associations and unions.</li> </ul>

**Activities :**

- Framing philosophy, aims and objectives.
  - Lesson Planning.
  - Micro teaching-2.
  - Conduct practice teachings using different teaching strategies -10  
(like lecture cum discussion, demonstration- lab method, field trips, seminars, project, role play, panel discussion, clinical methods etc)
  - Preparation and utilization of instructional Aids using different media.
  - Develop course plans, unit plans, rotation plans.
  - Conduct a continuing education workshop.
  - Annotated bibliography.
- 
- Critical evaluation of any nursing education program offered by a selected institution.
  - Planning and Organizing field visits

➤ **Educational visits.**

- Field visits (INC/SNRC) to get familiar with recognition/registration process.
- Construct, administer and evaluate tools (objective & essay type test, observation checklist, rating scale etc)
- Observe and practice application of various non-standardized tests (intelligence, Aptitude, Personality, Sociometry, physical & mental disabilities tests.)

**Methods of Teaching**

- Lecture cum discussion
- Demonstration/ Return demonstration
- Seminar / Presentations
- Project work
- Field visits
- Workshop

**Methods of evaluation**

- Tests
- Presentation
- Project work
- Written assignments

***Internal Assessment***

<u><b>Techniques</b></u>	<u><b>Weight age</b></u>
<b><i>Test- (2 tests )</i></b>	<b><i>30</i></b>
<b><i>Assignment&amp; Seminar/presentation</i></b>	<b><i>20</i></b>
<b><i>Total</i></b>	<b><i>50</i></b>

***Practical – Internal assessment***

<b><i>Practice Teaching</i></b>	<b><i>30</i></b>
<b><i>Learning resource material &amp;conducting workshop /Short Term Course</i></b>	<b><i>20</i></b>
<b><i>Total</i></b>	<b><i>50</i></b>

***Practical – External assessment***

<b><i>Practice teaching- 1- Preparation/use of learning resource material-/ Construction of tests/rotation plan</i></b>	<b><i>30</i></b>
	<b><i>20</i></b>
<b><i>Total</i></b>	<b><i>50</i></b>

## **Nursing Education**

### **Recommended Books:**

- 1.) Sankar Narayanan – Education & Communication Technology, 2007, Brainfill
- 2.) Young – Teaching Nursing, 2008, LWW
- 3.) Neeraja – Nursing Education, 2008, Jaypee

### **Reference Books:-**

- 1.) Bosek – Ethical Component of Nursing Education , LWW
- 2.) Mariner – Teaching Nursing ,2008,Elsevier
- 3.) Smith - The Legal, Professional and Ethical Dimensions of Higher Education,Kluwer
- 4.) Keating – Curriculum Development in Nursing ,WoltersKluwer

## ADVANCED NURSING PRACTICE

**Placement: 1<sup>st</sup> Year**

**Hours of Instruction**  
**Theory : 150 Hours**  
**Practical : 250Hours**  
**Total : 400Hours**

### Course Description

The course is designed to develop an understanding of concepts and constructs of theoretical basis of advance nursing practice and critically analyze different theories of nursing and other disciplines.

### Objectives:

At the end of the course the students will be able to:

1. Appreciate and analyze the development of nursing as a profession.
2. Describe ethical, legal, political and economic aspects of health care delivery and nursing practice.
3. Explain bio- psycho- social dynamics of health, life style and health care delivery system.
4. Discuss concepts, principles, theories, models, approaches relevant to nursing and their application.
5. Describe scope of nursing practice.
6. Provide holistic and competent nursing care following nursing process approach.
7. Identify latest trends in nursing and the basis of advance nursing practice.
8. Perform extended and expanded role of nurse.
9. Describe alternative modalities of nursing care.
10. Describe the concept of quality control in nursing.
11. Identify the scope of nursing research.
12. Use computer in patient care delivery system and nursing practice.
13. Appreciate importance of self development and professional advancement.

## Course Content

Unit	Hours	Content
<b>I</b>	<b>10</b>	<p><b>Nursing as a Profession</b></p> <ul style="list-style-type: none"> <li>• History of development of nursing profession, characteristics, criteria of the profession, perspective of nursing profession-national, global.</li> <li>• Code of ethics(INC), code of professional conduct(INC), autonomy and accountability, assertiveness, visibility of nurses, legal considerations, * Role of regulatory bodies</li> <li>• Professional organizations and unions-self defense, individual and collective bargaining</li> <li>• Educational preparations, continuing education, career opportunities, professional advancement &amp; role and scope of nursing education.</li> <li>• Role of research, leadership and management.</li> <li>• Quality assurance in nursing (INC).</li> <li>• Futuristic nursing.</li> </ul>
<b>II</b>	<b>5</b>	<p><b>Health care delivery</b></p> <ul style="list-style-type: none"> <li>• Health care environment, economics, constraints, planning process, policies, political process vis a vis nursing profession.</li> <li>• Health care delivery system- national, state, district and local level.</li> <li>• Major stakeholders in the health care system-Government, non-govt, Industry and other professionals.</li> <li>• Patterns of nursing care delivery in India.</li> <li>• Health care delivery concerns, national health and family welfare programs, inter-sectoral coordination, role of non-governmental agencies.</li> <li>• Information, education and communication (IEC).</li> <li>• Tele-medicine.</li> </ul>
<b>III</b>	<b>10</b>	<p><b>Genetics</b></p> <ul style="list-style-type: none"> <li>• Review of cellular division, mutation and law of inheritance, human genome project ,The Genomic era.</li> <li>• Basic concepts of Genes, Chromosomes &amp; DNA.</li> <li>• Approaches to common genetic disorders.</li> <li>• Genetic testing – basis of genetic diagnosis, Pre symptomatic and predisposition testing, Prenatal diagnosis &amp; screening,</li> <li>• Ethical, legal &amp; psychosocial issues in genetic testing.</li> <li>• Genetic counseling.</li> <li>• Practical application of genetics in nursing.</li> </ul>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>IV</b>	<b>10</b>	<b>Epidemiology</b> <ul style="list-style-type: none"> <li>- Scope, epidemiological approach and methods,</li> <li>- Morbidity, mortality,</li> <li>- Concepts of causation of diseases and their screening,</li> <li>- Application of epidemiology in health care delivery, Health surveillance and health informatics</li> <li>- Role of nurse</li> </ul>
<b>V</b>	<b>20</b>	<b>Bio-Psycho social pathology</b> <ul style="list-style-type: none"> <li>- Pathophysiology and Psychodynamics of disease causation</li> <li>- Life processes, homeostatic mechanism, biological and psycho-social dynamics in causation of disease, life style</li> <li>- Common problems: Oxygen insufficiency, fluid and electrolyte imbalance, nutritional problems, hemorrhage and shock, altered body temperature, unconsciousness, sleep pattern and its disturbances, pain, sensory deprivation.</li> <li>- Treatment aspects: pharmacological and pre- post operative care aspects,</li> <li>- Cardio pulmonary resuscitation.</li> <li>- End of life Care</li> <li>- Infection prevention (including HIV) and standard safety measures, bio-medical waste management.</li> <li>- Role of nurse- Evidence based nursing practice; Best practices</li> <li>- Innovations in nursing</li> </ul>
<b>VI</b>	<b>20</b>	<b>Philosophy and Theories of Nursing</b> <ul style="list-style-type: none"> <li>- Values, Conceptual models, approaches.</li> <li>- Nursing theories: Nightingale's, Hendersons's, Roger's, Peplau's, Abdella's, Lewine's, Orem's, Johnson's, King's, Neuman's, Roy's, Watson parse, etc and their applications,</li> <li>- Health belief models, communication and management, etc</li> <li>- Concept of Self health.</li> <li>- Evidence based practice model.</li> </ul>
<b>VIII</b>	<b>10</b>	<b>Nursing process approach</b> <ul style="list-style-type: none"> <li>- Health Assessment-illness status of patients/clients (Individuals, family, community), Identification of health- illness problems, health behaviors, signs and symptoms of clients.</li> <li>- Methods of collection, analysis and utilization of data relevant to nursing process.</li> <li>- Formulation of nursing care plans, health goals, implementation, modification and evaluation of care.</li> </ul>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>IX</b>	<b>30</b>	<b>Psychological aspects and Human relations</b> <ul style="list-style-type: none"> <li>- Human behavior, Life processes &amp; growth and development, personality development, defense mechanisms,</li> <li>- Communication, interpersonal relationships, individual and group, group dynamics, and organizational behavior,</li> <li>- Basic human needs, Growth and development, (Conception through preschool, School age through adolescence, Young &amp; middle adult, and Older adult)</li> <li>- Sexuality and sexual health.</li> <li>- Stress and adaptation, crisis and its intervention,</li> <li>- Coping with loss, death and grieving,</li> <li>- Principles and techniques of Counseling.</li> </ul>
<b>X</b>	<b>10</b>	<b>Nursing practice</b> <ul style="list-style-type: none"> <li>- Framework, scope and trends.</li> <li>- Alternative modalities of care, alternative systems of health and complimentary therapies.</li> <li>- Extended and expanded role of the nurse, in promotive, preventive, curative and restorative health care delivery system in community and institutions.</li> <li>- Health promotion and primary health care.</li> <li>- Independent practice issues,- Independent nurse-midwifery practitioner. Collaboration issues and models-within and outside nursing.</li> <li>- Models of Prevention,</li> <li>- Family nursing, Home nursing,</li> <li>- Gender sensitive issues and women empowerment.</li> <li>- Disaster nursing.</li> <li>- Geriatric considerations in nursing.</li> <li>- Evidence based nursing practice- Best practices</li> <li>- Trans-cultural nursing.</li> </ul>
<b>XI</b>	<b>25</b>	<b>Computer applications for patient care delivery system and nursing practice</b> <ul style="list-style-type: none"> <li>- Use of computers in teaching, learning, research and nursing practice.</li> <li>- Windows, MS office: Word, Excel, Power Point,</li> <li>- Internet, literature search,</li> <li>- Statistical packages,</li> <li>- Hospital management information system: software's.</li> </ul>

### **Practical**

Clinical posting in the following areas:

- Specialty area- in-patient unit - 3 weeks
- Community health center/PHC - 2 weeks
- Emergency/ICU - 2 weeks

## Activities

- Prepare Case studies with nursing process approach and theoretical basis
- Presentation of comparative picture of theories
- Family case- work using model of prevention
- Annotated bibliography
- Report of field visits (5)

## Methods of Teaching

- Lecture cum discussion
- Seminar
- Panel discussion
- Debate
- Case Presentations
- Exposure to scientific conferences
- Field visits

## Methods of evaluation :

- Tests
- Presentation
- Seminar
- Written assignments

## Advance nursing Procedures

Definition, Indication and nursing implications;

- CPR, TPN, Hemodynamic monitoring, Endotracheal intubation, Tracheotomy, mechanical ventilation, Pacemaker, Hemodialysis, Peritoneal dialysis, LP, BT Pleural and abdominal paracentesis OT techniques, Health assessment, Triage, Pulseoxymetry.

## Internal Assessment

<u>Techniques</u>	<u>Weight age</u>
<i>Test- (2 tests)</i>	<i>30</i>
<i>Assignment /Seminar/presentation</i>	<i>20</i>
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	<i>50</i>
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**Recommended Books:**

- 1.) Taylor – Fundamentals of Nursing, 2007, LWW
- 2.) Kozier – Fundamentals of Nursing ,2007,Pearson
- 3.) Potter – Basic Nursing ,2008,Elsevier
- 4.) Lynn – Taylor’s Clinical Nursing Skills,2008,LWW

**Reference Books:**

- 1.) Craven – Fundamentals of Nursing ,2010,LWW
- 2.) Potter – Fundamentals of Nursing ,2009,Elsevier’s
- 3.) St John’s Ambulance – First AID, 2007,St John’s Ambulance Association.
- 4.) LWW – Lippincott’s Nursing Procedure, 2008, LWW.
- 5.) Jacob – Clinical Nursing Skills & Procedures ,2008,Jaypee
- 6.) Carpenito – Understanding Nursing Process,2007,LWW

**CLINICAL SPECIALITY – I**  
**MEDICAL SURGICAL NURSING**

**Placement: 1<sup>st</sup> Year**

**Hours of instruction**  
**Theory: 150 Hours**  
**Practical: 750 Hours**  
**Total: 900 Hours**

## Course Description

This course is common for the students undergoing clinical speciality-II in neurosciences nursing/cardiovascular & thoracic nursing/critical care nursing/oncology nursing/orthopedic and rehabilitation nursing/nephro & urology nursing, gastroenterology nursing/ geriatric nursing.

It is designed to assist students in developing expertise and in depth knowledge in the field of medical Surgical Nursing. It will help students to appreciate the patient as a holistic individual and develop skill to function as a specialized Medical-Surgical Nurse. It will further enable the student to function as educator, manager and researcher in the field of Medical – Surgical Nursing.

## Objectives

At the end of the course the students will be able to:

1. Appreciate the trends & issues in the field of Medical – Surgical Nursing as a speciality.
2. Apply concepts & theories related to health promotion.
3. Appreciate the client as a holistic individual.
4. Perform physical, psychosocial assessment of Medical – Surgical patients.
5. Apply Nursing process in providing care to patients.
6. Integrate the concept of family centered nursing care with associated disorder such as genetic, congenital and long-term illness.
7. Recognize and manage emergencies with Medical- Surgical patients.
8. Describe various recent technologies & treatment modalities in the management of critically ill patients.
9. Appreciate the legal & ethical issues relevant to Medical – Surgical Nursing.
10. Prepare a design for layout and management of Medical – Surgical Units.
11. Appreciate the role of alternative systems of Medicine in care of patients.
12. Incorporate evidence based Nursing practice and identify the areas of research in the field of Medical – Surgical Nursing.
13. Recognize the role of Nurse practitioner as a member of the Medical – Surgical health team.
14. Teach Medical – Surgical nursing to undergraduate nursing students & in-service nurses.

## COURSE CONTENT:

Unit	Hours	Content
I	5	<b>Introduction:</b> <ul style="list-style-type: none"><li>- Historical development of Medical- Surgical Nursing in India.</li><li>- Current status of health and disease burden in India.</li><li>- Current concept of health.</li><li>- Trends &amp; issues in Medical – Surgical Nursing.</li><li>- Ethical &amp; cultural issues in Medical – Surgical Nursing.</li><li>- Rights of patients.</li><li>- National health policy, special laws &amp; ordinances relating to older people</li><li>- National goals.</li><li>- Five year plans.</li><li>- National health programs related to adult health.</li></ul>

Unit	Hours	Content
<b>II</b>	<b>20</b>	<b>Health Assessment of patients</b> <ul style="list-style-type: none"> <li>- History taking.</li> <li>- Physical examination of various systems.</li> <li>- Nutritional assessment.</li> <li>- Related investigations and diagnostic assessment.</li> </ul>
<b>III</b>	<b>5</b>	<b>Care in hospital settings:</b> <ul style="list-style-type: none"> <li>- Ambulatory care.</li> <li>- Acute and Critical care.</li> <li>- Long term care.</li> <li>- Home Health Care.</li> <li>- Characteristics, care models, practice settings, interdisciplinary team.</li> <li>- Hospitalization- effects of hospitalization on the patient &amp; family.</li> <li>- Stressors &amp; reactions related to disease process.</li> <li>- Nursing care using Nursing process approach.</li> </ul>
<b>IV</b>	<b>10</b>	<b>Management of patients with disorders of Gastrointestinal tract</b> <ul style="list-style-type: none"> <li>- Review of anatomy and physiology.</li> <li>-Common Disorders-etiology, Patho physiology,Clinical manifestations, complications, prognosis.</li> <li>-Health assessment- History taking, physical examination, investigation and diagnostic assessment.</li> <li>- Treatment modalities and trends.</li> <li>- Nursing management.</li> <li>- Related research studies.</li> <li>- Evidence based nursing practice.</li> <li>- Rehabilitation and follow-up.</li> </ul>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>V</b>	<b>10</b>	<b>Management of patients with disorders of nervous system</b> <ul style="list-style-type: none"> <li>- Review of anatomy and physiology.</li> <li>-Common Disorders- etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</li> <li>-Health assessment-History taking, physical examination, investigation and diagnostic assessment.</li> <li>- Treatment modalities and trends.</li> <li>- Nursing management.</li> <li>- Related research studies.</li> <li>- Evidence based nursing practice.</li> <li>- Rehabilitation and follow-up.</li> </ul>
<b>VI</b>	<b>10</b>	<b>Management of patients with disorders of respiratory system</b> <ul style="list-style-type: none"> <li>- Review of anatomy and physiology.</li> <li>- Common disorders – etiology; pathophysiology; clinical manifestations, complications &amp; prognosis</li> <li>- Health Assessment – History taking, physical examination, investigation and diagnostic assessment.</li> </ul>
<b>VII</b>	<b>10</b>	<b>Management of patients with disorders of cardiovascular system</b> <ul style="list-style-type: none"> <li>- Review of anatomy and physiology.</li> <li>- Common Disorders- etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</li> <li>- Health assessment-History taking, physical examination, investigation and diagnostic assessment.</li> <li>- Treatment modalities and trends.</li> <li>- Nursing management.</li> </ul>
<b>VIII</b>	<b>5</b>	<b>Management of patients with disorders of blood</b> <ul style="list-style-type: none"> <li>- Review of anatomy and physiology.</li> <li>- Common Disorders-etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</li> <li>- Health assessment-History taking, physical examination, investigation and diagnostic assessment.</li> </ul>
<b>IX</b>	<b>10</b>	<b>Management of patients with disorders of genito urinary system</b> Review of anatomy and physiology. % Common Disorders-etiology, Pathophysiology, Clinical manifestations, complications, prognosis. Health assessment-History taking, physical examination, investigation and diagnostic assessment.
<b>X</b>	<b>10</b>	<b>Management of patients with disorders of endocrine system</b> Review of anatomy and physiology. Common Disorders-etiology, Pathophysiology, Clinical manifestations, complications, prognosis. Health assessment-History taking, physical examination, investigation and diagnostic assessment.
<b>XI</b>	<b>10</b>	<b>Management of patients with disorders of muscular-skeletal system</b> Review of anatomy and physiology. Common Disorders- etiology, Pathophysiology, Clinical manifestations, complications, prognosis. Health assessment-History taking, physical examination, investigation and

Unit	Hours	Content
<b>XII</b>	<b>8</b>	<p><b>Management of patients with disorders of integumentary system</b></p> <ul style="list-style-type: none"> <li>-Review of anatomy and physiology.</li> <li>- Common Disorders- etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</li> </ul> <p>Health assessment-History taking, physical examination, investigation and diagnostic assessment.</p>
<b>XIII</b>	<b>5</b>	<p><b>Management of patients with disorders of Eye and ENT</b></p> <p>Review of anatomy and physiology.</p> <p>Common Disorders-etiology, Pathophysiology, Clinical</p>
		<p>Nursing management.</p> <p>Related research studies.</p> <p><i>Evidence based nursing practice</i></p>
<b>XIV</b>	<b>8</b>	<p><b>Management of patients with disorders of reproductive system</b></p> <p>Review of anatomy and physiology.</p> <p>Common Disorders- etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</p> <p>Health assessment-History taking, physical examination, investigation and diagnostic assessment.</p>
<b>XV</b>	<b>8</b>	<p><b>Geriatric nursing</b></p> <p>Nursing Assessment-History and Physical assessment.</p> <p>Ageing;</p> <p>Demography; Myths and realities.</p> <p>Concepts and theories of ageing.</p> <p>Cognitive Aspects of Ageing.</p> <p>Normal biological ageing.</p> <p>Age related body systems changes.</p> <p>Psychosocial Aspects of Aging.</p> <p>Medications and elderly.</p> <p>Stress &amp; coping in older adults.</p> <p>Common Health Problems &amp; Nursing Management;</p>
<b>XVI</b>	<b>8</b>	<p><b>Management of patients with communicable and sexually transmitted diseases:</b></p> <p>Review of immune system.</p> <p>Common Disorders of immune system – HIV/AIDS.</p> <p>Review of infectious disease process.</p>
		<p>Nursing management.</p> <p>Related research studies.</p>
<b>XVII</b>	<b>8</b>	<p><b>Emergency, trauma and multi-system organ failure</b></p> <p>DIC (disseminated intra vascular coagulation)</p> <p>Trauma, burns, poisoning</p> <p>Etiology, Pathophysiology, Clinical manifestations, complications, prognosis.</p> <p>Health assessment-History taking, physical examination, investigation and diagnostic assessment.</p>

## Practical

Total = 750 Hours  
1 Week = 30 Hours

S. No.	Dept/Unit	No. of Week	Total Hours
	General Medical Ward	4	120 Hours
	General Surgical Ward	4	120 Hours
	ICUs	6	180 Hours
	Oncology	2	60 Hours
	Ortho	2	60 Hours
	Cardio	2	60 Hours
	Emergency Department	3	90 Hours
	Neuro	2	60 Hours
	<b>Total</b>	<b>25 Weeks</b>	<b>750 Hours</b>

### Student Activities:

- Clinical presentations
- History taking
- Health Assessment
- Nutritional Assessment
- Health Education related to disease conditions
- Case studies
- Project work
- Field visits

### Weightage for Internal Assessment:

**A Theory**                      **Term Test: 30**  
**Assignment: 20**

**B Practical**  
**Practical Examination**                      : **50**  
**Clinical Evaluation**                      : **20**  
**Project**                      : **10**  
**Case study**                      : **10**  
**Field /Observational visit**                      : **10**

## **Medical Surgical Nursing**

### **Recommended Books:**

- 1.) Smeltzer – Brunner & Suddharth Textbook of Medical Surgical Nursing, 2010,LWW
- 2.) Black – Medical Surgical Nursing,2009,Elsevier

### **Reference Books:**

- 1.) Davidson’s Principles & Practice of Medicine, 2010, Elsevier
- 2.) Nettina – Lippincott manual of Nursing Practice,2009,LWW
- 3.) Bailey & Love Short Practice of Surgery,2008,Hodder Arnold
- 4.) Lewis – Medical Surgical Nursing,2008,Elsevier
- 5.) Timby – Introductory Medical Surgical Nursing, 2009,WK
- 6.) Das – Textbook of Surgery, SD Publishers
- 7.) Woods – Cardiac Nursing ,2010,LWW
- 8.) Hickey – Neurologic & Neurosurgical Nursing,2009,LWW
- 9.) Morton – Critical Care Nursing,2009,LWW
- 10.) Thelan’s Critical care Nursing,2008,Elsevier
- 10.) Spring House – Medical Surgical Nursing Made Incredibly Easy,2008,LWW
- 11.) Gulanick – Nursing care Plans,2008,Elsevier
- 12.) Carpenito – Nursing Care Plans & Documentation,2009.LWW
- 13.) Carlpenito – Nursing Diagnosis ,2009,LWW
- 14.) Webber – Health assessment In Nursing ,2010,WK

## CLINICAL SPECIALTY –I

### CHILDHEALTH (PAEDIATRIC) NURSING

Placement : 1<sup>st</sup> Year

Hours of Instruction  
Theory : 150 Hours  
Practical : 750 Hours  
Total : 900 Hours

#### Course Description

This course is designed to assist students in developing expertise and in- depth understanding in the field of Pediatric Nursing. It will help students to appreciate the child as a holistic individual and develop skill to function as neonatal and pediatric nurse specialist. It will further enable the student to function as educator, manager, and researcher in the field of Pediatric nursing

#### Objectives

At the end of the course the students will be able to:

1. Appreciate the history and developments in the field of pediatrics and pediatric nursing as a specialty
2. Apply the concepts of growth and development in providing care to the pediatric clients and their families.
3. Appreciate the child as a holistic individual
4. Perform physical, developmental, and nutritional assessment of pediatric clients
5. Apply nursing process in providing nursing care to neonates & children
6. Integrate the concept of family centered pediatric nursing care with related areas such as genetic disorders, congenital malformations and long term illness.
7. Recognize and manage emergencies in neonates
8. Describe various recent technologies and treatment modalities in the management of high risk neonates
9. Appreciate the legal and ethical issues pertaining to pediatric and neonatal nursing
10. Prepare a design for layout and management of neonatal units
11. Incorporate evidence based nursing practice and identify the areas of research in the field of pediatric/neonatal nursing
12. Recognize the role of pediatric nurse practitioner and as a member of the pediatric and neonatal health team
13. Teach pediatric nursing to undergraduate students & in-service nurses



## Course Content

Unit	Hours	Content
<b>I</b>	<b>10</b>	<b>Introduction</b> Historical development of Pediatrics and Pediatric Nursing in India; Current status of child health in India; Trends in Pediatrics and Pediatric Nursing, Ethical and cultural issues in pediatric care Rights of children National health policy for children, special laws and ordinances relating to children. National goals, Five year plans, National health programs related to child health.
<b>II</b>	<b>10</b>	<b>Assessment of pediatric clients</b> History taking Developmental assessment Physical assessment Nutritional assessment Family assessment
<b>III</b>	<b>10</b>	<b>Hospitalized child</b> Meaning of hospitalization of the child, preparation for hospitalization, effects of hospitalization on the child and family Stressors and reactions related to developmental stages, play activities for ill hospitalized child. Nursing care of hospitalized child and family -principles and practices
<b>IV</b>	<b>15</b>	<b>Pre-natal Pediatrics</b> Embryological and fetal development, Prenatal factors influencing growth and development of fetus. Genetic patterns of common pediatric disorders, chromosomal aberrations, genetic assessment and counseling legal and ethical aspects of genetic, screening and counseling role of nurse in genetic counseling, Importance of prenatal care and role of pediatric nurse.
<b>V</b>	<b>15</b>	<b>Growth and Development of children</b> Principles of growth and development, Concepts and theories of growth and development, Developmental tasks and special needs from infancy to adolescence, developmental milestones, Assessment of growth and development of pediatric clients, Factors affecting growth and development.

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>VI</b>	<b>15</b>	<p><b>Behavioral Pediatrics and Pediatric Nursing</b>  Parent child relationship,  Basic behavioral pediatric principles and specific behavioral pediatric concepts/disorders- maternal deprivation, failure to thrive, child abuse, the battered child,  Common behavioral problems and their management,  Child guidance clinic.</p>
<b>VII</b>	<b>15</b>	<p><b>Preventive Pediatrics and Pediatric Nursing</b>  Concept, aims and scope of preventive pediatrics,  Maternal health and its influence on child health antenatal aspects of preventive pediatrics,  Immunization, expanded program on immunization/  universal immunization program and cold chain,  Nutrition and nutritional requirements of children, changing patterns of feeding, baby- friendly hospital initiative and exclusive breast feeding,  Health education, nutritional education for children  Nutritional programs  National and international organizations related to child health,    Role of pediatric nurse in the hospital and community.</p>
<b>VIII</b>	<b>30</b>	<p><b>Neonatal Nursing</b>  New born baby- profile and characteristics of the new born,  Assessment of the new born,  Nursing care of the new born at birth, care of the new born and family,  High risk newborn- pre term and term neonate and growth retarded babies,  Identification and classification of neonates with infections,  HIV &amp; AIDS, Ophthalmia neonatorum, congenital syphilis.  High risk new born- Identification, classification and nursing management  Organization of neonatal care, services(Levels), transport, neonatal intensive care unit, organization and management of nursing services in NICU.</p>
<b>IX</b>	<b>30</b>	<p><b>IMNCI</b>  (Integrated management of neonatal and childhood illnesses)</p>

## Practical

Total = 750Hours  
1 Week = 30Hours

S.No.	Dept./Unit	No. of Week	Total Hours
1	Pediatric Medicine Ward	5	150 Hours
2	Pediatric Surgery Ward	5	150 Hours
3	Labor Room/Maternity Ward	2	60 Hours
4	Pediatric OPD	2	60 Hours
5	NICU	5	150 Hours
6	Creche	1	30 Hours
7	Child Guidance Clinic	1	30 Hours
8	Community	4	120 Hours
	<b>Total</b>	<b>25 Weeks</b>	<b>750 Hours</b>

### Student Activities

- Clinical presentations
- Growth & developmental assessment
- Assessment & prescription of nursing interventions for sick children
- Health education related to disease conditions
- Nutritional assessment
- Project work
- Field visits

### Weightage for Internal Assessment:

#### *A Theory*

*Term Test: 30*  
*Assignment: 20*

#### *B Practical*

*Practical Examination : 50*  
*Clinical Evaluation : 20*  
*Project : 10*  
*Case study : 10*  
*Field/ Observational visit :10*

### References

- Bowden                      Pediatric Nursing Procedures, 2E  
Potts R.O.                  Pediatric Nursing With Cd, 2/E  
Springhouse                Maternal-Neonatal Nursing In A Flash  
Ricci S.S.                    Maternity And Pediatric Nursing

## **CLINICAL SPECIALITY-I**

### **OBSTETRIC AND GYNAECOLOGICAL NURSING**

**Placement: 1st year**

**Hours of Instruction**  
**Theory: 150 Hours.**  
**Practical: 750 Hours.**  
**Total: 900 Hours.**

#### **Course Description**

This course is designed to assist students in developing expertise and in-depth understanding in the field of Obstetric and Gynaecological Nursing. It will help students to appreciate the client as a holistic individual and develop skill to function as an independent midwifery practitioner. It will further enable the student to function as educator, manager, and researcher in the field of Obstetric and Gynaecological nursing

#### **Objectives**

At the end of the course the students will be able to:

1. Appreciate the trends in the field of midwifery, obstetrics and gynecology as a speciality.
2. Describe the population dynamics and indicators of maternal and child health
3. Describe the concepts of biophysical, psychological and spiritual aspects of normal pregnancy, labor and puerperium.
4. Provide comprehensive nursing care to women during reproductive period and newborns.
5. Integrate the concepts of family centered nursing care and nursing process approach in obstetric and gynaecological nursing.
6. Identify and analyze the deviations from normal birth process and refer appropriately.
7. Describe the pharmacological agents, their effects during pregnancy, child birth, puerperium, lactation and the role of nurse
8. Counsel adolescents, women and families on issues pertaining to pregnancy, child birth and lactation
9. Describe the role of various types of complementary and alternative therapies in obstetric and gynaecological nursing.
10. Incorporate evidence based nursing practice and identify the areas of research in the field of obstetric and gynaecological nursing.
11. Describe the recent advancement in contraceptive technology and birth control measures
12. Appreciate the legal and ethical issues pertaining to obstetric and gynaecological nursing.



## Course Content

Units	Hours	Content
<b>I</b>	<b>10</b>	<p><b>Introduction</b></p> <ul style="list-style-type: none"> <li>• Historical and contemporary perspectives</li> <li>• Epidemiological aspects of maternal and child health</li> <li>• Magnitude of maternal and child health problems</li> <li>• Issues of maternal and child health : Age, Gender, Sexuality, psycho Socio cultural factors</li> <li>• Preventive obstetrics.</li> <li>• National health and family welfare programmes related to maternal and child health: health care delivery system- National Rural health mission, Role of NGO's</li> <li>• Theories, models and approaches applied to midwifery practice</li> <li>• Role and scope of midwifery practice: Independent Nurse midwifery practitioner</li> <li>• Legal and Ethical issues: Code of ethics and standards of midwifery practice, standing orders</li> <li>• Evidence based midwifery practice</li> <li>• Research priorities in obstetric and gynaecological nursing.</li> </ul>
<b>II</b>	<b>15</b>	<p><b>Human reproduction</b></p> <ul style="list-style-type: none"> <li>• Review of anatomy and physiology of human reproductive system: male and female</li> <li>• Hormonal cycles</li> <li>• Embryology</li> <li>• Genetics, teratology and counseling</li> <li>• Clinical implications</li> </ul>

Units	Hours	Content
III	25	<p><b>Pregnancy</b></p> <ul style="list-style-type: none"> <li>➤ Maternal adaptation : Physiological, psychosocial <ul style="list-style-type: none"> <li>• Assessment–Maternal and foetal measures Maternal measures:History taking, examination-General, physical and obstetrical measure, identification of high risk,</li> <li>• Foetal measure- clinical parameters, biochemical- human estriol, Maternal Serum Alfa Feto Protein, Acetyl Choline esterase (AchE),Triple Test Amniocentesis, Amniocentesis, chorionic villus sampling (CVS)).</li> <li>• Biophysical-(US IMAGING, Foetal movement count, Ultra Sonography, Cardiotocography, electrocardiography, Non Stress Test(NST), Contraction stress test(CST), amnioscopy, foetoscopy,</li> <li>• Radiological examination, <ul style="list-style-type: none"> <li>○ Interpretation of diagnostic tests and nursing implications</li> <li>○ Nursing management of the pregnant women, minor disorders of pregnancy and management, preparation for child birth and parenthood, importance of institutional delivery , choice of birth setting, importance and mobilizing of transportation, prenatal counseling, role of nurse and crisis intervention, identification of high risk pregnancy and refer</li> <li>○ Alternative/complementary therapies</li> </ul> </li> </ul> </li> </ul>
IV	25	<p><b>Normal Labour and nursing management:</b></p> <ul style="list-style-type: none"> <li>• Essential factors of labour</li> <li>• Stages and onset</li> </ul> <p><b>First stage:</b> Physiology of normal labour</p> <ul style="list-style-type: none"> <li>• Use of partograph: Principles, use and critical analysis, evidence based studies</li> <li>•Analgesia and anaesthesia in labour</li> <li>•Nursing management</li> </ul> <p><b>Second stage</b></p> <ul style="list-style-type: none"> <li>•Physiology , intrapartum monitoring</li> <li>•Nursing management.</li> <li>• Resuscitation , immediate newborn care and initiate breast feeding (Guidelines of National neonatology forum of India)</li> </ul> <p><b>Third stage</b></p> <ul style="list-style-type: none"> <li>•Physiology and nursing management</li> </ul> <p><b>Fourth stage</b> – Observation, critical analysis and Nursing management.</p> <ul style="list-style-type: none"> <li>•Various child birth practice: water birth, position change etc</li> <li>•Evidence based practice in relation to labour intervention</li> </ul> <p><b>Role of nurse midwifery practitioner</b></p> <ul style="list-style-type: none"> <li>•Alternative/complementary therapies</li> </ul>

<b>Units</b>	<b>Hours</b>	<b>Content</b>
<b>V</b>	<b>20</b>	<p><b>Normal puerperium and nursing management</b></p> <p>Physiology of puerperium  Physiology of lactation, lactation management, exclusive breast feeding ,Baby friendly hospital initiative(BFHI)  Assessment of postnatal women .  Minor discomforts and complications of puerperium% Management of mothers during puerperium: Postnatal exercises Rooming in, bonding, warm chain  Evidence based studies</p> <p>Role of nurse midwifery practitioner</p> <ul style="list-style-type: none"> <li>•Alternative/complementary therapies</li> </ul>
<b>VI</b>	<b>20</b>	<p><b>Normal Newborn</b></p> <p>Physiology and characteristics of normal newborn  Physical and Behavioural assessment of newborn  Needs of newborn  Essential newborn care: Exclusive breast feeding, Immunization, Hygiene measures, Newborn nutrition  Organization of neonatal care, services(Levels), transport, neonatal intensive care unit, organization and management of nursing services in NICU  Observation and care of newborn  Parenting process</p>
<b>VII</b>	<b>10</b>	<p><b>Pharmaco dynamics in obstetrics</b></p> <p>Drugs used in pregnancy, labour, post partum and newborn  Calculation of drug dose and administration  Effects of drugs used  Anesthesia and analgesia in obstetrics  Roles and responsibilities of midwifery nurse practitioner  Standing orders and protocols and use of selected life saving drugs and interventions of obstetric emergencies approved by the MOHFW</p>
<b>VIII</b>	<b>10</b>	<p><b>Family welfare services</b></p> <p>Population dynamics  Demography trends: vital statistics, calculation of indicators especially maternal and neonatal mortality rates and problems and other health problems  Recent advancement in contraceptive technology  Role of nurses in family welfare programmes in all settings  Role of independent nurse midwifery practitioner  Family life education  Evidence based studies  Information, Education and Communication(IEC)  Management information and evaluation system(MIES)  Teaching and supervision of health team members</p>

<b>Units</b>	<b>Hours</b>	<b>Content</b>
<b>IX</b>	<b>5</b>	<p><b>Infertility</b></p> <ul style="list-style-type: none"> <li>Primary and secondary causes</li> <li>Diagnostic procedures</li> <li>Counseling: ethical and legal aspects of assisted reproductive technology(ART)</li> <li>Recent advancement in infertility management.</li> <li>Adoption procedures</li> <li>Role of nurses in infertility management.</li> </ul>
<b>X</b>	<b>5</b>	<p><b>Menopause</b></p> <ul style="list-style-type: none"> <li>Physiological, psychological and social aspects</li> <li>Hormone Replacement Therapy</li> <li>Surgical menopause</li> <li>Counseling and guidance</li> <li>Role of midwifery nurse practitioner</li> </ul>
<b>XI</b>	<b>5</b>	<p><b>Abortion</b></p> <ul style="list-style-type: none"> <li>Types, causes</li> <li>Legislations, Clinical rights and professional responsibility</li> <li>Abortion procedures</li> <li>Complications</li> <li>Nursing management</li> </ul> <p>Role of midwifery nurse practitioner</p>

## Practical

Total = 750 Hours  
1 week = 30 Hours

S.No.	Dept./Unit	No. of Week	Total Hours
1	Antenatal Wards & OPDs	5	150
2	Labour Room	6	180
3	Postnatal Ward	2	60
4	Family Planning Clinics/Ward	2	60
5	PHC/Rural maternity settings	4	120
6	Gynaec OP/Ward	3	90
7	Maternity OT	2	60
8	NICU	1	30
	<b>Total</b>	<b>25 Weeks</b>	<b>750Hours</b>

### Procedures observed

- Diagnostic investigations : amniocentesis, chordocentecis, chorionic villi sampling
- Infertility management: artificial reproduction : artificial insemination, in vitro fertilization, and related procedures

### Procedures assisted

- Medical termination of pregnancy,

### Procedures performed

- Antenatal assessment-20
- Postnatal assessment-20
- Assessment during labour : use of partograph - 20
- Per vaginal examination-20
- Conduct of normal delivery-20
- Episiotomy and suturing-10
- Setting up of delivery areas
- Insertion of intra uterine devices( copper T) 5

### Others

- Identification of high risk women and referral
- Health education: to women and their families
- Motivation of couples for planned parenthood

**Weightage for Internal Assessment:**

**A Theory**

**Term Test: 30**

**Assignment: 20**

**B Practical**

**Practical Examination : 50**

**Clinical Evaluation : 20**

**Project : 10**

**Case record /Case Study : 10**

**Field visit/procedure : 10**

**REFERENCES**

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- Pillitteri A Maternal & Child Health Nursing 6Ed: Care Of The Childbearing & Childrearing Family 1e
- Orshan S.A. Maternal, Newborn, And Women's Health Nursing: Comprehensive Care Across The Life Span
- Tiran Bailliere's Midwives Dictionary, 11/E
- Ignatavicius D.D. Medical Surgical Nursing, A Nursing Process Approach, Vol I & II
- Walsh Essential Midwifery Practice - Intrapartum Care
- Elizabeth M. Midwifery For Nurses
- Fraser Myles Textbook For Midwives, 15/E 1e
- Ament Professional Issues In Midwifery
- Paradice R. Psychology For Midwives

**CLINICAL SPECIALITY- I**  
**COMMUNITY HEALTH NURSING**

Placement : 1<sup>st</sup> Year

Hours of Instructions  
Theory :150 hours  
Practical :750 hours  
Total : 900 hours

**Course Description**

The course is designed to assist students in developing expertise and in-depth understanding in the field of Community Health Nursing. It would help students to appreciate holistic life style of individuals, families & groups and develop skills to function as Community Health Nurse specialist/practitioner. It would further enable student to function as an educator, manager and researcher in the field of Community Health nursing.

**Objectives**

At the end of the course, the student will be able to:

1. Appreciate the history and development in the field of Community Health and Community Health Nursing.
2. Appreciate role of individuals and families in promoting health of the Community.
3. Perform physical, developmental and nutritional assessment of individuals, families and groups.
4. Apply the concepts of promotive, preventive, curative and rehabilitative aspects of health while providing care to the people.
5. Apply nursing process approach while providing care to individuals, families, groups and community.
6. Integrate the concepts of family centered nursing approach while providing care to the community.
7. Recognize and participate in the management of emergencies, epidemics and disasters.
8. Apply recent technologies and care modalities while delivering community health nursing care.
9. Appreciate legal and ethical issues pertaining to community health nursing care.
10. Conduct community health nursing care projects.
11. Participate in planning, implementation and evaluation of various national health and family welfare programmes at local, state and the national level.
12. Incorporate evidence based nursing practice and identify the areas of research in the community settings.

13. Participate effectively as a member of Community Health team.
14. Coordinate and collaborate with various agencies operating in the community by using inter-sectoral approach.
15. Teach community health nursing to undergraduates, in-service nurses and the community health workers.
16. Demonstrate leadership and managerial abilities in community health nursing practice

### Course Content

Unit	Hours	Content
<b>I</b>	<b>10</b>	<p><b>Introduction</b>  Historical development of Community Health and Community health Nursing- World and India, various health and family welfare committees</p> <ul style="list-style-type: none"> <li>* Current status, trends and challenges of Community Health Nursing</li> <li>* Health status of the Community-community diagnosis</li> <li>* Scope of Community health Nursing practice</li> <li>* Ethical and legal concepts and issues in community health nursing.</li> <li>* Public Health legislation – eg THE DRUG ACT COPRA, STATE PUBLIC HEALTH ACT , MUNICIPAL ACT, ENVIRONMENTAL ACT..</li> <li>* Socio-cultural issues in Community health Nursing</li> <li>* National Policies, plans and programmes <ul style="list-style-type: none"> <li>•National health policy</li> <li>•National Population policy</li> <li>•National Health and welfare Programmes</li> <li>• National Health goals/ indicators/ Millennium developmental goals(MDG)/ Strategies</li> <li>•Planning process: Five year plans</li> <li>•National Rural Health Mission</li> </ul> </li> </ul>
	<b>10</b>	<p><b>Health</b>  Concepts, issues  Determinants  Measurements  Alternate systems for health promotion and management of health problems  Health economics  Health technology  Genetics and health  Waste disposal  Eco system</p>
<b>III</b>	<b>15</b>	<p><b>Population dynamics and control</b>  Demography  Transition and theories of population  National population policy  National population programmes  Population control and related programmes  Methods of family limiting and spacing  Research, Census, National Family Health Survey</p>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>IV</b>	<b>30</b>	<p><b>Community health Nursing</b>  Philosophy, Aims, Objective, Concepts, Scope, Principles, Functions  Community health Nursing theories and models  Quality assurance: Community health Nursing standards, competencies,  Monitoring community health nursing, nursing audits  Family nursing and Family centered nursing approach  Family health nursing process  Family health assessment  Diagnosis  Planning  Intervention  Evaluation  Community Health Nursing Process</p> <p>Nursing care for special groups: children, adolescents, adults, women, elderly, physically and mentally challenged- Urban and rural population at large  Community nutrition  Concept, role and responsibilities of community health Nurse practitioners/nurse midwifery practitioners-decision making skills, professionalism, legal issues</p>
<b>V</b>	<b>45</b>	<p><b>Maternal and neonatal care</b>  IMNCI(Integrated Management of Neonatal And Childhood Illnesses) module  Skilled Birth Attendant (SBA) module</p>
<b>VI</b>	<b>15</b>	<p><b>Disaster nursing</b> (INC module on Reaching out: Nursing Care in emergencies)</p>
<b>VII</b>	<b>10</b>	<p><b>Information, education and communication</b>  IEC/BCC: Principles and strategies  Communication Skills  Management information and evaluation system: Records and reports  Information technology  Tele-medicine and tele-nursing  Journalism  Mass media  Folk media</p>

Unit	Hours	Content
<b>VIII</b>	<b>15</b>	<p><b>Health care delivery system: Urban, rural, tribal and difficult areas</b></p> <p>Health organization: National, State, District, CHC, PHC, Sub Centre, Village  - Functions, Staffing, pattern of assistance, layout, drugs,  Responsibilities of DPHNO</p> <p>Critical review of functioning of various levels,  evaluation studies, recommendations and nursing perspectives</p> <p>Alternative systems of medicine</p> <p>Training and supervision of health workers</p>
		<ul style="list-style-type: none"> <li>%o Health agencies: NGO's, Roles and functions</li> <li>%o Inter-sectoral coordination</li> <li>%o Public private partnership</li> <li>%o Challenges of health care delivery system</li> </ul>

**Practical**Total = 750 Hours  
1 Week = 30 Hours

S.No.	Dept./Unit	No. of Week	Total Hours
1	Sub-centre, PHC, CHC	14	420 Hours
2	District family welfare bureau	1	30 Hours
3	Urban centers	7	210 Hours
4	Field visits	3	90 Hours
	<b>Total</b>	<b>25 Weeks</b>	<b>750 Hours</b>

**Student Activities**

- Identification of community leaders and resource persons (community mapping)
- Community health survey
- Community health nursing process- individual, family and special groups and community
- Counseling
- Health education – campaign, exhibition, folk media, preparation of IEC materials
- Organizing and participating in special clinics/camps and national health and welfare programmes-Organize at least one health and family welfare mela/fair (all stalls of national health and family welfare activities should be included)
- Estimation of Vital health statistics -Exercise
- Drill for disaster preparedness
- Organize at least one in-service education to ANM's/LHV/PHN/HW
- Nutrition – Exercise on nutritional assessment on dietary planning, demonstration and education for various age groups
  - Filling up of Records, reports and registers maintained at SC/PHC/CHC
  - Assist women in self breast examination
  - Conduct antenatal examination
  - Conduct vaginal examination
  - Conduct deliveries
  - Post natal visits
  - Perform Episiotomy and suturing
  - Prepare Pap smear
  - Conduct Insertion/Removal of IUD
  - Blood Slide preparation
  - Field visits
  - Maintenance of log book for various activities

**Weightage for Internal Assessment:**

**A Theory** **Term Test: 30**  
**Assignment: 20**

**B Practical**

<i>Practical Examination</i>	<b>: 50</b>
<i>Clinical Evaluation</i>	<b>: 20</b>
<i>Project</i>	<b>: 10</b>
<i>Case study</i>	<b>: 10</b>
<i>Field/ Observational visit</i>	<b>: 10</b>

**Community Health Nursing**

**Recommended Books**

- 1.) Park – Social and Preventive Medicine ,Bannott Publishers

**Reference Books**

- 1.) Allender – Community Health Nursing,2009,LWW
- 2.) Stanhope – Community Health Nursing,2008,Elsevier
- 3.) Anderson – Community as Partner,2009,LWW
- 4.) Deim – Community Health Projects,2006,Lippincott

## CLINICAL SPECIALITY – I

### MENTAL HEALTH (PSYCHIATRIC) NURSING

Placement: 1<sup>st</sup> Year

Hours of Instruction

Theory: 150 hours

Practical 750 hours

Total: 900 hours

#### Course Description

This course is designed to assist students in developing expertise and in-depth understanding in the field of Psychiatric Nursing. It will help students to appreciate the client as a holistic individual and develop skill to function psychiatric nurse specialist. It will further enable the student to function as educator, manager, and researcher in the field of Psychiatric nursing

#### Objectives

At the end of the course the students will be able to:

1. Appreciate the trends and issues in the field of psychiatry and psychiatric nursing.
2. Explain the dynamics of personality development and human behavior.
3. Describe the concepts of psychobiology in mental disorders and its implications for psychiatric nursing
4. Demonstrate therapeutic communications skills in all interactions
5. Demonstrate the role of psychiatric nurse practitioner in various therapeutic modalities
6. Establish and maintain therapeutic relationship with individual and groups
7. Uses assertive techniques in personal and professional actions
8. Promotes self-esteem of clients, others and self
9. Apply the nursing process approach in caring for patients with mental disorders
10. Describe the psychopharmacological agents, their effects and nurses role
11. Recognize the role of psychiatric nurse practitioner and as a member of the psychiatric and mental health team
12. Describe various types of alternative system of medicines used in psychiatric settings
13. Incorporate evidence based nursing practice and identifies the areas of research in the field of psychiatric nursing



## Course Content

Units	Hours	Content
<b>I</b>	<b>15</b>	<p><b>Introduction</b></p> <p>Mental Health and Mental Illness</p> <p>Historical perspectives</p> <p>Trends, issues and magnitude</p> <p>Contemporary practices</p> <p>Mental health laws/Acts</p> <p>National mental health program -National mental health authority, state mental health authority</p> <p>Human rights of mentally ill</p> <p>Mental Health/ Mental Illness Continuum</p> <p>Classification of mental illnesses-ICD, DSM</p> <p>Standards of Psychiatric nursing</p> <p>Challenges and Scope of psychiatric nursing</p> <p>Multi-disciplinary team and role of nurse</p> <p>Role of psychiatric nurse- extended and expanded</p>
<b>II</b>	<b>10</b>	<p><b>Concepts of Psychobiology</b></p> <p>The Nervous System:</p> <ul style="list-style-type: none"> <li>•An Anatomical Review</li> <li>•The Brain and limbic system</li> <li>•Nerve Tissue</li> <li>•Autonomic Nervous system</li> <li>•Neurotransmitters</li> </ul> <p>Neuroendocrinology</p> <ul style="list-style-type: none"> <li>•Pituitary, Thyroid Gland</li> <li>•Circadian Rhythms</li> </ul> <p>Genetics</p> <p>Neuro psychiatric disorders</p> <p>Psycho-immunology</p> <ul style="list-style-type: none"> <li>•Normal Immune response</li> <li>•Implications for psychiatric Illness</li> </ul> <p>Implications for Nursing</p>
<b>III</b>	<b>10</b>	<p><b>Theories of Personality Development and relevance to nursing practice</b></p> <p>Psychoanalytic Theory- Freud's</p> <p>Interpersonal Theory-Sullivan's</p> <p>Theory of Psychosocial Development-Erikson's</p> <p>Theory of object relations</p> <p>Cognitive Development Theory</p> <p>Theory of Moral Development</p> <p>A Nursing Model-Hildegard E.Peplau</p>

Units	Hours	Content
<b>IV</b>	<b>5</b>	<p><b>Stress and its management</b>            An introduction to the concepts of stress            Psychological Adaptation to stress            Stress as a Biological Response.            Stress as an Environmental Event.</p>
		<p>Stress as Transaction between the Individual and the Environment.            Stress management.</p>
<b>V</b>	<b>10</b>	<p><b>Therapeutic communication and interpersonal relationship</b>            Review communication process, factors affecting communication            Communication with individuals and in groups            Techniques of therapeutic communication-touch therapy            Barrier of communication with specific reference to psychopathology            Therapeutic attitudes            Dynamics of a therapeutic Nurse-client relationship; Therapeutic use of self Gaining self-awareness            Therapeutic nurse-patient relationship its phases ; Conditions essential to development of a therapeutic relationship            Therapeutic impasse and its management</p>
<b>VI</b>	<b>10</b>	<p><b>Assertive Training</b>            Assertive Communication            Basic Human Rights            Response Patterns  <ul style="list-style-type: none"> <li>•(Non assertive Behavior</li> <li>•Assertive Behavior</li> <li>•Aggressive Behavior</li> <li>•Passive-Aggressive Behavior)</li> </ul>           Behavioral Components of Assertive Behavior            Techniques that Promote Assertive Behavior            Thought-Stopping Techniques Method</p> <p>Role of The Nurse</p>
<b>VII</b>	<b>10</b>	<p><b>Promoting Self-Esteem</b>            Components of Self-Concept            The Development of Self-Esteem            The Manifestations of Low-Self-Esteem            Boundaries</p> <p>Role of The Nurse</p>

<b>Units</b>	<b>Hours</b>	<b>Content</b>
<b>VIII</b>	<b>5</b>	<b>Women and Mental Health</b> <ul style="list-style-type: none"> <li>•Normal reaction to conception, pregnancy and puerperium</li> <li>•Problems related to conception, pregnancy and puerperium and its management.</li> <li>•Counseling – Premarital, marital and genetic</li> </ul>
<b>IX</b>	<b>10</b>	<b>The nursing process in psychiatric/mental health nursing</b> Mental health assessment- History taking, mental status examination Physical and neurological examination Psychometric assessment Investigations, Diagnosis and Differential diagnosis Interpretation of investigations Nurse's role
<b>X</b>	<b>35</b>	<b>Psycho social and physical therapies</b> Individual therapy Behavioural Therapy- Relaxation therapy, cognitive therapy, positive-negative reinforcement, bio-feedback, guided imagery, ab-reactive therapy Group Therapy Family Therapy
<b>XI</b>	<b>5</b>	<b>Electro convulsive Therapy</b> Historical Perspectives Indications Contraindications Mechanisms of Action Side Effects Risks Associated with Electroconvulsive Therapy
<b>XII</b>	<b>10</b>	<b>Psycho pharmacology</b> Historical Perspectives Role of a Nurse in Psychopharmacological Therapy <ul style="list-style-type: none"> <li>•Anti anxiety Agents</li> <li>•Antidepressants Agents</li> <li>•Mood stabilizers</li> <li>•Anti psychotics</li> </ul>
<b>XIII</b>	<b>15</b>	<b>Alternative systems of medicine in mental health</b> Types of Therapies <ul style="list-style-type: none"> <li>•Herbal Medicine</li> <li>•Unani</li> <li>•Siddha</li> <li>•Homeopathic</li> <li>•Acupressure and Acupuncture</li> </ul>

## Practical

Total = 750 Hours  
1 Week = 30 Hours

S.No.	Area of Posting	No. of Week	Total Hours
1	Acute Psychiatric Ward	6	180 Hours
2	Chronic Psychiatric ward	4	120 Hours
3	Psychiatric Emergency Unit	2	60 Hours
4	O.P.D	3	90 Hours
5	Family Psychiatric Unit	2	60 Hours
6	Community Mental Health Unit	4	120 Hours
7	Rehabilitation / Occupational Therapy Unit/Half way home/ Day care centre	4	120 Hours
	<b>Total</b>	<b>25 Weeks</b>	<b>750 Hours</b>

### Student Activities

- History taking
- Mental health assessment
- Psychometric assessment
- Personality assessment
- Process recording
- Therapies- Group Therapy
- Family Therapy
- Psychotherapy
- Milieu Therapy
- The Therapeutic Community
- Occupational therapy
- Recreational therapy
- Play therapy
- Music therapy
- Pet therapy
- Counseling
- Assisted ECT
- Assisted EEG
- Case studies
- Case presentation
- Project work
- Socio and psycho drama
- Field visits

**Weightage for Internal Assessment:**

**A Theory** **Term Test: 30**  
**Assignment: 20**

**B Practical**

<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

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3. Carter, F.M. Psychosocial Nursing, “Therapy in hospital and community mental health”. New York: Macmillan Publishers.
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13. Townsend, M.C. (2007). Psychiatric Mental Health Nursing. (5<sup>th</sup> ed.). Philadelphia: F.A. Davis company.
14. Varcarolis, E.M., Carson, V.B., & Shoemaker, N.C. (2006). Foundations of Psychiatric and Mental Health Nursing: A clinical approach. St. Louis: W.B. Saunder's Elseviers
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17. Videback, S.L. (2008). Foundations of mental health nursing. St. Louis: Mosby Publications.

## NURSING RESEARCH AND STATISTICS

Placement: 1<sup>st</sup> Year

Hours of Instruction  
Theory: 150 Hours  
Practical: 150 Hours  
Total : 300 Hours

### Part-A : Nursing Research

Theory 100 Hours  
Practical 100Hours  
Total : 200 Hours

#### **Course Description:**

The course is designed to assist the students to acquire an understanding of the research methodology and statistical methods as a basis for identifying research problem, planning and implementing a research plan. It will further enable the students to evaluate research studies and utilize research findings to improve quality of nursing practice, education and management.

#### **General Objectives:**

At the end of the course, the students will be able to:

1. Define basic research terms and concepts.
2. Review literature utilizing various sources
3. Describe research methodology
4. Develop a research proposal.
5. Conduct a research study.
6. Communicate research findings
7. Utilize research findings
8. Critically evaluate nursing research studies.
9. Write scientific paper for publication.



## Content Outline

Unit	Hours		Course Content
	Theory	Practical	
I	10		<p><b>Introduction:</b></p> <p>Methods of acquiring knowledge – problem solving and scientific method.</p> <p>Research – Definition, characteristics, purposes, kinds of research</p> <p>Historical Evolution of research in nursing</p> <p>Basic research terms</p> <p>Scope of nursing research: areas, problems in nursing, health and social research</p> <p>Concept of evidence based practice</p> <p>Ethics in research</p> <p>Overview of Research process</p>
II	5	5	<p><b>Review of Literature</b></p> <p>Importance, purposes, sources, criteria for selection of resources and steps in reviewing literature.</p>
III	12	10	<p><b>Research Approaches and designs</b></p> <p>Type: Quantitative and Qualitative</p> <p>Historical, survey and experimental –Characteristics, types advantages and disadvantages</p> <p>Qualitative: Phenomenology, grounded theory, ethnography</p>
IV	10	5	<p><b>Research problem:</b></p> <p>Identification of research problem</p> <p>Formulation of problem statement and research objectives</p> <p>Definition of terms</p> <p>Assumptions and delimitations</p> <p>Identification of variables</p> <p>Hypothesis – definition, formulation and types.</p>
V	5	15	<p><b>Developing theoretical/conceptual framework.</b></p> <p>Theories: Nature, characteristics, Purpose and uses</p> <p>Using, testing and developing conceptual framework, models and theories.</p>

Unit	Hours		Course Content
	Theory	Practical	
VI	6		<b>Sampling</b> Population and sample Factors influencing sampling Sampling techniques Sample size Probability and sampling error Problems of sampling
VII	20	20	<b>Tools and methods of Data collection:</b> Concepts of data collection Data sources, methods/techniques quantitative Tools for data collection – types, characteristics and their development Validity and reliability of tools Procedure for data collection
VIII	5		<b>Implementing research plan</b> Pilot Study, review research plan (design)., planning for data collection, administration of tool/interventions, collection of data
IX	10	20	<b>Analysis and interpretation of data</b> Plan for data analysis: quantitative and qualitative Preparing data for computer analysis and presentation. Statistical analysis Interpretation of data Conclusion and generalizations Summary and discussion
X	10		<b>Reporting and utilizing research findings:</b> Communication of research results; oral and written Writing research report purposes, methods and style- vancouver, American Psychological Association(APA), Campbell etc Writing scientific articles for publication: purposes & style
XI	3	13	<b>Critical analysis of research reports and articles</b>
XII	4	12	<b>Developing and presenting a research proposal</b>

#### Activities:

- Annotated Bibliography of research reports and articles.
- Review of literature of selected topic and reporting
- Formulation of problem statement, objective and hypothesis
- Developing theoretical/conceptual framework.
- Preparation of a sample research tool

- Analysis and interpretation of given data
- Developing and presenting research proposal
- Journal club presentation
- Critical evaluation of selected research studies
- Writing a scientific paper.

### **Method of Teaching**

- Lecture-cum-discussion
- Seminar/Presentations
- Project
- Class room exercises
- Journal club

### **Methods of Evaluation**

- Quiz, Tests (Term)
- Assignments/Term paper
- Presentations
- Project work

### ***Internal Assessment***

	<b><i>Weightage (25 marks)</i></b>
<b><i>Term Test(2 tests)</i></b>	<b><i>10</i></b>
<b><i>Assignment/presentation</i></b>	<b><i>10</i></b>
<b><i>project</i></b>	<b><i>5</i></b>
<b><i>Total</i></b>	<b><i>25</i></b>

## **Part –B : Statistics**

Hours of Instruction  
Theory : 50 Hours  
Practical : 50 Hours  
Total : 100 Hours

### **Course Description**

At the end of the course, the students will be able to develop an understanding of the statistical methods and apply them in conducting research studies in nursing.

### **General Objectives**

At the end of the course the students will be able to:

1. Explain the basic concepts related to statistics
2. Describe the scope of statistics in health and nursing
3. Organize, tabulate and present data meaningfully.
4. Use descriptive and inferential statistics to predict results.
5. Draw conclusions of the study and predict statistical significance of the results.
6. Describe vital health statistics and their use in health related research.
7. Use statistical packages for data analysis

Unit	Hours		Course Content
	Theory	Practical	
I	7	4	Introduction: Concepts, types, significance and scope of statistics, meaning data, sample, parameter type and levels of data and their measurement Organization and presentation of data – Tabulation of data; Frequency distribution Graphical and tabular presentations.
II	4	4	<b>Measures of central tendency:</b> Mean, Median, Mode
III	4	5	<b>Measures of variability;</b> Range, Percentiles, average deviation, quartile deviation, standard deviation
IV	3	2	<b>Normal Distribution:</b> Probability, characteristics and application of normal probability curve; sampling error.
V	6	8	<b>Measures of relationship:</b> Correlation – need and meaning Rank order correlation; Scatter diagram method Product moment correlation Simple linear regression analysis and prediction.
VI	5	2	<b>Designs and meaning:</b> Experimental designs Comparison in pairs, randomized block design, Latin squares.
VII	8	10	<b>Significance of Statistic and Significance between two Statistics (Testing hypothesis )</b> Non parametric test – Chi-square test, Sign, median test, Mann Whitney test. Parametric test – ‘t’ test, ANOVA, MANOVA,ANCOVA
VIII	5	5	<b>Use of statistical methods in psychology and education:</b> Scaling – Z Score, Z Scaling Standard Score and T Score Reliability of test Scores: test-retest method, parallel forms, split half method.

Unit	Hours		Course Content
	Theory	Practical	
IX	4	2	<b>Application of statistics in health:</b> Ratios, Rates, Trends Vital health statistics – Birth and death rates. Measures related to fertility, morbidity and mortality
X	4	8	<b>Use of Computers for data analysis</b> Use of statistical package.

### Activities

- Exercises on organization and tabulation of data,
- Graphical and tabular presentation of data
- Calculation of descriptive and inferential statistics(chi square, t-test, correlation)
- Practice in using statistical package
- Computing vital health statistics

### Methods of Teaching:

- \*Lecture-cum-discussion
- \*Demonstration–on data organization, tabulation, calculation of statistics, use of statistical package, Classroom exercises, organization and tabulation of data,
- \*Computing Descriptive and inferential statistics; vital and health statistics and use of computer for data entry and analysis using statistical package.

### Methods of Evaluation

- Test, Classroom statistical exercises.

### *Internal Assessment*

*Weight age 25 marks*

*Test – (2 tests)*

*25*

## Nursing Research & Statistics

### **Recommended Books:**

- 1.) Polit – Nursing Research ,2007,LWW
- 2.) Polit – Essentials of Nursing Research ,2009,LWW

### Reference Books:

- 1.) Kothari – Research Methodology,2007,Newage Publishers
- 2.) Jagadeesh – Bio Medical Research, 2009, WoltersKluwer.
- 3.) Macnee – Understanding Nursing Research,2007,LWW
- 4.) Burns – Practice of Nursing Research ,2009,Elsevier
- 5.) Plitcha – Statistics for Nursing & allied Health Sciences, Lippincott.
- 6.) Munro – Statistical Method for Health care Research ,2006

Anthony D.	Understanding Advanced Statistics : A Guide For Nurses And Health Care Researchers
Brink P.J.	Basic Steps In Planning Nursing Research (From Question To Proposal), 5E

## **NURSING MANAGEMENT**

Placement : II Year

Hours of Instruction  
Theory : 150 Hours  
Practical: 150 Hours  
Total : 300 Hours

### **Course Description**

This course is designed to assist students to develop a broad understanding of Principles, concepts, trends and issues related to nursing management. Further, it would provide opportunity to students to understand, appreciate and acquire skills in planning, supervision and management of nursing services at different levels to provide quality nursing services.

### **Objectives**

At the end of the course, students will be able to:

1. Describe the philosophy and objectives of the health care institutions at various levels.
1. Identify trends and issues in nursing
3. Discuss the public administration, health care administration vis a vis nursing administration
4. Describe the principles of administration applied to nursing
5. Explain the organization of health and nursing services at the various levels/institutions.
6. Collaborate and co-ordinate with various agencies by using multi- sectoral approach
7. Discuss the planning, supervision and management of nursing workforce for various health care settings.
8. Discuss various collaborative models between nursing education and nursing service to improve the quality of nursing care
9. Identify and analyze legal and ethical issues in nursing administration
10. Describe the process of quality assurance in nursing services.
11. Demonstrate leadership in nursing at various levels



## Course Content

Unit	Hours	Content
<b>I</b>	<b>10</b>	<p><b>Introduction</b></p> <p>Philosophy, purpose, elements, principles and scope of administration</p> <p>Indian Constitution, Indian Administrative system vis a vis health care delivery system: National, State and Local</p> <p>Organization and functions of nursing services and education at National, State, District and institutions: Hospital and Community</p> <p>Planning process: Five year plans, Various Committee Reports on health, State and National Health policies, national population policy, national policy on AYUSH and plans,</p>
<b>II</b>	<b>10</b>	<p><b>Management</b></p> <p>Functions of administration</p> <p>Planning and control</p> <p>Co-ordination and delegation</p> <p>Decision making – decentralization basic goals of decentralization.</p> <p>Concept of management</p> <p><b>Nursing management</b></p> <p>Concept, types, principles and techniques</p> <p>Vision and Mission Statements</p> <p>Philosophy, aims and objective</p> <p>Current trends and issues in Nursing Administration</p> <p>Theories and models</p> <p>Application to nursing service and education</p>
<b>III</b>	<b>15</b>	<p><b>Planning</b></p> <p>Planning process: Concept, Principles, Institutional policies</p> <p>Mission, philosophy, objectives,</p> <p>Strategic planning</p> <p>Operational plans</p> <p>Management plans</p> <p>Programme evaluation and review technique(PERT), Gantt chart, Management by objectives(MBO)</p> <p>Planning new venture</p> <p>Planning for change</p> <p>Innovations in nursing</p> <p>Application to nursing service and education</p>
<b>IV</b>	<b>15</b>	<p><b>Organization</b></p> <p>Concept, principles, objectives, Types and theories, Minimum requirements for organization, Developing an organizational Structure, levels, organizational Effectiveness and organizational Climate,</p> <p>Organising nursing services and patient care: Methods of patient assignment- Advantages and disadvantages, primary nursing care,</p> <p>Planning and Organising: hospital, unit and ancillary services(specifically central sterile supply department, laundry, kitchen, laboratory services, emergency etc)</p>

Unit	Hours	Content
		<p>% Disaster management: plan, resources, drill, etc</p> <p>Application to nursing service and education</p>
<b>V</b>	<b>15</b>	<p><b>Human Resource for health</b></p> <p>Staffing</p> <ul style="list-style-type: none"> <li>• Philosophy</li> <li>• Norms: Staff inspection unit(SIU), Baja Committee, High power committee, Indian nursing council (INC)</li> <li>• Estimation of nursing staff requirement- activity analysis</li> <li>• Various research studies</li> </ul> <p>Recruitment: credentialing, selection, placement, promotion</p> <p>Retention</p> <p>Personnel policies</p> <p>Termination</p> <p>Staff development programme</p> <p>Duties and responsibilities of various category of nursing personnel</p> <p>Applications to nursing service and education</p>
<b>VI</b>	<b>15</b>	<p><b>Directing</b></p> <p>Roles and functions</p> <p>Motivation: Intrinsic, extrinsic, Creating motivating climate, Motivational theories</p> <p>Communication : process, types, strategies, Interpersonal communication, channels, barriers, problems, Confidentiality, Public relations</p> <p>Delegation; common delegation errors</p> <p>Managing conflict: process, management, negotiation, consensus</p> <p>Collective bargaining: health care labour laws, unions, professional associations, role of nurse manager</p> <p>Occupational health and safety</p> <p>Application to nursing service and education</p>
<b>VII</b>	<b>10</b>	<p><b>Material management</b></p> <p>Concepts, principles and procedures</p> <p>Planning and procurement procedures : Specifications</p> <p>ABC analysis,</p> <p>VED (very important and essential daily use) analysis</p> <p>Planning equipments and supplies for nursing care: unit and hospital</p> <p>Inventory control</p> <p>Condemnation</p> <p>Application to nursing service and education</p>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>VIII</b>	<b>15</b>	<p><b>Controlling</b></p> <p>Quality assurance – Continuous Quality Improvement</p> <ul style="list-style-type: none"> <li>•Standards</li> <li>•Models</li> <li>•Nursing audit</li> </ul>
		<p>Performance appraisal: Tools, confidential reports, formats, Management, interviews</p> <p>Supervision and management: concepts and principles</p> <p>Discipline: service rules, self discipline, constructive versus destructive discipline, problem employees, disciplinary proceedings- enquiry etc</p> <p>Self evaluation or peer evaluation, patient satisfaction, utilization review</p> <p>Application to nursing service and education</p>
<b>IX</b>	<b>15</b>	<p><b>Fiscal planning</b></p> <p>Steps</p> <p>Plan and non-plan, zero budgeting, mid-term appraisal, capital and revenue</p> <p>Budget estimate, revised estimate, performance budget</p> <p>Audit</p> <p>Cost effectiveness</p> <p>Cost accounting</p> <p>Critical pathways</p> <p>Health care reforms</p> <p>Health economics</p> <p>Health insurance</p> <p>Budgeting for various units and levels</p> <p>Application to nursing service and education</p>
<b>X</b>	<b>10</b>	<p><b>Nursing informatics</b></p> <p>Trends</p> <p>General purpose</p> <p>Use of computers in hospital and community</p> <p>Patient record system</p> <p>Nursing records and reports</p> <p>Management information and evaluation system (MIES)</p> <p>E- nursing, Telemedicine, telenursing</p> <p>Electronic medical records</p>

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>XI</b>	<b>10</b>	<p><b>Leadership</b></p> <ul style="list-style-type: none"> <li>Concepts, Types, Theories</li> <li>Styles</li> <li>Manager behaviour</li> <li>Leader behaviour</li> <li>Effective leader: Characteristics, skills</li> <li>Group dynamics</li> <li>Power and politics</li> <li>lobbying</li> <li>Critical thinking and decision making</li> <li>Stress management</li> </ul> <p>Applications to nursing service and education</p>
<b>XII</b>	<b>10</b>	<p><b>Legal and ethical issues</b></p> <ul style="list-style-type: none"> <li>Laws and ethics <ul style="list-style-type: none"> <li>Ethical committee</li> <li>Code of ethics and professional conduct</li> </ul> </li> <li>Legal system: Types of law, tort law, and liabilities</li> <li>Legal issues in nursing: negligence, malpractice, invasion of privacy, defamation of character</li> <li>Patient care issues, management issues, employment issues</li> <li>Medico legal issues</li> <li>Nursing regulatory mechanisms: licensure, renewal, accreditation</li> <li>Patients rights, Consumer protection act(CPA)</li> <li>Rights of special groups: children, women, HIV, handicap, aging</li> <li>Professional responsibility and accountability</li> <li>Infection control</li> <li>Standard safety measures</li> </ul>

## **PRACTICALS**

- Prepare prototype personal files for staff nurses, faculty and cumulative records
- Preparation of budget estimate, revised estimate and performance budget
- Plan and conduct staff development programme
- Preparation of Organization Chart
- Developing nursing standards/protocols for various units
- Design a layout plan for speciality units /hospital, community and educational institutions
- Preparation of job description of various categories of nursing personnel
- Prepare a list of equipments and supplies for speciality units
- Assess and prepare staffing requirement for hospitals, community and educational institutions
- Plan of action for recruitment process

- Prepare a vision and mission statement for hospital, community and educational institutions
- Prepare a plan of action for performance appraisal
- Identify the problems of the speciality units and develop plan of action by using problem solving approach
- Plan a duty roster for speciality units/hospital, community and educational institutions
- Prepare: anecdotes, incident reports, day and night reports, handing and taking over reports, enquiry reports, nurses notes, Official letters, curriculum vitae, presentations Etc.,
- Prepare a plan for disaster management
- Group work
- Field appraisal report

***Weightage for Internal Assessment***

***A Theory***

***Term Test: 30***

***Research Project/ Assignment: 20***

**Nursing Management**

**Recommended Books:**

- 1.) Barrett – Ward Management and Teaching, 1995, Konark Publishing.
- 2.) Marquis – Leadership Roles & Management Functions in Nursing, 2008, LWW
- 3.) Basavanthappa – Nursing Administration, 2009, Jaypee.

**Reference Books:**

- 1.) Huber – Nursing Management & Leadership ,2008,Elsevier
- 2.) Marriner – Guide to Nursing management ,2008,Elsevier
- 3.) Powell – Case Management,2009,LWW
- 4.) Ellis – Managing and coordinating Nursing,2009,WK

## **CLINICAL SPECIALITY – II MEDICAL SURGICAL NURSING**

### **SUB SPECIALITY – CARDIO VASCULAR AND THORACIC NURSING**

Placement : II year

Hours of Instruction

Theory : 150 hours

Practical :1050 hours

Total : 1200 hours.

#### **Course Description**

This course is designed to assist students in developing expertise and in- depth understanding in the field of cardiovascular and thoracic nursing. It will help students to develop advanced skills for nursing intervention in various cardio medical and surgical conditions. It will enable the student to function as Cardio vascular and Thoracic Nurse practitioner/specialist. It will further enable the student to function as educator, manager and researcher in the field of cardio vascular and thoracic nursing.

#### **Objectives**

At the end of the course the students will be able to:

1. Appreciate trends and issues related to cardio vascular and thoracic Nursing.
2. Describe the epidemiology, etiology, psychophysiology and diagnostic assessment of cardio vascular and thoracic conditions
3. Participate in national health programs for health promotion, prevention and rehabilitation of patients with cardio vascular and thoracic conditions
4. Perform physical, psychosocial & spiritual assessment
5. Assist in various diagnostic, therapeutic and surgical procedures
6. Apply nursing process in providing comprehensive care to patients with cardio vascular and thoracic conditions
7. Demonstrate advance skills/competence in managing patients with cardio vascular and thoracic conditions including Advance Cardiac Life Support.
8. Describe the various drugs used in cardio vascular and thoracic conditions and nurses responsibility
9. Demonstrate skill in handling various equipments/gadgets used for critical care of cardio vascular and thoracic patients
10. Appreciate team work & coordinate activities related to patient care.
11. Practice infection control measures.
12. Identify emergencies and complications & take appropriate measures
13. Discuss the legal and ethical issues in cardio vascular and thoracic nursing
14. Assist patients and their family to cope with emotional distress, grief, anxiety and spiritual needs.
15. Appreciate the role of alternative system of medicine in care of patient

16. Incorporate evidence based nursing practice and identify the areas of research in the field of cardio vascular and thoracic nursing
17. Identify the sources of stress and manage burnout syndrome among health care providers.
18. Teach and supervise nurses and allied health workers.
19. Design a layout of ICCU and ICTU and develop standards for cardio vascular and thoracic nursing practice.

### Content Outline

Unit	Hours	Content
I	5	<p><b>Introduction</b></p> <p>Historical development, trends and issues in the field of cardiology.            Cardio vascular and thoracic conditions – major health problem.            Concepts, principles and nursing perspectives            Ethical and legal issues            Evidence based nursing and its application in cardio vascular and thoracic nursing( to be incorporated in all the units)</p>
II	5	<p><b>Epidemiology</b></p> <p>Risk factors: hereditary, psycho social factors, hypertension, smoking, obesity, diabetes mellitus etc            Health promotion, disease prevention, Life style modification            National health programs related to cardio vascular and thoracic conditions            Alternate system of medicine            Complementary therapies</p>
III	5	<p><b>Review of anatomy and physiology of cardio vascular and respiratory system</b></p> <p>Review of anatomy and physiology of heart, lung, thoracic cavity and blood vessels. Embryology of heart and lung.            Coronary circulation            Hemodynamics and electro physiology of heart.            Bio-chemistry of blood in relation to cardio pulmonary function.</p>
IV	20	<p><b>Assessment and Diagnostic Measures:</b></p> <p>History taking            Physical assessment</p> <ul style="list-style-type: none"> <li>• Heart rate variability: Mechanisms , measurements, pattern, factors, impact of interventions on HRV</li> </ul> <p>Diagnostic tests</p> <ul style="list-style-type: none"> <li>• Hemodynamic monitoring: Technical aspects, monitoring, functional hemodynamic indices, ventricular</li> </ul>

Unit	Hours	Content
		<p>output measurements (Arterial and swan Ganz monitoring).  Blood gases and its significance, oxygen supply and demand</p> <ul style="list-style-type: none"> <li>• Radiologic examination of the chest: interpretation, chest film findings</li> <li>• Electro cardiography(ECG) : electrical conduction through the heart, basic electrocardiography, 12 lead electrocardiogram, axis determination <ul style="list-style-type: none"> <li>- ECG changes in: intra ventricular conduction abnormalities- Arrhythmias, ischemia, injury and infarction, atrial and ventricular enlargement, electrolyte imbalance,</li> </ul> </li> <li>• Electrocardiography: technical aspects, special</li> <li>• Nuclear and other imaging studies of the heart: Magnetic Resonance Imaging.</li> <li>• Cardio electro physiology procedures: diagnostic studies, interventional and catheter ablation, nursing care</li> <li>• Exercise testing: indications and objectives,</li> <li>• Cardiac catheterization: indications, contraindications, patient preparation, procedure, interpretation of data</li> <li>• Pulmonary function test: Bronchoscopy and graphies</li> <li>• Interpretation of diagnostic measures</li> <li>• Nurse's role in diagnostic tests</li> </ul> <p>Laboratory tests using blood: Blood specimen collection, Cardiac markers, Blood lipids, Hematologic studies, Blood cultures, Coagulation studies, Arterial blood gases, Blood Chemistries, cardiac enzyme studies, Serum Concentration of Selected drugs.  Interpretation and role of nurse</p>

Unit	Hours	Content
<b>V</b>	<b>25</b>	<p><b>Cardiac disorders and nursing management:</b>  Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, treatment modalities and nursing management of:</p> <ul style="list-style-type: none"> <li>• Hypertension</li> <li>• Coronary Artery Disease.</li> <li>• Angina of various types.</li> <li>• Cardiomegaly</li> <li>• Myocardial Infarction, Congestive cardiac failure</li> <li>• Heart Failure, Pulmonary Edema, Shock.</li> <li>• Rheumatic heart disease and other Valvular Diseases</li> <li>• Inflammatory Heart Diseases, Infective Endocarditis, Myocarditis, Pericarditis.</li> <li>• Cardiomyopathy, dilated, restrictive, hypertrophic.</li> <li>• Arrhythmias, heart block</li> </ul> <p>Associated illnesses</p>
<b>VI</b>	<b>10</b>	<p><b>Altered pulmonary conditions</b>  Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, treatment modalities and nursing management of:</p> <ul style="list-style-type: none"> <li>• Bronchitis</li> <li>• Bronchial asthma</li> <li>• Bronchiectasis</li> <li>• Pneumonias</li> <li>• Lung abscess, lung tumour</li> <li>• Pulmonary tuberculosis, fibrosis, pneumonias etc</li> <li>• Pleuritis, effusion</li> <li>• Pneumo, haemo and pyothorax</li> <li>• Interstitial Lung Disease</li> <li>• Cystic fibrosis</li> <li>• Acute and Chronic obstructive pulmonary disease (conditions leading to)</li> <li>• Cor pulmonale</li> <li>• Acute respiratory failure</li> <li>• Adult respiratory distress syndrome</li> <li>• Pulmonary embolism</li> <li>• Pulmonary Hypertension</li> </ul>

Unit	Hours	Content
<b>VII</b>	<b>10</b>	<p><b>Vascular disorders and nursing management</b></p> <p>Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, treatment modalities and nursing management of:</p> <ul style="list-style-type: none"> <li>• Disorders of arteries</li> <li>• Disorders of the aorta</li> <li>• Aortic Aneurysms,</li> <li>• Aortic dissection</li> <li>• Raynaud's phenomenon</li> <li>• Peripheral arterial disease of the lower extremities</li> <li>• Venous thrombosis</li> <li>• Varicose veins</li> <li>• Chronic venous insufficiency and venous leg ulcers</li> <li>• Pulmonary embolism</li> </ul>
<b>VIII</b>	<b>10</b>	<p><b>Cardio thoracic emergency interventions</b></p> <p>CPR- BLS and ALS  Use of ventilator, defibrillator , pacemaker  Post resuscitation care.  Care of the critically ill patients  Psychosocial and spiritual aspects of care  Stress management; ICU psychosis  Role of nurse</p>
<b>IX</b>	<b>10</b>	<p><b>Nursing care of a patient with obstructive airway</b></p> <p>Assessment  Use of artificial airway  Endotracheal intubation, tracheostomy and its care  Complication, minimum cuff leak, securing tubes  Oxygen delivery systems.  Nasal Cannula</p>
		<p>Oxygen mask, Venturi mask  Partial rebreathing bag  Bi-PAP and C-PAP masks  Uses, advantages, disadvantages, nursing implications of each.  Mechanical Ventilation  Principles of mechanical ventilation  Types of mechanical ventilation and ventilators.  Modes of ventilation, advantage, disadvantage, complications.  PEEP therapy, indications, physiology, and complications. Weaning off the ventilator.  Nursing assessment and interventions of ventilated patient.</p>

Unit	Hours	Content
<b>X</b>	<b>10</b>	<p><b>Congenital Heart Diseases,</b>  Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, treatment modalities and nursing management of:</p> <ul style="list-style-type: none"> <li>• Embryo logical development of heart.</li> <li>• Classification – cyanotic and acyanotic heart disease.</li> <li>• Tetralogy of Fallots.</li> <li>• Atrial Septal Defect, Ventricular Septal Defect., Eisenmenger’s complex.</li> <li>• Patent ductus arteriosus, AP window</li> <li>• Truncus Arteriosus.</li> <li>• Transposition of great arteries.</li> <li>• Total Anomaly of Pulmonary Venous Connection.</li> <li>• Pulmonary stenosis, atresia.</li> <li>• Coarctation of aorta.</li> <li>• Ebstein’s anomaly</li> <li>• Double outlet right ventricle, Single ventricle, Hypoplastic left heart syndrome.</li> </ul>
<b>XI</b>	<b>10</b>	<p><b>Pharmacology</b>  Review  Pharmacokinetics  Analgesics/Anti inflammatory agents  Antibiotics, antiseptics  Drug reaction &amp; toxicity  Drugs used in cardiac emergencies  Blood and blood components</p> <ul style="list-style-type: none"> <li>• Antithrombolytic agents</li> <li>• Inotropic agents</li> <li>• Beta-blocking agents</li> <li>• Calcium channel blockers.</li> <li>• Vaso constrictors</li> <li>• Vaso dilators</li> <li>• ACE inhibitors.</li> <li>• Anticoagulants</li> <li>• Anti arrhythmic drugs.</li> <li>• Anti hypertensives</li> <li>• Diuretics</li> <li>• Sedatives and tranquilizers.</li> <li>• Digitalis.</li> </ul>

Unit	Hours	Content
		<ul style="list-style-type: none"> <li>• Antilipemics Principles of drug administration, role and responsibilities of nurses and care of drugs</li> </ul>
<b>XII</b>	<b>20</b>	<p><b>Nursing Care of patient undergoing cardio thoracic surgery</b>  Indications, selection of patient  Preoperative assessment and preparation; counseling.  Intraoperative care: Principles of open heart surgery, equipment, anaesthesia, cardiopulmonary by pass.  Surgical procedures for Coronary Artery Bypass Grafting, recent advances and types of grafts, Valve replacement or reconstruction, cardiac transplant, Palliative surgery and different Stents, vascular surgery, other recent advances.  Thoracic surgery: lobectomy, pneumonectomy, tumour excision etc  Immediate postoperative care : assessment, post operative problems and interventions : Bleeding, Cardiac tamponade, Low cardiac output, Infarction, Pericardial effusion, Pleural effusion, Pneumothorax, Haemothorax, Coagulopathy, Thermal imbalance, Inadequate., ventilation/perfusion, Neurological problems, renal problems, Psychological problems.  Chest physiotherapy  Nursing interventions- life style modification, complementary therapy/alternative systems of medicine.  Intermediate and late post operative care after CABG, valve surgery, others.</p> <p>Follow up care</p>
<b>XIII</b>	<b>5</b>	<p><b>Cardiac rehabilitation</b>  Process  Physical evaluation  Life style modification  Physical conditioning for cardiovascular efficiency through exercise  Counseling  Follow up care</p>
<b>XIV</b>	<b>5</b>	<p><b>Intensive Coronary Care Unit/intensive cardio thoracic unit:</b>  Quality assurance  •Standards, Protocols, Policies, Procedures  •Infection control; Standard safety measures  •Nursing audit  •Design of ICCU/ICTU  •Staffing; cardiac team  •Burn out syndrome  Nurse's role in the management of I.C.C.U and ICTU.  Mobile coronary care unit.  Planning in service educational programme and teaching</p>

## Practicals

Total – 1050 Hours  
1 Weeks = 30 Hours

S.No.	Dept/ Unit	No. of Week	Total Hours
1	Cardio thoracic -Medical	4	120 Hours
	-Surgical	4	120 Hours
2.	OTs (Cardiac and thoracic)	5	150 Hours
3.	Casualty	2	60 Hours
4.	Diagnostic labs including cath lab	2	60 Hours
5.	ICCU	5	150 Hours
6.	ICU	4	120 Hours
7.	CCU	5	150 Hours
8.	Pediatric Intensive	2	60 Hours
9.	OPD	2	60 Hours
	<b>Total</b>	<b>35 Weeks</b>	<b>1050 Hours</b>

Essential Nursing Skills

### Procedures Observed

1. Echo cardiogram
2. Ultrasound
3. Monitoring JVP , CVP
4. CT SCAN
5. MRI
6. Pet SCAN
7. Angiography
8. Cardiac catheterization
9. Angioplasty
10. Various Surgeries
11. Any other

### I. Procedures Assisted

1. Arterial blood gas analysis
2. Thoracentesis
3. Lung biopsy
4. Computer assisted tomography (CAT Scan)
5. M.R.I.
6. Pulmonary angiography
7. Bronchoscopy
8. Pulmonary function test
9. ET tube insertion
10. Tracheostomy tube insertion
11. Cardiac catheterization
12. Angiogram

13. Defibrillation
14. Treadmill test
15. Echo cardiography
16. Doppler ultrasound
17. Cardiac surgery
18. Insertion of chest tube
19. CVP Monitoring
20. Measuring pulmonary artery pressure by Swan-Ganz Catheter
21. Cardiac Pacing

## **II. Procedures Performed**

1. Preparation of assessment tool for CT client (Cardiac, thoracic and vascular).
2. ECG – Recording, Reading, Identification of abnormalities
3. Oxygen therapy – Cylinder, central supply,  
Catheter, nasal canula, mask, tent Through ET and  
Tracheostomy tube Manual resuscitation bag
4. Mechanical ventilation
5. Spirometer
6. Tuberculin skin test
7. Aerosol therapy
8. Nebulizer therapy
9. Water seal drainage
10. Chest physiotherapy including – Breathing Exercises  
Coughing Exercises  
Percussion & Vibration
11. Suctioning – Oropharyngeal, nasotracheal, Endotracheal  
Through tracheostomy tube
12. Artificial airway cuff maintenance
13. CPR
14. Care of client on ventilator
15. Identification of different – Arrhythmias  
Abnormal pulses, respirations  
B.P. Variation  
Heart sounds  
Breath sounds
16. Pulse oxymetry
17. Introduction of intracath
18. Bolus I.V. Injection
19. Life line
20. Maintenance of “Heplock”
21. Subcutaneous of Heparin
22. Obtaining leg measurements to detect early swelling in  
thrombophlebetes
23. Identification of Homans signs
24. Buerger – Allen exercises





## CLINICAL SPECIALITY – II

### MEDICAL SURGICAL NURSING - CRITICAL CARE NURSING

Placement: II Year

Hours of instruction  
Theory: 150 hours  
Practical: 1050 hrs Total  
: 1200 hours

#### Course Description

This course is designed to assist students in developing expertise and in-depth knowledge in the field of Critical care Nursing. It will help students to develop advanced skills for nursing intervention in caring for critically ill patients. It will enable the student to function as critical care nurse practitioner/ specialist. It will further enable the student to function as educator, manager and researcher in the field of Critical Care Nursing.

#### Objectives

At the end of the course the students will be able to

1. Appreciate trends and issues related to Critical Care Nursing.
2. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of critically ill patients
3. Describe the various drugs used in critical care and nurses responsibility
3. Perform physical, psychosocial & spiritual assessment
5. Demonstrate advance skills/competence in managing critically ill patients including Advance Cardiac Life Support.
6. Demonstrate skill in handling various equipments/gadgets used for critical care
7. Provide comprehensive care to critically ill patients.
8. Appreciate team work & coordinate activities related to patient care.
9. Practice infection control measures.
10. Assess and manage pain .
11. Identify complications & take appropriate measures.
12. Discuss the legal and ethical issues in critical care nursing
13. Assist patients and their family to cope with emotional distress, spiritual, grief and anxiety
14. Assist in various diagnostic, therapeutic and surgical procedures
15. Incorporate evidence based nursing practice and identify the areas of research in the field of critical care nursing



16. Identify the sources of stress and manage burnout syndrome among health care providers.
17. Teach and supervise nurses and allied health workers.
18. Design a layout of ICU and develop standards for critical care nursing practice.

### Course Content

Unit	Hours	Content
I	5	<b>Introduction to Critical Care Nursing</b> Historical review- Progressive patient care(PPC) Review of anatomy and physiology of vital organs, fluid and electrolyte balance Concepts of critical care nursing Principles of critical care nursing Scope of critical care nursing Critical care unit set up including equipments supplies, use and care of various type of monitors & ventilators Flow sheets
II	10	<b>Concept of Holistic care applied to critical care nursing practice</b> Impact of critical care environment on patients:- <ul style="list-style-type: none"> <li>• Risk factors, Assessment of patients, Critical care psychosis, prevention &amp; nursing care for patients affected with psycho physiological &amp; psychosocial problems of critical care unit, Caring for the patient's family, family teaching</li> </ul> The dynamics of healing in critical care unit:-therapeutic touch, Relaxation, Music therapy, Guided Imagery, acupressure Stress and burnout syndrome among health team members
III	14	<b>Review</b> Pharmacokinetics Analgesics/Anti inflammatory agents Antibiotics, antiseptics Drug reaction & toxicity Drugs used in critical care unit (inclusive of ionotropic, life saving drugs) Drugs used in various body systems IV fluids and electrolytes Blood and blood components Principles of drug administration, role of nurses and care of drugs
IV	5	<b>Pain Management</b> Pain & Sedation in Critically ill patients Theories of pain, Types of pain, Pain assessment, Systemic responses to pain pain management-pharmacological and non-pharmacological measures % Placebo effect

<b>Unit</b>	<b>Hours</b>	<b>Content</b>
<b>V</b>	<b>5</b>	<b>Infection control in intensive care unit</b> Nosocomial infection in intensive care unit; methyl resistant staphylococcus aureus (MRSA), Disinfection, Sterilization, Standard safety measures, Prophylaxis for staff
<b>VI</b>	<b>10</b>	<b>Gastrointestinal System</b> Causes, Pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis, Management: Medical, Surgical and Nursing management of:-Acute Gastrointestinal Bleeding, Abdominal injury, Hepatic Disorders:-Fulminant hepatic failure, Hepatic encephalopathy, Acute Pancreatitis, Acute intestinal obstruction, perforative peritonitis
<b>VII</b>	<b>10</b>	<b>Renal System</b> Causes, pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis, Management: Medical, Surgical and Nursing management of:-Acute Renal Failure, Chronic Renal Failure, Acute tubular necrosis, Bladder trauma Management Modalities: Hemodialysis, Peritoneal Dialysis, Continuous Ambulatory Peritoneal Dialysis, Continuous arterio venous hemodialysis, Renal Transplant,
<b>VIII</b>	<b>10</b>	<b>Nervous System</b> Causes, pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis, Management: Medical, Surgical and Nursing management of:-Common Neurological Disorders:-Cerebrovascular disease, Cerebrovascular accident, Seizure disorders, GuilleinBarre-Syndrome, Myasthenia Gravis, Coma, Persistent vegetative state, Encephalopathy, Head injury, Spinal Cord injury Management Modalities: Assessment of Intracranial pressure, Management of intracranial hypertension, Craniotomy Problems associated with neurological disorders: Thermo regulation, Unconsciousness, Herniation syndrome
<b>IX</b>	<b>5</b>	<b>Endocrine System</b> Causes, Pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis, Management: Medical, Surgical and Nursing Management of :-Hypoglycemia, Diabetic Ketoacidosis, Thyroid crisis, Myxoedema, Adrenal crisis, Syndrome of Inappropriate/hyper secretion of Anti diuretic Hormone (SIADH)

Unit	Hours	Content
X	15	<p><b>Management of other Emergency Conditions</b></p> <p>Mechanism of injury, Thoracic injuries, Abdominal injuries, pelvic fractures, complications of trauma, Head injuries</p> <p>Shock: Shock syndrome, Hypovolemic, Cardiogenic, Anaphylactic, Neurogenic and Septic shock</p> <p>Systemic inflammatory Response: The inflammatory response, Multiple organ dysfunction syndrome</p> <p>D i s s e m i n a t e d Intravascular Coagulation</p> <p>Drug Overdose and Poisoning,</p> <p>Acquired Immunodeficiency Syndrome (AIDS)</p>
		<p>Ophthalmic: Eye injuries, Glaucoma, retinal detachment</p> <p>Ear Nose Throat: Foreign bodies, stridor, bleeding, quincy, acute allergic conditions</p> <p>Psychiatric emergencies;, suicide, crisis intervention</p>
XI	20	<p><b>Cardiovascular emergencies</b></p> <p>Principles of Nursing in caring for patient's with Cardiovascular disorders</p> <p>Assessment: Cardiovascular system: Heart sounds, Diagnostic studies:- Cardiac enzymes studies, Electrocardiographic monitoring, Holter monitoring, Stress test. Echo cardiography, Coronary angiography, Nuclear medicine studies</p> <p>Causes, Pathophysiology, Clinical types, Clinical features, Diagnostic Prognosis, Management : Medical, Surgical &amp; Nursingmanagement of:-Hypertensive crisis, Coronary artery disease, Acute Myocardial infarction, Cardiomyopathy, Deep vein thrombosis, Valvular diseases, Heart block, Cardiac arrhythmias &amp; conduction disturbances, Aneurysms, Endocarditis, Heart failure Cardio pulmonary resuscitation BCLS/ ACLS</p> <p>Management Modalities: Thrombolytic therapy, Pacemaker – Temporary &amp; permanent, Percutaneous transluminal coronary angioplasty, Cardioversion, Intra Aortic Balloon pump monitoring, De fibrillations, Cardiac surgeries, Coronary Artery Bypass Grafts (CABG/MICAS), Valvular surgeries, Heart Transplantation, Autologous blood transfusion, Radio frequency Catheter Ablation</p>

Unit	Hours	Content
XII	15	<p><b>Respiratory System</b>            Acid-base balance &amp; imbalance            Assesment : History &amp; Physical Examination            Diagnostic Tests:Pulse Oximetry, End –Tidal Carbon Dioxide Monitoring, Arterial blood gas studies,chest radiography, pulmonary Angiography, Bronchoscopy, Pulmonary function Test, Ventilation perfusion scan, Lung ventilation scan            Causes Pathophysiology, Clinical types, Clinical features, Prognosis,            Management: Medical,Surgical and Nursing management of Common pulmonary disorders:-Pneumonia, Status asthmatics, interstitial drug disease, Pleural effusion, Chronic obstructive pulmonary disease, Pulmonary tuberculosis, Pulmonary edema, Atelectasis, Pulmonary embolism, Acute respiratory failure, Acute respiratory distress syndrome (ARDS), Chest Trauma Haemothorax, Pneumothorax            Management Modalities:-Airway Management Ventilatory Management:- Invasive, non-invasive, long term mechanical ventilations Bronchial Hygiene:- Nebulization, deep breathing exercise, chest physiotherapy, postural drainage, Inter Costal Drainage, Thoracic surgeries</p>
XIII	7	<p><b>Burns</b>            Clinical types, classification, pathophysiology, clinical features, assessment, diagnosis, prognosis, Management: Medical, Surgical &amp; Nursing management of burns            Fluid and electrolyte therapy – calculation of fluids and its administration            Pain management            Wound care            Infection control            Prevention and management of burn complications            Grafts and flaps            Reconstructive surgery            Rehabilitation</p>
XIV	5	<p><b>Obstetrical Emergencies</b>            Causes, Pathophysiology, Clinical types, clinical features, diagnostic Prognosis, Management: Medical, Surgical and Nursing management of :Antepartum haemorrhage, Preeclampsia, eclampsia, Obstructed labour and ruptured uterus, Post partum hemorrhage, Peurperal sepsis, Obstetrical shock</p>

Unit	Hours	Content
XV	10	<p><b>Neonatal Paediatric emergencies</b>  Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis , Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Neonatal emergencies</li> </ul> <p>Asphyxia Neonatarum, Pathological Jaundice in Neonates, Neonatal seizures, Metabolic disorders, Intra cranial Hemorrhage, Neonatal Sepsis, RDS/HMD (Respiratory Distress Syndrome/Hyaline Membrane Disease), Congenital disorders:-</p> <ul style="list-style-type: none"> <li>• Cyanotic heart disease, tracheo oesophageal fistula, congenital hypertropic pyloric stenosis, imperforate anus</li> <li>• Pediatric emergencies</li> </ul> <p>Dehydration, Acute broncho pneumonia, Acute respiratory distress syndrome, Poisoning, Foreign bodies, seizures, traumas, Status asthmaticus</p>
XVI	2	<p><b>Legal and ethical issues in critical care-Nurse's role</b>  Brain death  Organ donation &amp; Counselling  Do Not Resuscitate(DNR)  Euthanasia  Living will</p>
XVII	2	<p><b>Quality assurance</b>  Standards, Protocols, Policies, Procedures  Infection control; Standard safety measures  Nursing audit  Staffing  Design of ICU/CCU</p>

## Practical

Total = 1050 Hours  
1 Week = 30 Hours

S.No.	Dept./Unit	No. of Week	Total Hours
3	Burns ICU	3	90 Hours
5	Medical ICU	9	270 Hours
6	Surgical ICU	12	360 Hours
9	CCU	2	60 Hours
10	Emergency Department	4	120 Hours
12	Dialysis Unit	1	30 Hours
13	Transplant Room	2	60 Hours
14	Paediatric/ NICU	2	60 Hours
	<b>Total</b>	<b>35 Weeks</b>	<b>1050Hours</b>

## ESSENTIAL CRITICAL CARE NURSING SKILLS I.

### Procedures Observed

1. CT Scan
2. MRI
3. EEG
4. Hemodialysis
5. Endoscopic Retrograde cholangio Pancreaticogram(ERCP)
6. Heart/ Neuro/GI./ Renal Surgeries

### II. Procedures Assisted

1. Advanced life support system
2. Basic cardiac life support
3. Arterial line/arterial pressure monitoring/blood taking
4. Arterial blood gas
5. ECG recording
6. Blood transfusion
7. IV cannulation therapy
8. Arterial Catheterization
9. Chest tube insertion
10. Endotracheal intubations
11. Ventilation
12. Insertion of central line/cvp line
13. Connecting lines for dialysis

### III. Procedure Performed

1. Airway management
  - a. Application of oropharyngeal airway
  - b. Oxygen therapy
  - c. CPAP (Continuous Positive Airway pressure)
  - d. Care of tracheostomy
  - e. Endotracheal extubation
2. Cardiopulmonary resuscitation, Basic cardiac life support, ECG
3. Monitoring of critically ill patients – clinically with monitors, capillary refill time (CRT) assessment of jaundice, ECG.
4. Gastric lavage
5. Assessment of critically ill patients
  - Identification & assessment of risk factors, Glasgow coma scale, and dolls eye movement, arterial pressure monitoring, cardiac output/pulmonary artery pressure monitoring, and detection of life threatening abnormalities
6. Admission & discharge of critically ill patients
7. Nutritional needs – gastrostomy feeds, pharyngeal feeds, jejunostomy feeds, TPN, formula preparation & patient education.
8. Assessment of patient for alteration in blood sugar levels monitoring blood sugar levels periodically & administering insulin periodically.
9. Administration of drugs: IM, IV injection, IV cannulation & fixation of infusion pump, calculation of dosages, use of insulin syringes/ tuberculin, monitoring fluid therapy, blood administration.
10. Setting up dialysis machine and starting, monitoring and closing dialysis
11. Procedures for prevention of infections:
  - Hand washing, disinfection & sterilization surveillance,
12. Collection of specimen.
13. Setting, use & maintenance of basic equipment, ventilator, & syringe pumps, centrifuge machine.

**Weightage for Internal Assessment: (common to all speciality)**

**A Theory**

**Term Test: 30**

**Assignment: 20**

**B Practical**

**Practical Examination : 50**

**Clinical Evaluation : 20**

**Project : 10**

**Case study : 10**

**Field/ Observational visit : 10**

## CLINICAL SPECIALITY-II

### MEDICAL SURGICAL NURSING- ONCOLOGY NURSING

Placement : II Year

Hours of Instruction

Theory : 150Hrs.

Practical : 950 hrs.

Total : 1100 hrs.

#### Course Description

This course is designed to assist students in developing expertise and in-depth understanding in the field of oncology Nursing. It will help students to develop advanced skills for nursing intervention in various oncological conditions. It will enable the student to function as oncology nurse practitioner/specialist and provide quality care. It will further enable the student to function as educator, manager, and researcher in the field of oncology nursing

#### Objectives

1. Explain the prevention, screening and early detection of cancer
2. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of oncological disorders of various body systems
3. Describe the psychosocial effects of cancer on patients and families.
4. Demonstrate skill in administering/assisting in various treatment modalities used for patients with cancer
5. Apply nursing process in providing holistic care to patients with cancer.
6. Apply specific concepts of pain management
7. Appreciate the care of death and dying patients and value of bereavement support.
8. Describe the philosophy, concept and various dimensions of palliative care
9. Appreciate the role of alternative systems of medicine in care of cancer patients
10. Appreciate the legal & ethical issues relevant to oncology nursing
11. Recognize and manage Oncological emergencies
12. Counsel the patients with cancer and their families
13. Incorporate evidence based nursing practice and identify the areas of research in the field of oncology nursing
14. Recognize the role of oncology nurse practitioner as a member of oncology team
15. Collaborate with other agencies and utilize resources in caring for cancer patients.
16. Teach and supervise nurses and allied health workers.
17. Design a layout and develop standards for management of oncology units/hospitals and nursing care.

## Content outline

Unit	Hours.	Content
I	4	<p><b>Introduction</b></p> <p>Epidemiology-Incidence, Prevalence – Global, National, State and Local</p> <p>Disease burden, concept of cancer, risk factors</p> <p>Historical perspectives</p> <p>Trends and issues</p> <p>Principles of cancer management</p> <p>Roles and responsibilities of oncology nurse</p>
II	5	<p><b>The Nature of Cancer</b></p> <p>Normal cell biology</p> <p>The Immune system</p> <p>Pathological and pathophysiological changes in tissues</p> <ul style="list-style-type: none"> <li>• Biology of the cancer cell</li> <li>• Clone formation Transformation</li> <li>• Tumor stem lines</li> <li>• Structure of a solid tumor</li> <li>• Products produced by the tumor</li> <li>• Systemic effects of tumor growth</li> </ul>
III	4	<p><b>Etiology of Cancer</b></p> <p>Carcinogenesis,</p> <p>Theories of cancer causation</p> <p>Risk factors</p> <p>Carcinogens – genetic factors, chemical carcinogens, radiation, viruses, Immune system failure, rapid tissue proliferation</p> <p>Hormone changes, diet, emotional factors.</p>
IV	10	<p><b>Diagnostic Evaluation</b></p> <p>Health assessment: History taking, physical examination,</p> <p>Staging and grading of tumors,</p> <p>TNM Classification</p> <p>Common diagnostic tests</p> <ul style="list-style-type: none"> <li>• Blood investigation: Haemetological, Bio-chemical, Tumor markers, Hormonal assay</li> <li>• Cytology: Fine needle aspiration cytology(FNAC)</li> <li>• Histopathology: Biopsy</li> <li>• Radiological assessment: MRI, Ultrasound, Computed tomography, Mammography, Positron emission tomography(PET), Radio nuclide imaging, Functional metabolism imaging</li> <li>• Endoscopies</li> </ul> <p>Nurses responsibilities in diagnostic measures</p>

Unit	Hours.	Content
V	10	<p><b>Levels of prevention and care</b></p> <p>Primary prevention – Guidelines for cancer detection, general measures, Warning signs of cancer, Self examination-Oral, Breast, Testicular</p> <p>Secondary prevention – early diagnosis. Screening</p> <p>Tertiary prevention – disability limitation, Rehabilitation :Mobility , Speech, Bowel and bladder, Ostomies etc</p> <p>Patient and family education, Discharge instruction, follow-up care and use of community resources.</p>

Unit	Hours.	Content
VI	25	<p><b>Cancer Treatment Modalities and Nurse's Role</b></p> <p><i><b>Surgery</b></i></p> <ul style="list-style-type: none"> <li>•Principles of surgical oncology</li> <li>•Current surgical strategy,</li> <li>•Determining surgical risk</li> <li>•Special surgical techniques</li> <li>•Pre-intra-postoperative nursing care</li> <li>•Acute and chronic surgical complications</li> <li>•Future directions and advances</li> </ul> <p><i><b>Chemotherapy</b></i></p> <ul style="list-style-type: none"> <li>•Principles and classification of chemotherapeutics</li> <li>•Pharmacology of anti neoplastic drugs- Mechanism of action, Absorption, protein binding, Bio-transformation, excretion, common side effects, drug toxicity</li> <li>•Calculating drug doses,</li> <li>• Therapeutic response to chemotherapy-Tumor variables, drug resistance,</li> <li>•Safety precautions</li> </ul> <p><i><b>Radiation Therapy</b></i></p> <ul style="list-style-type: none"> <li>•Physics of radiotherapy</li> <li>•Types of ionizing rays</li> <li>•Radiation equipments:Linear accelerator, cobalt, Implants,Isotopes,</li> <li>•Types of therapies: Oral, Brachy therapy, tele therapy, electron therapy</li> <li>•Effects of radiation on the body tissue,</li> <li>•Radiation biology – cell damage hypoxic cells, alteration of tumor kinetics.</li> <li>•Approaches to radiation therapy –</li> <li>•External radiotherapy</li> <li>•Internal radiotherapy – unsealed,</li> <li>•Sealed sources.</li> <li>•Effectiveness of radiotherapy-Radio sensitivity, treatment effects</li> <li>•Complications of radiotherapy</li> <li>•Radiation safety: Standards of Bhaba Atomic Research Centre(BARC)</li> </ul>

Unit	Hours.	Content
		<p><b><i>Bone Marrow Transplantation /Stem Cell Transplantation</i></b></p> <ul style="list-style-type: none"> <li>• Types, indications, transplantation procedure, complications and nursing management</li> <li>•Types and donor sources</li> <li>•Preparation and care of donor and recipient</li> <li>•Bone marrow bank</li> <li>•Legal and ethical issues</li> </ul> <p><i>Immunotherapy (Biotherapy)</i></p> <ul style="list-style-type: none"> <li>•Concepts and principles</li> <li>•Classification of agents</li> <li>•Treatment and applications</li> </ul> <p><b><i>Gene Therapy</i></b></p> <ul style="list-style-type: none"> <li>•Current Concepts and practices</li> </ul> <p><b><i>Alternative and Complementary Therapies</i></b></p> <ul style="list-style-type: none"> <li>•Current practices</li> </ul>
VII	10	<p><b>Pain management:-</b> Theories, types and</p> <ul style="list-style-type: none"> <li>•Nature of cancer pain</li> <li>•Pathophysiology of pain</li> <li>•Pain threshold</li> </ul> <p><b>Assessment of pain</b></p> <ul style="list-style-type: none"> <li>•Principles of cancer pain control</li> <li>•Pharmacological: Opioid and non-opioid analgesic therapy</li> <li>•Patient controlled analgesia(PCA)</li> <li>•Other invasive techniques of pain control</li> <li>•Recent developments in Cancer pain</li> </ul> <p><b>Non- Pharmacological pain relief technique-</b></p> <ul style="list-style-type: none"> <li>• Complementary therapies(Music, massage, meditation, relaxation techniques, biofeedback back etc)</li> <li>•Psychological intervention in pain control</li> <li>•Alternative system of medicines</li> </ul> <p>Role of nurse</p>

Unit	Hours.	Content
<b>VIII</b>	<b>5</b>	<p><b>Palliative care</b>            Definition and scope, philosophy            Concept and elements of palliative care            Global and Indian perspective of palliative care            Quality of life issues            Communication skill            Nursing perspective of palliative care and its elements            Home care            Hospice care</p> <p>Role of nurse in palliative care</p>
<b>IX</b>	<b>2</b>	<p><b>Infection control:</b></p> <ul style="list-style-type: none"> <li>• Process of infection, risk of hospitalization, nosocomial infections- prevention and control of infection in acute, long term care facility and community based care</li> <li>•Standard safety measures</li> </ul>
<b>X</b>	<b>30</b>	<p><b>Nursing Care of Patients With Specific Malignant Disorders</b>            Malignancies of G.I. system-oral, oesophagus, stomach, rectal, liver &amp; pancreas, care of ostomies/stoma            Respiratory malignancies            Genito urinary system malignancies- prostate Bladder, renal testicular malignancies,            Gynecological malignancies-cervix, uterus, ovary            Hematological malignancies-Lymphomas, Leukemias.            Malignancies of musculoskeletal system            Endocrine malignancies            Skin            Head and Neck -brain tumors            Other malignancies – Breast cancer, AIDS related Malignancies (Kaposi's Sarcoma)</p>
<b>XI</b>	<b>10</b>	<p><b>Paediatric malignancies</b>            Leukemia, Lymphoma, Neuro- blastoma            Wilm's tumor, Soft tissue sarcoma, Retinoblastoma            Nursing Management of children with Paediatric Malignancies</p>

Unit	Hours.	Content
XII	15	<p><b>Nursing Management of Physiological Conditions and Symptoms Of Cancer Patient</b></p> <p>Nutrition:- effects of cancer on nutritional status and its consequences:-Anemia, electrolyte imbalances, taste alterations</p> <p>Impaired mobility: Decubitus ulcer, pathologic fractures, thrombophlebitis, pulmonary embolism, contractures, footdrop</p> <p><b>Other symptoms</b></p> <p>Dyspepsia &amp; hiccup, dyspnoea intestinal obstruction, Fungating wounds Anxiety &amp; depression, insomnia Lymph edema</p> <p><b>Impact of cancer on sexuality:</b></p> <p>Effects of radiotherapy/ chemotherapy/surgery on sexuality of the cancer patient Nursing management of cancer patients experiencing sexual dysfunction Sexual counseling</p>
XIII	10	<p><b>Cancer Emergencies</b></p> <p>Disseminated intravascular coagulation(DIC), Malignant pleural effusion Neoplastic cardiac tamponade and septic shock spinal cord compression Superior venacava syndrome Metabolic emergency: hyper and hypo calcemia Surgical emergency Urological emergency Hemorrhage Organ obstruction Brain metastasis Nurses role in managing oncologic emergencies</p>

Unit	Hours.	Content
XIV	8	<p><b>Psycho-Social Aspects of Nursing Care</b>            Psychological responses of patients with cancer            Psychosocial assessment –            Crisis intervention, coping mechanisms            Stress management, spiritual/cultural care and needs            Counseling: individual and family            Maximizing quality of life of patient and family</p> <p><b>Ethical, moral and legal issues-</b>            End of life care            Grief and grieving process            Bereavement support            Care of Nurses who care for the dying.</p>
XV	2	<p><b>Layout and Design of an oncology institution/ ward,OPD, chemotherapy unit, Bone marrow transplantation unit, Pain clinic etc</b>            Practice Standards of oncology nursing            •Policies and Procedures            Establishing Standing orders and Protocols</p> <p>Quality Assurance Programme in oncology units            Nursing audit</p>

## Clinical Experience

S. No.	Dept./ Unit	No. of Week	Total Hours
1	Medical Oncology ward	7	210 Hours
2	Surgical Oncology ward	6	180 Hours
3	Bone marrow transplantation Unit	2	60 Hours
4	Operation Theatre	2	60 Hours
5	Radiotherapy Unit	3	90 Hours
6	Chemotherapy Unit	4	120 Hours
7	Out patient department and pain clinic	2	60 Hours
8	Pediatric Oncology ward	2	60 Hours
9	Palliative Care ward	3	90 Hours
10	Community oncology	2	60 Hours
11	Hospice	1	30 Hours
12	Other field visits	1	30 Hours
	<b>Total</b>	<b>35Weeks</b>	<b>1050 Hours</b>

### Procedures Observed

- 1.CT Scan
- 2.MRI
- 3.PET Scan(Positron Emission Tomography)
- 4.Ultra sound
- 5.Mammography
- 6.Radio Nuclide Imaging
- 7.Bone Scan
- 8.Thyroid Function Test
- 9.Functional and Metabolic Imaging
- 10.Transportation of radioactive materials
- 11.Others

### Procedures Assisted

- 1.IV cannulation – Open method
- 2.Chemotherapy
- 3.Radiotherapy – Brachytherapy – Low Density Radiation, High Density Radiation.
- 4.Interstitial implantation
- 5.Bio-therapy and Gene therapy
- 6.Teletherapy – Treatment planning
- 7.Bone marrow aspiration and biopsy
- 8.Biopsy – tissue
- 9.FNAC – Fine Needle Aspiration Cytology and biopsy

10. Advance Cardiac life support
11. Endotracheal intubation
12. Defibrillation Ventilation
13. Tracheostomy
14. Thoracentesis
15. Paracentesis
16. Lumbar Puncture
17. Arterial Blood Gas
18. Nerve Block
19. Chest tube insertion
20. Intercostal drainage
21. CVP monitoring

### **Procedure Performed**

1. Screening for cancer
2. Assessment of pain
3. Assessment of Nutritional status
4. Care of Tracheostomy
5. Endotracheal intubation
6. Gastric gavage
7. Pap smear
8. IV cannulation
9. Care of surgical flaps
10. Care of ostomies
11. Blood transfusion and component therapy
12. Counseling
13. Practice standard safety measures
14. Care of dead body and mortuary formalities

### **Other procedures**

(As per the institutional protocol):

1. Alternative therapies

### **Weightage for Internal Assessment: (common to all speciality)**

**A Theory** **Term Test: 30**  
**Assignment: 20**

**B Practical**

<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

## CLINICAL SPECIALITY – II

### MEDICAL SURGICAL NURSING- NEUROSCIENCES NURSING

Placement : II Years

Hours of Instruction  
Theory – 150 hrs  
Practical- 1050hrs  
Total : 1200 hrs

#### Course Description

This course is designed to assist students in developing expertise and in- depth knowledge in the field of neurology and neurosurgical Nursing. It will help students to develop advanced skills for nursing intervention in caring for patients with neurological and neurosurgical disorders. It will enable the student to function as neuroscience nurse practitioner/ specialist. It will further enable the student to function as educator, manager and researcher in the field of neurology and neurosurgical Nursing.

#### Objectives

At the end of the course the students will be able to

1. Appreciate trends and issues related to neurology and neurosurgical Nursing.
2. Review the anatomy and physiology of nervous system
3. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of patients with neurological and neurosurgical disorders
4. Perform neurological assessment and assist in diagnostic procedures
5. Describe the concepts and principles of neuroscience nursing
6. Describe the various drugs used in neurosciences and nurses responsibility
7. Assist in various therapeutic and surgical procedures in neuroscience nursing
8. Demonstrate advance skills/competence in managing patients with neurological and neurosurgical disorder following nursing process approach
9. Identify psychosocial problems of patients with disabilities and assist patients and their family to cope with emotional distress, spiritual, grief and anxiety
10. Participate in preventive, promotive and rehabilitative services for neurological and neurosurgical patients.
11. Explain the legal and ethical issues related to brain death, organ transplantation and practice of neuroscience nursing
12. Incorporate evidence based nursing practice and identify the areas of research in the field of neuroscience nursing
13. Organise and conduct inservice education program for nursing personnel.
14. Develop standards of care for quality assurance in neuroscience nursing practice

15. Identify the sources of stress and manage burnout syndrome among health care providers.
16. Teach and supervise nurses and allied health workers.
17. Plan and develop physical layout of neuro intensive care unit

### Course Content

Unit	Hours	Content
<b>I</b>	<b>5</b>	<p><b>Introduction</b></p> <p>Introduction to neuroscience(neurological and neurosurgical) nursing</p> <ul style="list-style-type: none"> <li>• History-Development in neurological and neurosurgical nursing, Service &amp; education</li> <li>• Emerging trends and issues in neurology and neuro surgery and its implication to nursing.</li> <li>•                   neurological and neurosurgical problems –</li> <li>•                   Concepts, principles and nursing perspectives</li> <li>•                   Ethical and legal issues</li> <li>• Evidence based nursing and its application in neurological and neurosurgical nursing</li> </ul>
<b>II</b>	<b>5</b>	<p><b>Epidemiology</b></p> <p>Major health problems- Risk factors associated with neurological conditions- Hereditary, Psychosocial factors, smoking, alcoholism, dietary habits, cultural and ethnic considerations, occupational and infections. Health promotion, disease prevention, life style modification and its implications to nursing</p> <p>Alternate system of medicine/complementary therapies</p>
<b>III</b>	<b>10</b>	<p><b>Review of Anatomy and physiology</b></p> <p>Embryology Structure and functions of Nervous system- CNS, ANS, cerebral circulation , cranial and spinal nerves and reflexes, motor and sensory functions Sensory organs</p>

Unit	Hours	Content
<b>IV</b>	<b>15</b>	<p><b>Assessment and diagnostic measures</b></p> <p>Assessment</p> <ul style="list-style-type: none"> <li>• History taking</li> <li>• Physical assessment, psychosocial assessment</li> <li>• Neurological assessments, Glasgow coma scale interpretation &amp; its relevance to nursing.</li> <li>• Common assessment abnormalities</li> </ul> <p><b>Diagnostic measures</b></p> <ul style="list-style-type: none"> <li>• Cerebro spinal fluid analysis</li> <li>• Radiological studies-Skull and spine X-ray Cerebral Angiography, CT Scan, Single Photon Emission Computer Tomography(SPECT), MRI (Magnetic Resonance Imaging), MRA, MRS, Functional MRI, Myelography, PET (Positron Emission Test), Interventional radiology.</li> <li>• Electorgraphic studies- Electro encephalo graphy, MEG, EMG, video EEG,</li> <li>• Nerve conduction studies-Evoked potentials, visual evoked potentials,</li> <li>• Ultrasound studies-Carotid duplex, transcranial Doppler sonography,</li> <li>• Immunological studies</li> <li>• Biopsies – muscle, nerve and Brain.</li> </ul> <p><b>Interpretation of diagnostic measures</b> Nurse's role in diagnostic tests</p>
<b>V</b>	<b>5</b>	<p><b>Meeting Nutritional needs of neurological patients</b></p> <p>Basic nutritional requirements  Metabolic changes following injury and starvation  Nutritional assessment  Common neurological problems that interfere with nutrition and strategies for meeting their nutritional needs  Special metabolic and electrolyte imbalances  Chronic fatigue syndrome</p>
<b>VI</b>	<b>5</b>	<p><b>Drugs used in neurological and neurosurgical disorders</b></p> <p>Classification  Indications, contraindications, actions and effects, toxic effects</p> <p>Role of nurse</p>

Unit	Hours	Content
VII	10	<p><b>Traumatic conditions.</b>  Causes, pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis, Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>•Cranio cerebral injuries.</li> <li>•Spinal &amp; Spinal cord injuries.</li> <li>•Peripheral nerve injuries.</li> <li>•Unconsciousness</li> </ul>
VIII	10	<p><b>Cerebro vascular disorders.</b>  pathophysiology, Clinical types, Clinical features,diagnosis, Prognosis , Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>•Stroke &amp; arterio venous thrombosis.</li> <li>•Haemorrhagic embolus.</li> <li>•Cerebro vascular accidents.</li> <li>•Intracranial aneurysm.</li> <li>•Subarchnoid Haemorrhage.</li> <li>•Arterio venous fistula.</li> <li>•Brain tumors</li> </ul> <p>Diseases of cranial nerves; Trigeminal neuralgia, Facial palsy, Bulbar palsy.</p>
IX	10	<p><b>Degenerating and desalinating disorders</b>  Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis, Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Motor neuron diseases.</li> <li>• Movement disorders- Tics, dystopia, chorea, Wilson's disease, essential tremors</li> <li>• Dementia.</li> <li>• Parkinson's disease.</li> <li>• Multiple sclerosis.</li> <li>• Alzheimer's</li> </ul>

Unit	Hours	Content
X	10	<p><b>Neuro infections</b>  Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis, Management: medical, surgical and Nursing management of Neuro infections</p> <ul style="list-style-type: none"> <li>• Meningitis-types</li> <li>• Encephalitis.</li> <li>• Poliomyelitis.</li> <li>• Parasitic infections.</li> <li>• Bacterial infections</li> <li>• Neurosyphilis.</li> <li>• HIV &amp; AIDS.</li> <li>• Brain abscess.</li> </ul>
XI	10	<p><b>Paroxysmal disorders.</b>  Causes, pathophysiology, Clinical types, Clinical features, diagnosis, Prognosis , Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Epilepsy and seizures.</li> <li>• Status epilepticus.</li> <li>• Syncope.</li> <li>• Menier’s syndrome.</li> <li>• Cephalgia.</li> </ul>
XII	10	<p><b>Developmental disorders.</b>  Causes, pathophysiology, Clinical types, Clinical features,diagnostic, Prognosis Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Hydrocephalus.</li> <li>• Craniosynostosis.</li> <li>• spina bifida- Meningocele, Meningomyelocele encephalocele</li> <li>• syringomyelia.</li> <li>• Cerebro vascular system anomalies.</li> <li>• Cerebral palsies.</li> <li>• Down’s syndrome</li> </ul>
XIII	10	<p><b>Neuro muscular disorders.</b>  Causes, pathophysiology, Clinical types, Clinical features,diagnostic, Prognosis, Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Polyneuritis – G B Syndrome.s</li> <li>• Muscular dystrophy.</li> <li>• Myasthenia gravis.</li> <li>• Trigeminal neuralgia.</li> <li>• Bell’s palsy.</li> <li>• Menier’s disease</li> <li>• Carpal tunnel syndrome</li> <li>• Peripheral neuropathies</li> </ul>

Unit	Hours	Content
XIV	5	<p><b>Neoplasms – surgical conditions.</b>            Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis ,            Nursing management of</p> <ul style="list-style-type: none"> <li>• Space occupying lesions -types</li> <li>• Common tumors of CNS,</li> </ul>
XV	5	<p><b>Other disorders</b>            Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis,            Management: medical, surgical and Nursing management of            Metabolic disorders- diabetes, insipidus, metabolic encephalopathy            Sleep disorders            Autoimmune disorders-multiple sclerosis inflammatory myopathies</p>
XVI	10	<p><b>Neuro emergencies</b>            Causes, pathophysiology, Clinical types, Clinical features, diagnostic, Prognosis,            Management: medical, surgical and Nursing management of</p> <ul style="list-style-type: none"> <li>• Increased intra cranial pressure</li> <li>• Unconscious</li> <li>• Herniation syndrome</li> <li>• Seizures</li> <li>• Severe head injuries</li> <li>• Spinal injuries</li> <li>• Cerebro vascular accidents</li> </ul>
XVII	5	<p><b>Rehabilitation.</b>            Concept and Principles of Rehabilitation.            Factors affecting quality of life and coping            Rehabilitation in acute care setting, and following stroke, head injury and degenerative disorders of brain            Physiotherapy.            Counselling            Care giver's role</p> <p>Speech &amp; Language.-Neurogenic communication disorders, Speech therapy</p>
XVIII	5	<p><b>Ethical and legal issues in neuroscience nursing</b>            Brain death and organ transplantation            Euthanasia            Negligence and malpractice            Nosocomial infections</p>

Unit	Hours	Content
<b>XIX</b>	<b>5</b>	Quality assurance in neurological nursing practice Role of advance practitioner in neurological nursing Professional practice standards Quality control in neurologic nursing Nursing audit Neuro ICU <ul style="list-style-type: none"> <li>• Philosophy, aims and objectives</li> <li>• Policies, staffing pattern, design and physical plan of neuro ICU</li> <li>• Team approach, functions</li> <li>• Psychosocial aspects in relation to staff and clients of neuro ICU,</li> <li>• In-service education</li> </ul>

**Practical**

Total = 1050 Hours

1 Week = 30 Hours

S.No.	AREA OF POSTING	No. of Week	Total Hours
1	O.P.D.	2	60
2	Casualty	2	60
3	Diagnostics	2	60
4	Neuro psychiatry	1	30
5	Neuro Medical wards	4	120
6	Paediatric Neuro ward	2	60
7	Neuro surgical wards	4	120
8	Head Injury ward	4	120
9	ICU- neuro medicine	5	150
10	I.C.U.- neuro surgical	5	150
11	Rehabilitation	2	60
12	Operation Theatre	2	60
	<b>Total</b>	<b>35 Weeks</b>	<b>1050 Hours</b>

**ESSENTIAL NEURO NURSING SKILLS I.****Procedures Observed**

1. CT scan
2. MRI
3. PET
4. EEG
5. EMG
6. Sleep pattern studies/Therapy
7. Radiographical studies
8. Neuro surgeries
9. Nerve conduction studies
10. Ultrasound studies
11. Any other

**II. Procedures Assisted**

1. Advanced Cardiac life support
2. Lumbar Puncture
3. Biopsies – muscle, nerve and Brain
4. Arterial Blood Gas
5. ECG Recording

6. Blood transfusion
7. IV cannulation – open method
  
8. Endotracheal intubation
9. Ventilation
10. Tracheostomy
11. ICP monitoring
12. Gama Knife
13. Cereberal angiography
14. Myelography
15. Neuro surgeries

### III. Procedures Performed:

1. Airway management
  - a. Application of OroPharyngeal Airway
  - b. Care of Tracheostomy
  - c. Conduct Endotracheal Intubation
  - d. use of AMBU bag, artificial respirators
  - e. Setting of Ventilators and Care of patients on ventilators
2. Cardio Pulmonary Resuscitation -Defibrillation
3. Neurological assessment -Glasgow coma scale
4. Gastric Lavage
5. IV Cannulation
6. Administration of emergency IV Drugs, fluid
7. Care of patients with incontinence, bladder training  
Catheterization
8. Care of patients on traction related to the neurological conditions
9. Blood Administration.
10. Muscle strengthening exercises
11. Guidance and counseling
12. Monitoring – management and care of monitors.

### IV. Other Procedures:

#### Weightage for Internal Assessment: (common to all speciality)

<b>A Theory</b>	<b>Term Test: 30</b>
	<b>Assignment: 20</b>
<b>B Practical</b>	
<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

**CLINICAL SPECIALITY – II**

**MEDICAL SURGICAL NURSING- NEPHRO-UROLOGY NURSING**

Placement : II Year

Hour of Instruction  
Theory : 150 Hours  
Practical : 1050hrs Total :  
1200

## Course Description

This course is designed to assist students in developing expertise and in-depth understanding in the field of Nephro and urological Nursing. It will help students to develop advanced skills for nursing intervention in various nephro and urological conditions. It will enable the student to function as nephro and urology nurse practitioner/specialist and provide quality care. It will further enable the student to function as educator, manager, and researcher in the field of nephro and urology nursing

## Objectives

At the end of the course the students will be able to:

1. Appreciate trends and issues related to nephro and urological nursing
2. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of nephro and urological conditions
3. Perform physical, psychosocial & spiritual assessment
4. Assist in various diagnostic, therapeutic and surgical interventions
5. Provide comprehensive nursing care to patients with nephro and urological conditions
6. Describe the various drugs used in nephro and urological conditions and nurses responsibility
7. Demonstrate skill in handling various equipments/gadgets used for patients with nephro and urological conditions
8. Appreciate team work & coordinate activities related to patient care.
9. Practice infection control measures.
10. Identify emergencies and complications & take appropriate measures
11. Assist patients and their family to cope with emotional distress, grief, anxiety and spiritual needs
12. Discuss the legal and ethical issues in nephro and urological nursing
13. Identify the sources of stress and manage burnout syndrome among health care providers
14. Appreciate the role of alternative system of medicine in the care of patient
15. Incorporate evidence based nursing practice and identify the areas of research in the field of nephro and urological nursing
16. Teach and supervise nurses and allied health workers.
17. Design a layout of kidney transplant unit and dialysis unit
18. Develop standards of nephro urological nursing practice

## Course Content

Unit	Hours	Content
I	5	<p><b>Introduction</b></p> <p>Historical development: trends and issues in the field of nephro and urological nursing.</p> <p>nephro and urological problems</p> <p>Concepts, principles and nursing perspectives</p> <p>Ethical and legal issues</p> <p>Evidence based nursing and its application in nephro and urological nursing(to be incorporated in all the units)</p>
II	5	<p><b>Epidemiology</b></p> <p>Major health problems- urinary dysfunction, urinary tract infections, Glomerular disorders, obstructive disorders and other urinary disorders</p> <p>Risk factors associated with nephro and urological conditions</p> <p>conditions- Hereditary, Psychosocial factors, smoking, alcoholism, dietary habits, cultural and ethnic considerations</p> <p>Health promotion, disease prevention, life style modification and its implications to nursing</p> <p>Alternate system of medicine/complementary therapies</p>
III	5	<p><b>Review of anatomy and physiology of urinary system</b></p> <p>Embryology</p> <p>Structure and functions</p> <p>Renal circulation</p> <p>Physiology of urine formation</p> <p>Fluid and electrolyte balance</p> <p>Acid base balance</p> <p>Immunology specific to kidney</p>
IV	20	<p><b>Assessment and diagnostic measures</b></p> <p>History taking</p> <p>Physical assessment, psychosocial assessment</p> <p>Common assessment abnormalities-dysurea, frequency, enuresis, urgency, hesitancy, hematuria, pain, retention, burning on urination, pneumaturia, incontinence, nocturia, polyurea, anuria, oliguria,</p> <p>Diagnostic tests-urine studies, blood chemistry, radiological procedures-KUB, IVP,nephrotomogram, retrograde pyelogram, renal arteriogram, renal ultrasound, CT scan, MRI, cystogram, renal</p>

Unit	Hours	Content
		<p>scan, biopsy, endoscopy-cystoscopy, urodynamics studies- cystometrogram, urinary flow study, sphincter electromyography, voiding pressure flow study, videourodynamics, Whitaker study</p> <p>Interpretation of diagnostic measures</p> <p>Nurse's role in diagnostic tests</p>
V	5	<p>Renal immunopathy/Immunopathology General Concept of immunopathology Immune mechanism of glomerular vascular disease Role of mediator systems in glomerular vascular disease</p>
VI	15	<p>Urological Disorders and Nursing Management Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, medical, surgical and nursing management of Urinary tract infections- pyelonephritis, lower urinary Disorders for ureters, bladder and urethra Urinary tract infections- Urinary dysfunctions- urinary retention, urinary incontinence, urinary reflux, Bladder disorders- neoplasms, calculi, neurogenic bladder, trauma, congenital abnormalities Benign prostatic hypertrophy(BPH) Ureteral disorders: ureteritis, ureteral trauma, congenital anomalies of ureters Urethral disorders- tumours, trauma, congenital anomalies of ureters,</p>
VII	25	<p>Glomerular disorders and nursing management Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, medical, surgical and nursing management of Glomerular nephritis- chronic, acute, nephritic syndrome Acute Renal failure and chronic renal failure. Renal calculi Renal tumours-benign and malignant Renal trauma Renal abscess Diabetic nephropathy Vascular disorders Renal tuberculosis Polycystic Congenital disorders Hereditary renal disorders</p>

Unit	Hours	Content
VIII	10	Management of Renal emergencies Anuria Acute Renal failure Poisoning Trauma Urine retention Acute graft rejection Hematuria Nurse's role
IX	10	Drugs used in urinary disorders Classification Indications, contraindications, actions and effects, toxic effects Role of nurse
X	10	Dialysis Dialysis- Historical, types, Principles, goals <ul style="list-style-type: none"> <li>• Hemodialysis- vascular access sites- temporary and permanent</li> <li>• Peritoneal dialysis</li> </ul> Dialysis Procedures- steps, equipments, maintenance, Role of nurse- pre dialysis, intra and post dialysis Complications- Counseling patient education Records and reports
XI	10	Kidney transplantation Nursing management of a patient with Kidney transplantation Kidney transplantations- a historical review Immunology of graft rejections The recipient of a renal transplant Renal preservations Human Leucocytic Antigen(HLA) typing matching and cross matching in renal transplantation Surgical techniques of renal transplantations Chronic renal transplant rejection Complication after KTP: Vascular and lymphatic, Urological, cardiovascular, liver and neurological, infectious complication KTP in children and management of pediatric patient with KTP KTP in developing countries Results of KTP Work up of donor and recipient for renal transplant Psychological aspect of KTP and organ donations Ethics in transplants Cadaveric transplantation

Unit	Hours	Content
<b>XII</b>	<b>5</b>	Rehabilitation of patient with nephrological problems Risk factors and prevention Rehabilitation of patients on dialysis and after kidney transplant Rehabilitation of patients after urinary diversions Family and patient teaching
<b>XIII</b>	<b>10</b>	Pediatric urinary disorders Etiology, clinical manifestations, diagnosis, prognosis, children with Renal Diseases -UTI, ureteral reflux, glomerulo nephritis, nephrotic syndrome infantile nephrosis, cystic kidneys, familial factors in renal diseases in childhood, Haemolytic uraemic

Unit	Hours	Content
		syndrome. Benign recurrent haematuria, nephropathy, tumour
XIV	<b>5</b>	Critical care units- dialysis , KTP unit Philosophy, aims and objectives Policies, staffing pattern, design and physical plan of Dialysis and KTP units Team approach, functions Psychosocial aspects in relation to staff and clients of ICU, dialysis unit In-service education Ethical and legal issues
XV	<b>5</b>	Quality assurance in nephrological nursing practice Role of advance practioner in nephrological nursing Professional practice standards Quality control in nephrological nursing Nursing audit

## Practicals

Total = 1 050 Hours  
1 Week = 30 Hours

S. No.	Dept./ Unit	No. of Week	Total Hours
1	Nephrology Ward	6	180 Hours
2	Pediatrics	2	60 Hours
3	Critical Care Unit	3	90 Hours
4	Urology Ward	6	180 Hours
5	Dialysis Unit	5	150 Hours
6	Kidney Transplantation Unit	2	60 Hours
7	URO OT	3	90 Hours
8	Emergency Wards	2	60 Hours
9	Uro Nephro OPDs	4	120 Hours
10	Diagnostic Labs	2	60 Hours
	Total	35 Weeks	1050 Hours

### Procedures observed

#### I. Procedures Observed

1. CT Scan
2. MRI
3. Radiographic studies
4. Urodynamics
5. Hemodialysis
6. Renal Surgeries

#### II. Procedures Assisted

1. Blood transfusion
2. IV cannulation therapy
3. Arterial Catheterization
4. Insertion of central line/cvp line
5. Connecting lines for dialysis
6. Peritoneal dialysis
7. Renal biopsy
8. Endoscopies- Bladder, urethra

### III. Procedure Performed

1. Health assessment
2. Insertion of urethral and supra pubic catheters
3. Urine analysis
4. Catheterisation
5. Peritoneal dialysis
6. Bladder irrigation
7. Care of ostomies
8. Care of urinary drainage
9. Bladder training
10. Care of vascular access
11. Setting up dialysis machine and starting, monitoring and closing dialysis
12. Procedures for prevention of infections:
13. Hand washing, disinfection & sterilization surveillance, and fumigation universal precautions.
14. Collection of specimen.
15. Administration of drugs: IM, IV injection, IV cannulation & fixation of infusion pump, calculation of dosages, blood administration. monitoring -fluid therapy, electrolyte imbalance,
16. Nutritional needs , diet therapy & patient education.
17. Counseling

### IV. OTHER PROCEDURES:

#### Weightage for Internal Assessment: (common to all speciality)

**A Theory** **Term Test: 30**  
**Assignment: 20**

**B Practical**

<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

## CLINICAL SPECIALITY – II

### MEDICAL SURGICAL NURSING -ORTHOPEDIC NURSING

Placement :II Year

Hours of Instruction  
Theory : 150 Hours  
Practical : 1050hrs  
Total : 1200 Hours

#### Course Description

This course is designed to assist students in developing expertise and in- depth understanding in the field of orthopedic nursing. It will help students to develop advanced skills for nursing intervention in various orthopedic conditions. It will enable the student to function as orthopedic nurse practitioner/specialist providing quality care. It will further enable the student to function as educator, manager, and researcher in the field of orthopedic nursing.

#### Objectives

At the end of the course the students will be able to:

1. Appreciate the history and developments in the field of orthopedic nursing
2. Identify the psycho-social needs of the patient while providing holistic care.
3. Perform physical and psychological assessment of patients with orthopedic conditions and disabilities.
4. Describe various disease conditions and their management
5. Discuss various diagnostic tests required in orthopedic conditions
6. Apply nursing process in providing care to patients with orthopedic conditions and those requiring rehabilitation.
7. Recognize and manage orthopedic emergencies.
8. Describe recent technologies and treatment modalities in the management of patients with orthopedic conditions and those requiring rehabilitation.
9. Integrate the concept of family centered, long term care and community based rehabilitation to patients with orthopedic conditions.
10. Counsel the patients and their families with orthopedic conditions
11. Describe various orthodontic and prosthetic appliances
12. Appreciate the legal and ethical issues pertaining to patients with orthopedic conditions and those requiring rehabilitation.
13. Appreciate the role of alternative system of medicine in care of patients with orthopedic conditions





Unit	Hours	Content
		<p>Head injury</p> <p>Chest injury</p> <ul style="list-style-type: none"> <li>•Polytrauma</li> <li>•Nerve injuries</li> <li>•Vascular injuries</li> <li>•Soft tissue injuries</li> <li>•Sports injuries</li> <li>•Amputation</li> </ul>
V	8	<p><b>Infections of Bones and Joint</b> Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis, management, medical surgical and nursing management of :</p> <ul style="list-style-type: none"> <li>•Tuberculosis</li> <li>•Osteomyelitis</li> <li>•Arthritis</li> <li>•Leprosy</li> </ul>
VI	5	<p><b>Bone Tumours</b></p> <p>Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis, management, medical surgical and nursing management of:</p> <ul style="list-style-type: none"> <li>•Bone tumors – Benign, Malignant and metastatic</li> <li>•Different types of therapies for tumors</li> </ul>
VII	10	<p><b>Deformities</b></p> <p>Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis – medical surgical and nursing management of: Scoliosis, Kyphosis, Lordosis</p> <p>Congenital disorders: Congenital dislocation of hip (CDH), Dislocation of patella, knee, Varus and valgus deformities,</p> <p>Deformities of digits, Congenital torticollis. Meningocele, meningomyelocele, spina bifida,</p> <p>Chromosomal disorders.</p> <p>Computer related deformities</p>
VIII	5	<p><b>Disorders of the spine</b></p> <p>Intervertebral disc prolapse, Fracture of the spine</p> <p>Low back disorder – Low back pain, PND, spinal stenosis, Spondylosis</p>

Unit	Hours	Content
IX	5	<p><b>Nutritional/Metabolic and Endocrine Disorders</b>  Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis, medical surgical and nursing management of:</p> <ul style="list-style-type: none"> <li>•Rickets,</li> <li>•Scurvy,</li> <li>•Hyper vitaminosis A and D,</li> <li>•Osteomalacia,</li> <li>•Osteoporosis</li> <li>•Paget’s disease,</li> <li>•gout,</li> <li>•Gigantism,</li> <li>•Dwarfism,</li> <li>•Acromegaly.</li> <li>•Therapeutic diets for various orthopedic disorders</li> </ul>
X	8	<p><b>Neuro-Muscular Disorders:</b>  Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis medical surgical and nursing management of:</p> <ul style="list-style-type: none"> <li>•Poliomyelitis, Cerebral Palsy</li> <li>•Myasthenia gravis</li> <li>•Spina bifida.</li> <li>•Peripheral nerve lesion,</li> <li>•Paraplegia, Hemiplegia, Quadriplegia.</li> <li>• Muscular dystrophy</li> </ul>
XI	8	<p><b>Chronic/Degenerative Diseases of Joints and Autoimmune Disorders:</b>  Causes, pathophysiology, clinical types, clinical features, diagnosis, prognosis – medical surgical and nursing management of:</p> <ul style="list-style-type: none"> <li>•Osteo Arthritis</li> <li>•Rheumatoid Arthritis</li> <li>•Ankylosing spondylitis.</li> <li>•Spinal disorders.</li> <li>•Systemic Lupus Erythematosus</li> </ul>
XII	5	<p><b>Orthopedic Disorders in Children:</b>  General and special consideration on pediatric orthopedics  Genetic disorders  Congenital anomalies  Growth disorders  Genetic counseling  Nurses role in genetic counseling</p>
XIII	5	<p><b>Geriatric Problems</b>  Geriatric population, types of disabilities, causes, treatment and Management – Hospitalization, rest, physiotherapy, involvement of family members, social opportunities.  Care at home – involvement of family and community, follow up care and rehabilitation</p>

Unit	Hours	Content
XIV	6	<p><b>Pharmacokinetics</b></p> <ul style="list-style-type: none"> <li>Principles of drug administration</li> <li>Analgesics and anti inflammatory agents</li> <li>Antibiotics, Antiseptics,</li> <li>Drugs used in orthopedics and neuromuscular disorders</li> <li>Blood and blood components</li> <li>Care of drugs and nurses role</li> </ul>
XV	30	<p><b>Nurses Role in Orthopedic Conditions</b></p> <ul style="list-style-type: none"> <li>Gait analysis</li> <li>Urodynamic studies</li> <li>Prevention of physical deformities</li> <li>Alteration of body temperature regulatory system and immune systems</li> <li>Immobilization – cast, splints, braces and tractions</li> <li>Prevention and care of problems related to immobility</li> <li>Altered sleep patterns</li> <li>Impaired communication</li> <li>Self care and activities of daily living</li> <li>Bladder and bowel rehabilitation</li> <li>Sensory function rehabilitation</li> <li>Psychological reaction related to disabilities and disorders.</li> <li>Coping of individual and family with disabilities and disorders</li> <li>Maintaining sexuality</li> <li>Spirituality – A rehabilitative prospective</li> </ul> <p><b>Orthopedic Reconstructive Surgeries</b></p> <ul style="list-style-type: none"> <li>Replacement surgeries – Hip, Knee, Shoulder</li> <li>Spine surgeries</li> <li>Grafts and flaps surgery</li> <li>Deformity correction.</li> </ul> <p><b>Physiotherapy</b></p> <ul style="list-style-type: none"> <li>Concepts, Principles, purpose,</li> <li>•Mobilization – Exercises: types, re-education in walking: Crutch walking, wheel chair, Transfer techniques,</li> <li>•Types of gaits: Non-weight bearing, partial weight bearing, four point crutch, tripod, walking with sticks, calipers</li> <li>•Forms of therapies: Hydrotherapy, electrotherapy, wax bath, heat therapy, ice, helio therapy, radiant heat,</li> <li>•Chest physiotherapy</li> </ul>

Unit	Hours	Content
XVI	8	<p><b>Rehabilitation</b></p> <p>Principles of rehabilitation, definition, philosophy, process,            Various types of therapies            Special therapies and alternative therapies            Rehabilitation counseling            Preventive and restorative measures.            Community based rehabilitation (CBR)            Challenges in rehabilitation.            Role of the nurse in rehabilitation,            Legal and ethical issues in rehabilitation nursing            Occupational therapy</p>
XVII	5	<p><b>National Policies and Programmes</b></p> <p>National programmes for rehabilitation of persons with disability - National Institutes, artificial limbs manufacturing Corporation,            District Rehabilitation Centers and their schemes            Regional rehabilitation centers etc            Public policy in rehabilitation nursing            The persons with disabilities act 1995,            Mental rehabilitation and Multiple disabilities act 1992,            The National Trust Rules 1999 and 2000            Rehabilitation Council of India            Legal and ethical aspects in orthopedic nursing            Rehabilitation health team and different categories of team members.</p>
XVIII	4	<p><b>Quality assurance</b></p> <p>Standards, Protocols, Policies, Procedures            Nursing audit            Staffing            Design of orthopedic, physiotherapy and rehabilitation unit</p>

#### Practicals

1. Clinical practice in Orthopedic, physiotherapy and Rehabilitation Units.
2. Application of tractions and plaster casts and removal of tractions and plaster casts and other appliances.
3. Apply Theories and Nursing Process in the management of patients with orthopedic conditions.
4. Provide various types of physical and rehabilitative therapies
5. Provide health education on related disease conditions.
6. Unit management and plan - designing

## Clinical Experience

Total = 1050 Hours  
1 Week = 30 Hours

S. No.	Dept./Unit	No. of Week	Total Hours
1	Orthopedic Ward	8	240 Hours
2	Orthopedic Operation theater	5	150 Hours
3	Neurosurgical Ward	3	90 Hours
4	Orthopedic O.P.D.	4	120 Hours
5	Casualty/Emergency and Trauma	5	150 Hours
6	Rehabilitation Units	2	60 Hours
7	Physiotherapy Unit	4	120 Hours
8	Paediatric /paediatric surgery unit	2	60 Hours
9	Field Visit	2	60 Hours
	Total	35 Weeks	1050 Hours

### Procedures Observed

1. X Ray
2. Ultrasound
3. MRI
4. C T Scan/bone scan
5. Arthroscopy
6. Electrothermally – assisted capsule shift or ETAC (Thermal capsulorrhaphy)
7. Fluroscopy
8. Electromyography
9. Myelography
10. Discography
11. Others

### Procedures Assisted

1. Blood Transfusion
2. IV cannulation and therapy
3. Ventilation
4. Various types of tractions
5. Orthopedic surgeries – Arthrocentesis, Arthroscopy, Bone lengthening, Arthrodesis, grafting, Fractures fixation, reconstructive, reimplantation, replantation, spinal decompression, transplantation of bone, muscle or articular cartilage, autografting, allografting.
6. Injection – Intra articular, intra osseous.
7. Advance Life Support



**CLINICAL SPECIALITY - II**

**MEDICAL SURGICAL NURSING - GASTRO ENTEROLOGY NURSING**

### **Course Description**

This course is designed to assist students in developing expertise and in-depth understanding in the field of gastro enterology Nursing. It will help students to develop advanced skills for nursing intervention in various gastro enterology conditions. It will enable the student to function as gastro enterology nurse practitioner/specialist and provide quality care. It will further enable the student to function as educator, manager, and researcher in the field of gastro enterology nursing

### **Objectives**

At the end of the course the students will be able to

1. Appreciate trends and issues related to gastro enterology nursing
2. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of gastrointestinal conditions
3. Participate in national health programs for health promotion, prevention and rehabilitation of patients with gastrointestinal conditions
4. Perform physical, psychosocial & spiritual assessment
5. Assist in various diagnostic, therapeutic and surgical procedures
6. Provide comprehensive care to patients with gastrointestinal conditions
7. Describe the various drugs used in gastrointestinal conditions and nurses responsibility
8. Demonstrate skill in handling various equipments/gadgets used for patients with gastrointestinal conditions
9. Appreciate team work & coordinate activities related to patient care.
10. Practice infection control measures.
11. Identify emergencies and complications & take appropriate measures
12. Assist patients and their family to cope with emotional distress, grief, anxiety and spiritual needs
13. Discuss the legal and ethical issues in GE nursing
14. Identify the sources of stress and manage burnout syndrome among health care providers
15. Appreciate the role of alternative system of medicine in care of patient
16. Incorporate evidence based nursing practice and identify the areas of research in the field of gastrointestinal nursing
17. Teach and supervise nurses and allied health workers.
18. Design a layout of Gastro enterology intensive care unit (GEICU) , liver care/transplant unit

## Course Content

Unit	Hours	Content
I	5	<p><b>Introduction</b></p> <p>Historical development: trends and issues in the field of gastro enterology.            Gastro numerological problems            Concepts, principles and nursing perspectives            Ethical and legal issues            Evidence based nursing and its application in gastrointestinal nursing(to be incorporated in all the units)</p>
II	5	<p><b>Epidemiology</b></p> <p>Risk factors associated with GE conditions-Hereditary, Psychosocial factors, smoking, alcoholism, dietary habits, cultural and ethnic considerations            Health promotion, disease prevention, life style modification and its implications to nursing            National health programmes related to gastro enterology            Alternate system of medicine/complementary therapies</p>
III	5	<p><b>Review of anatomy and physiology of gastrointestinal system</b></p> <p>Gastrointestinal system            Liver, biliary and pancreas            Gerontological considerations            Embryology of GI system            Immunology specific to GI system</p>
IV	15	<p><b>Assessment and diagnostic measures</b></p> <p>History taking            Physical assessment, psychosocial assessment            Diagnostic tests</p> <ul style="list-style-type: none"> <li>•Radiological studies:Upper GIT- barium swallow, lower GIT- Barrium enema,</li> <li>•Ultra sound:</li> <li>•Computed tomography</li> <li>•MRI</li> <li>•Cholangiography: Percutaneous transheptic Cholangiogram(PTC)</li> <li>•Magnetic Resonance Cholangio pancreotography (MRCP)</li> <li>•Nuclear imaging scans(scintigraphy)</li> <li>•Endoscopy</li> </ul>

Unit	Hours	Content
		<ul style="list-style-type: none"> <li>•Colonoscopy</li> <li>•Proctosigmoidoscopy</li> <li>•Endoscopic Retrograde Cholangio pancreatography (ERCP)</li> <li>•Endoscopic ultrasound</li> <li>•Peritonoscopy(Laproscopy)</li> <li>•Gastric emptying studies</li> <li>•Blood chemistries: Serum amylase, serum lipase</li> <li>•Liver biopsy</li> <li>•Miscellaneous tests:Gastric analysis, fecal analysis</li> <li>•Liver function tests: Bile formation and excretion, dye excretion test, Protein metabolism, haemostatic functions- prothrombin vitamin K production, serum enzyme tests,Lipid metabolism- serum cholesterol</li> </ul> <p>Interpretation of diagnostic measures</p> <p>Nurse's role in diagnostic tests</p>

V	25	<p><b>Gastro intestinal disorders and nursing management</b></p> <p>Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, medical , surgical and nursing management of</p> <ul style="list-style-type: none"> <li>• Disorders of the mouth: Dental caries, Peridontal disease, Acute tooth infection, Stomatitis, Thrush (moniliasis), Gingivitis, Leukoplakia, Inflammation of the parotid gland, Obstruction to the flow of saliva, Fracture of the jaw</li> <li>• Disorders of the oesophagus: Reflux oesophagitis, Oesophageal achalasia, Oesophageal varices, Hiatus hernia, Diverticulum</li> <li>• Disorders of the stomach and duodenum: Gastritis, Peptic ulcer, Dumping of the stomach, Food poisoning, idiopathic gastroparesis, Aerophagia and belching syndrome, Ideopathic cyclic nausea and vomiting, Rumination syndrome, Functional dyspepsia, Chronic Non specific (functional) abdominal pain</li> <li>• Disorders of the small intestine <ul style="list-style-type: none"> <li>– Malabsorption syndrome – tropical sprue</li> <li>– Gluten – sensitive enteropathy (Coeliac disease) <ul style="list-style-type: none"> <li>– Inflammatory diseases of intestines and abdomen,; appendicitis,</li> <li>– Chronic inflammatory bowel disease, Ulcerative colites, crohn’s disease</li> <li>– Infestations and infections – Worm infestations, Typhoid, Leptospirosis</li> </ul> </li> <li>– Solitary rectal ulcer syndrome <ul style="list-style-type: none"> <li>– Alteration in bowel elimination (diarrhoea, constipation, fecal impaction, fecal incontinence, Irritable bowel syndrome, Chronic</li> </ul> </li> </ul> </li> </ul> <p>Anorectal Conditions: Hemorrhoids, Anal fissure, Anal fistula, Abscess, Strictures, Rectal prolapse, Pruritis ani, Perianal disease, Anal condylomas, Warts</p>
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Unit	Hours	Content
VI	15	<p><b>Disorder of liver, pancreas gall bladder and nursing management</b></p> <p>Disorders of liver biliary tract :</p> <p>Viral Hepatitis – A, B, C, D &amp; E</p> <p>Toxic hepatitis</p> <ul style="list-style-type: none"> <li>•Cirrhosis of liver, liver failure, Liver transplantation</li> <li>•Non cirrhotic portal fibrosis</li> <li>•Liver abscess,;</li> <li>•Parasitic and other cysts of the liver</li> <li>•Disorders of the Gall Bladder and Bile Duct:</li> </ul> <p>Cholecystitis</p> <p>Cholelithiasis</p> <p>Choledocholithiasis</p> <p>Disorders of the pancreas: Pancreatitis,</p> <p>Benign tumors of islet cells</p> <p>Disorders of the Peritoneum</p> <ul style="list-style-type: none"> <li>•Infections of the peritoneum</li> </ul> <p>Surgical peritonitis</p> <p>Spontaneous bacterial peritonitis</p> <p>Tuberculosis peritonitis</p> <p>Disorders of the Diaphragm</p> <ul style="list-style-type: none"> <li>•Diaphragmatic hernia</li> <li>•Congenital hernias</li> <li>•Paralysis of diaphragm</li> <li>•Tumors of the diaphragm</li> </ul> <p>Hiccups</p>
VII	15	<p><b>Gastro intestinal emergencies and nursing interventions</b></p> <p>Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, medical , surgical and nursing management of:</p> <ul style="list-style-type: none"> <li>•Esophageal varices,</li> <li>•Ulcer perforation,</li> <li>•Acute cholecystitis</li> <li>•Diverticulitis</li> <li>•Fulminant hepatic failure</li> <li>•Biliary obstruction</li> <li>•Bowel obstruction</li> <li>•Gastroenteritis</li> <li>•Intussusception</li> <li>•Acute intestinal obstruction, perforation</li> <li>•Acute pancreatitis</li> <li>•Cirrhosis of liver complications</li> <li>•Liver , spleen, stomach pancreatic, mesenteric, bowel and greater vessel injuries</li> <li>•Acute appendicitis /peritonitis</li> <li>•Acute abdomen</li> <li>•Food poisoning</li> </ul>

VIII	15	<p>Congenital Anomalies of Esophagus</p> <ul style="list-style-type: none"> <li>•Esophageal atresia</li> <li>•Tracheo esophageal fistula</li> </ul>
		<ul style="list-style-type: none"> <li>•Esophageal stenosis</li> <li>sophageal duplications</li> <li>•Dysphagia – Lusoria – aberrant right subclavian artery compressing esophagus</li> <li>•Esophageal rings – schalzkiring</li> <li>•Esophageal webs</li> </ul> <p>Congenital Anomalies of Stomach</p> <ul style="list-style-type: none"> <li>•Gastric atresia</li> <li>•Micro gastria</li> <li>•Gastric diverticulum</li> <li>•Gastric duplication</li> <li>•Gastric teratoma</li> <li>•Gastric volvulus</li> <li>•Infantile hypertrophic pyloric stenosis</li> <li>•Adult hypertrophic pyloric stenosis</li> </ul> <p>Congenital Anomalies of Duodenal</p> <ul style="list-style-type: none"> <li>•Duodenal Atresia or stenosis</li> <li>•Annular pancreas</li> <li>•Duodenal duplication cysts</li> <li>•Malrotation and mid gut volvulus</li> </ul> <p>Developmental anomalies of the intestine:</p> <ul style="list-style-type: none"> <li>•Abdominal wall defects (omphalocele and Gastroschisis)</li> <li>•Meckel’s diverticulum</li> <li>•Intestinal atresia</li> </ul> <p>Hirschsprung’s disease</p>

IX	15	<p><b>Pharmo Kinetics</b></p> <p>Drugs used in GIT  Principles of administration  Roles responsibilities of nurses  Drugs in Peptic ulcer disease  Proton Pump inhibitors  H2 Receptor Antagonists  Cytoprotective Agents:  Drugs used in Diarrhea  Drugs used in constipation  Drugs used in Inflammatory Bowel Disease  Aminosalicylates  Corticosteroids  Immunomodulators  chemotherapy  Antibiotics  Antiemetics:  Anticholinergics  Antihistaminics  Antihelminthics  Vitamin Supplements</p>
X	10	<p><b>Nutrition and nutritional problems related to GI system</b></p> <p>Nutritional assessment and nursing interventions  Therapeutic diets  Malnutrition- etiology , clinical manifestations and management  Tube feeding, parenteral nutrition, total parenteral nutrition  Obesity- etiology, clinical manifestations and management  Eating disorders- anorexia nervosa, bulimia  Recent advances in nutrition</p>
XI	15	<p><b>Malignant disorders of gastro intestinal system</b></p> <p>Etiology, clinical manifestations, diagnosis, prognosis, related pathophysiology, medical , surgical, other modalities and nursing management of:</p> <ul style="list-style-type: none"> <li>• Malignancy of oral cavity ,Lip,Tongue,buccal</li> <li>• Esophageal , Gastric , Carcinoma of bowel -  Small bowel, Colorectal and Anal carcinoma,</li> <li>• Liver, biliary tract and Pancreatic carcinoma</li> </ul>
XII	5	<p><b>Administration and management of GE unit</b></p> <p>Design &amp; layout  Staffing,  Equipment, supplies,  Infection control; Standard safety measures  Quality Assurance:-Nursing audit –records /reports, Norms, policies and protocols  Practice standards</p>

XIII	5	<b>Education and training in GE care</b> Staff orientation, training and development, In-service education program, <ul style="list-style-type: none"><li>• Clinical teaching programs</li></ul>
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## Practicals

Total = 1050 Hours  
1 Week = 30 Hours

S.No.	Dept./Unit	No. of Week	Total Hours
1	Diagnostic labs	2	60 Hours
2	Emergency and casualty	3	90 Hours
3	Liver transplant unit	1	30 Hours
4	GE Medical Ward	6	180 Hours
5	GE Surgical Ward	8	240 Hours
6	OT	3	90 Hours
7	ICU	5	150 Hours
8	Pediatric gastroenterology	2	60 Hours
9	Oncology	3	90 Hours
10	GE OPD	2	60 Hours
	Total	35 Weeks	1050 Hours

### Procedures Assisted

1. Endoscopy room – Upper G.I. Endoscopy (Diagnostic and therapeutic).
2. Sigmoidoscopy
3. Colonoscopy
4. Polypectomy
5. Endoscopic retrograde cholangio pancreatography (ERCP)
6. Liver biopsy
7. Percutaneous catheter drainage (PCD) of Pseudocyst pancreas
8. Abdominal paracentesis
9. Percutaneous aspiration of liver abscess
10. GE Lab : PT, HbsAg, Markers – A, B, C virus, CBP, ESR, Stool Test

### Procedures Performed

1. History and Physical assessment
2. RT intubation / extubation / aspiration/suction
3. Gastric lavage and gavage
4. Bowel wash
5. Therapeutic Diets
6. Ostomy feeding
7. Stoma care
8. Monitoring vital parameters
9. Plan of inservice education programme for nursing staff and Class-IV employees
10. Counseling

**Weightage for Internal Assessment: (common to all speciality)**

**A Theory**                      **Term Test: 30**  
**Assignment: 20**

**B Practical**

<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

CLINICAL SPECIALTY –II  
PEDIATRIC (CHILD HEALTH) NURSING

Placement : II Year

Hours of Instruction

Theory 150 hours

Practical 1050hours

Total : 1200 hours

**Course Description**

This course is designed to assist students in developing expertise and in- depth understanding in the field of Pediatric Nursing. It will help students to develop advanced skills for nursing intervention in various pediatric medical and surgical conditions. It will enable the student to function as pediatric nurse practitioner/specialist. It will further enable the student to function as educator, manager, and researcher in the field of Paediatric nursing

**Objectives**

At the end of the course the students will be able to:

1. Apply the nursing process in the care of ill infants to pre adolescents in hospital and community
2. Demonstrate advanced skills/competence in nursing management of children with medical and surgical problems
3. Recognize and manage emergencies in children
4. Provide nursing care to critically ill children
5. Utilize the recent technology and various treatment modalities in the management of high risk children
6. Prepare a design for layout and describe standards for management of pediatric units/hospitals
7. Identify areas of research in the field of pediatric nursing

## Course Content

Unit	Hours	Content
I	5	<p>Introduction</p> <p>Current principles, practices and trends in Pediatric Nursing</p> <p>Role of pediatric nurse in various settings -Expanded and extended</p>
II	35	<p>Pathophysiology, assessment(including interpretation of various invasive and non-invasive diagnostic procedures), treatment modalities and nursing intervention in selected pediatric medical disorders</p> <ul style="list-style-type: none"> <li>• Child with respiratory disorders: <ul style="list-style-type: none"> <li>- Upper respiratory tract: choanal atresia, tonsillitis, epistaxis, aspiration.</li> <li>- Lower respiratory tract: Broncheolitis, Bronchopneumonia, Asthma, cystic fibrosis</li> </ul> </li> <li>• Child with gastro-intestinal disorders: <ul style="list-style-type: none"> <li>- Diarrheal diseases, gastro-esophageal reflux.</li> <li>- Hepatic disorders: Hepatitis, Indian childhood cirrhosis, liver transplantation.</li> <li>- Malabsorption syndrome, Malnutrition</li> </ul> </li> <li>• Child with renal/ urinary tract disorders: Nephrotic syndrome, Nephritis, Hydronephrosis, hemolytic-uremic syndrome, kidney transplantation</li> <li>• Child with cardio-vascular disorders: <ul style="list-style-type: none"> <li>- Acquired: Rheumatic fever, Rheumatic heart disease,</li> <li>- Congenital: Cyanotic and acyanotic</li> </ul> </li> <li>• Child with endocrine/metabolic disorders: Diabetes insipidus, Diabetes Mellitus – IDDM, NIDDM, hyper and hypo thyroidism, phenylketonuria, galactosemia</li> <li>• Child with Neurological disorders: Convulsions, Meningitis, encephalitis, guillian- Barre syndrome</li> <li>• Child with oncological disorders: Leukemias, Lymphomas, Wilms' tumor, nephroblastomas, neuroblastomas, Rhabdomyosarcoma, retinoblastoma, hepatoblastoma, bone tumors</li> <li>• Child with blood disorders: Anemias, thalassemias, hemophilia, polycythemia, thrombocytopenia, and disseminated intravascular coagulation</li> <li>• Child with skin disorders</li> <li>• Common Eye and ENT</li> </ul>

Unit	Hours	Content
III	35	<p>Assessment(including interpretation of various invasive and non-invasive diagnostic procedures), treatment modalities including cosmetic surgery and nursing interventions in selected pediatric surgical problems/ Disorders</p> <ul style="list-style-type: none"> <li>• Gastrointestinal system: Cleft lip, cleft palate and conditions requiring plastic surgery, Tracheo esophageal fistula/atresia, Hirschsprungs' disease/megacolon, malrotation, intestinal obstruction, duodenal atresia,</li> </ul>
		<p>gastrochisis, exomphalus, anorectal malformation, omphalocele, diaphragmatic hernia</p> <ul style="list-style-type: none"> <li>• Anomalies of the nervous system: Spina bifida, Meningocele, Myelomeningocele, hydrocephalus</li> <li>• Anomalies of the genito-urinary system: Hypospadias, Epispadias, Undescended testes, Exstrophy bladder</li> <li>• Anomalies of the skeletal system</li> <li>• Eye and ENT disorders</li> </ul> <p>Nursing management of the child with traumatic injuries: General principles of managing Pediatric trauma</p> <ul style="list-style-type: none"> <li>- Head injury, abdominal injury, poisoning, foreign body obstruction, burns</li> <li>- &amp; Bites</li> <li>• Child with oncological disorders: Solid tumors of childhood, Nephroblastoma, Neuro blastoma, Hodgkin's/Non Hodgkin's Lymphoma, Hepatoblastoma, Rhabdomyosarcoma</li> <li>• Management of stomas, catheters and tubes</li> <li>• Management of wounds and drainages</li> </ul>
IV	10	<p>Intensive care for pediatric clients  Resuscitation, stabilization &amp; monitoring of pediatric patients  Anatomical &amp; physiological basis of critical illness in infancy and childhood  Care of child requiring long-term ventilation  Nutritional needs of critically ill child  Legal and ethical issues in pediatric intensive care  Intensive care procedures, equipment and techniques  Documentation</p>

Unit	Hours	Content
V	20	<p>High Risk Newborn</p> <p>Concept, goals, assessment, principles.</p> <p>Nursing management of</p> <ul style="list-style-type: none"> <li>• Post-mature infant, and baby of diabetic and substance use mothers.</li> <li>• Respiratory conditions, Asphyxia neonatorum, neonatal apnoea meconium aspiration syndrome, pneumo thorax, pneumo mediastinum</li> <li>• Icterus neonatorum.</li> <li>• Birth injuries.</li> <li>• Hypoxic ischaemic encephelopathy</li> <li>• Congenital anomalies.</li> <li>• Neonatal seizures.</li> <li>• Neonatal hypocalcaemia, hypoglycemia, hypomagnesaemia.</li> <li>• Neonatal heart diseases.</li> <li>• Neonatal hemolytic diseases</li> <li>• Neonatal infections, neonatal sepsis, ophthalmia neonatorum, congenital syphilis, HIV/AIDS</li> <li>• Advanced neonatal procedures.</li> <li>• Calculation of fluid requirements.</li> <li>• Hematological conditions – erythroblastosis</li> <li>• Organization of neonatal care, services(Levels), transport, neonatal intensive care unit, organization and management of nursing services in NICU</li> </ul>
VI	10	<p>Developmental disturbances and implications for nursing</p> <p>Adjustment reaction to school,</p> <p>Learning disabilities</p> <p>Habit disorders, speech disorders,</p> <p>Conduct disorders,</p> <p>Early infantile autism, Attention deficit hyperactive disorders (ADHD), depression and childhood schizophrenia.</p>
VII	10	<p>Challenged child and implications for nursing</p> <p>Physically challenged, causes, features, early detection &amp; management</p> <p>Cerebral palsied child,</p> <p>Mentally challenged child.</p> <p>Training &amp; rehabilitation of challenged children</p>
VIII	5	<p>Crisis and nursing intervention</p> <p>The hospitalized child,</p> <p>Terminal illness &amp; death during childhood</p> <p>Nursing intervention-counseling</p>

Unit	Hours	Content
IX	5	Drugs used in Pediatrics Criteria for dose calculation Administration of drugs, oxygen and blood Drug interactions Adverse effects and their management
X	10	Administration and management of pediatric care unit Design & layout Staffing, Equipment, supplies, Norms, policies and protocols Practice standards for pediatric care unit Documentation
XI	5	Education and training in Pediatric care Staff orientation, training and development, In-service education program, Clinical teaching programs.

#### Practical

Total = 1050 Hours  
1 Week = 30 Hours

- Field visits:

S. No.	Dept./ Unit	No. of Week	Total Hours
1	Pediatric medicine ICU	5	150 Hours
2	Pediatric surgical ICU	5	150 Hours
3	NICU	4	120 Hours
4	Pediatric OT	2	60 Hours
5	Pediatric medicine ward	6	180 Hours
6	Pediatric surgery ward	6	180 Hours
7	Emergency/Casualty	5	150 Hours
8	Field visits*	2	60 Hours
	Total	35Weeks	1050 Hours

\*Child care center, Anganwadi, play school, Special schools for challenged children, Juvenile court, UNICEF, Orphanage, Creche, SOS village

## Essential

### I. Procedures Observed:

- Echo cardiogram
- Ultrasound head
- ROP screening (Retinopathy of prematurity)
- Any other

### II. Procedures Assisted

- Advanced neonatal life support
- Lumbar Puncture
- Arterial Blood Gas
- ECG Recording
- Umbilical catheterization – arterial and venous
- Arterial B P monitoring
- Blood transfusion- exchange transfusion full and partial
- IV cannulation & therapy
- Arterial catheterization
- Chest tube insertion
- Endotracheal intubation
- Ventilation
- Insertion of long line
- Assist in surgery

### III. Procedures Performed:

- Airway Management
  - Application of Oro Pharyngeal Airway
  - Oxygen therapy
  - CPAP(Continuous Positive Airway Pressure)
  - Care of Tracheostomy
  - Endotracheal Intubation
- Neonatal Resuscitation
- Monitoring of Neonates – clinically & with monitors, CRT(Capillary Refill Time), assessment of jaundice, ECG
- Gastric Lavage
- Setting of Ventilators
- Phototherapy
- Assessment of Neonates: Identification & assessment of risk factors, APGAR Score, gestation age, Anthropometric assessment, Weighing the baby, Newborn examination, detection of life threatening congenital abnormalities,
- Admission & discharge of neonates
- Feeding - management of breast feeding, artificial
- Thermoregulation- Axillary temperature, Kangaroo Mother Care (KMC), Use
- Administration of Drugs: I/M, IV injection, IV Cannulation & fixation infusion pump, Calculation of dosages, Neonatal formulation of drugs, use of tuberculin/ insulin s
- Procedures for prevention of infections: Hand v
- Collection of specimens

- Setting, Use & maintenance of basic equipment: Ventilator, O2 analyzer, monitoring equipment, Photo therapy unit, Flux meter, Infusion pump, Radiant warmer, incubator, Centrifuge machine, Bilimeter, Refractometer, laminar flow

IV. Other Procedures:

**Weightage for Internal Assessment: (common to all speciality)**

**A Theory** **Term Test: 30**  
**Assignment: 20**

**B Practical**

<b>Practical Examination</b>	<b>: 50</b>
<b>Clinical Evaluation</b>	<b>: 20</b>
<b>Project</b>	<b>: 10</b>
<b>Case study</b>	<b>: 10</b>
<b>Field/ Observational visit</b>	<b>: 10</b>

**Pediatric Nursing**

**Recommended Books:**

- 1.) Kyle – Essentials of Pediatric Nursing,2009,LWW
- 2.) Marlow – Textbook of Pediatric Nursing,1996,Elsevier
- 3.) Hockenberry – Essentials of Pediatric Nursing,2008,Elsevier
- 4.) Potts – Pediatric Nursing ,2007,Thomson Learning
- 5.) Bowden – Pediatric Nursing Procedure ,2009,LWW

**Reference Books:**

- 1.) Hockenberry – Wong’s Nursing Care of the Infants & Children,2007,Elsevier
- 2.) Hatfield – Broadribb’s Introductory Pediatric Nursing,2007,LWW
- 3.) Lakshmana’s – Clinical Pediatrics,Lakshmana Publications
- 4.) Bowden – Children and Their Families ,2010,LWW
- 5.) Nelson – Textbook of Pediatrics, 2007, Elsevier.
- 6.) Ghai – Essentials of Pediatrics ,2009,CBS
- 7.) Avery’s Neonatology ,2006,LWW
- 8.) Fleisher – Pediatric emergency Medicine,2006,
- 9.) Achar’s Textbook of Pediatrics ,2009,Orient Black Swan



## CLINICAL SPECIALITY – II

### OBSTETRIC AND GYNAECOLOGICAL NURSING

Placement - II Year

Theory : 150 Hrs.

Practical : 1050 Hrs.

Total : 1200 Hrs.

#### **Course Description**

This course is designed to assist the student in developing expertise and in- depth understanding in the field of Obstetric and gynecological Nursing .It will help the student to develop advanced nursing skills for nursing interventions in various obstetrical and gynecological conditions. It will further enable the students to function as midwifery nurse practitioner/ specialist, educator, manager and researcher in the field of obstetric and gynecological nursing.

#### **Objectives**

At the end of the course, the student will be able to:

1. Describe the epidemiology, etiology, pathophysiology and diagnostic assessment of women with obstetric and gynaecological conditions
2. Perform physical, psychosocial, cultural & spiritual assessment
3. Demonstrate competence in caring for women with obstetrical and gynaecological conditions
4. Demonstrate competence in caring for high risk newborn.
5. Identify and Manage obstetrical and neonatal emergencies as per protocol.
6. Practice infection control measures
7. Utilize recent technology and various diagnostic, therapeutic
8. Demonstrate skill in handling various equipments/gadgets used for obstetrical, gynaecological and neonatal care
9. Teach and supervise nurses and allied health workers.
10. Design a layout of speciality units of obstetrics and gynecology
11. Develop standards for obstetrical and gynaecological nursing practice.
12. Counsel women and families
13. Incorporate evidence based nursing practice and identify the areas of research in the field of obstetrical and gynaecological nursing
14. Function as independent midwifery nurse practitioner

## Contents Outline

Unit	Hours	Content
I	25	<p>Management of problems of women during pregnancy</p> <ul style="list-style-type: none"> <li>‰ Risk approach of obstetrical nursing care , concept &amp; goals.</li> <li>‰ Screening of high-risk pregnancy, newer modalities of diagnosis.</li> <li>‰ Nursing Management of Pregnancies at risk-due to obstetrical complication               <ul style="list-style-type: none"> <li>• Pernicious Vomiting.</li> <li>• Bleeding in early pregnancy, abortion, ectopic pregnancy, and gestational trophoblastic diseases.</li> <li>• Hemorrhage during late pregnancy, ante partum hemorrhage, Placenta praevia, abruptio placenta.</li> <li>• Hypertensive disorders in pregnancy, pre-eclampsia, eclampsia, Hemolysis Elevated liver enzyme Low Platelet count (HELLP)</li> <li>• Iso-immune diseases. Rh and ABO incompatibility</li> <li>• Hematological problems in pregnancy.</li> <li>• Hydramnios-oligohydramnios</li> <li>• Prolonged pregnancy- post term, post maturity.</li> <li>• Multiple pregnancies.</li> <li>• Intra uterine infection &amp; pain during pregnancy.</li> <li>• Intra Uterine Growth Retardation(IUGR), Premature Rupture of Membrane(PROM), intra uterine death</li> </ul> </li> </ul>
II	15	<p>Pregnancies at risk-due to pre-existing health problems</p> <ul style="list-style-type: none"> <li>Metabolic conditions.</li> <li>Anemia and nutritional deficiencies</li> <li>Hepatitis</li> <li>Cardio-vascular disease.</li> <li>Thyroid diseases.</li> <li>Epilepsy.</li> <li>Essential hypertension</li> <li>Chronic renal failure.</li> <li>Tropical diseases.</li> <li>Psychiatric disorders</li> <li>Infections Toxoplasmosis Rubella Cytomegalo virus Herpes (TORCH); Reproductive Tract Infection(RTI);STD; HIV/AIDS, Vaginal infections; Leprosy, Tuberculosis</li> <li>Other risk factors: Age- Adolescents, elderly; unwed mothers, sexual abuse, substance use</li> <li>Pregnancies complicating with tumors, uterine anomalies, prolapse, ovarian cyst</li> </ul>
III	15	<p>Abnormal labour, pre-term labour &amp; obstetrical emergencies</p> <p>Etiology, pathophysiology and nursing management of</p> <ul style="list-style-type: none"> <li>• Uncoordinated uterine actions, Atony of uterus, precipitate labour, prolonged labour.</li> <li>• Abnormal lie, presentation, position compound presentation.</li> </ul>

		<ul style="list-style-type: none"> <li>• Contracted pelvis-CPD; dystocia.</li> <li>• Obstetrical emergencies Obstetrical shock, vasa praevia, inversion of uterus, amniotic fluid embolism, rupture uterus, presentation and prolapse cord.</li> <li>• Augmentation of labour. Medical and surgical induction.</li> <li>• Version</li> <li>• Manual removal of placenta.</li> <li>• Obstetrical operation: Forceps delivery, Ventouse, Caesarian section, Destructive operations</li> <li>• Genital tract injuries-Third degree perineal tear, VVF, RVF</li> </ul> <p>Complications of third stage of labour:</p> <ul style="list-style-type: none"> <li>• Post partum Hemorrhage.</li> <li>• Retained placenta.</li> </ul>
IV	10	<p>post partum complications</p> <p>Nursing management of</p> <ul style="list-style-type: none"> <li>• Puerperal infections, puerperal sepsis, urinary complications, puerperal venous thrombosis and pulmonary embolism</li> <li>• Sub involution of uterus, Breast conditions, Thrombophlebitis</li> <li>• Psychological complications, post partum blues, depression, psychosis</li> </ul>
V	25	<p>High Risk Newborn</p> <p>Concept, goals, assessment, principles.</p> <p>Nursing management of</p> <ul style="list-style-type: none"> <li>• Pre-term, small for gestational age, post-mature infant, and baby of diabetic and substance use mothers.</li> <li>• Respiratory conditions, Asphyxia neonatorum, neonatal apnoea meconium aspiration syndrome, pneumo thorax, pneumo mediastinum</li> <li>• Icterus neonatorum.</li> <li>• Birth injuries.</li> <li>• Hypoxic ischaemic encephelopathy</li> <li>• Congenital anomalies.</li> <li>• Neonatal seizures.</li> <li>• Neonatal hypocalcaemia, hypoglycemia, hypomagnesaemia.</li> <li>• Neonatal heart diseases.</li> <li>• Neonatal hemolytic diseases</li> <li>• Neonatal infections, neonatal sepsis, ophthalmia neonatorum, congenital syphilis, HIV/AIDS</li> <li>• Advanced neonatal procedures.</li> <li>• Calculation of fluid requirements.</li> <li>• Hematological conditions – erythroblastosis</li> <li>• Organization of neonatal care, services(Levels), transport, neonatal intensive care unit, organization and management of nursing services in NICU</li> </ul>

VI	15	<p>HIV/AIDS  HIV positive mother and her baby  Epidemiology  Screening  Parent to child transmission(PTCT)  Prophylaxis for mother and baby  Standard safety measures  Counseling  Breast feeding issues  National policies and guidelines  Issues: Legal,ethical, Psychosocial and rehabilitation</p> <p>Role of nurse</p>
VII	25	<p>Gynecological problems and nursing management  Gynecological assessment  Gynecological procedures  Etiology, pathophysiology, diagnosis and nursing management of</p> <ul style="list-style-type: none"> <li>• Menstrual irregularities</li> <li>• Diseases of genital tract</li> <li>• Genital tract infections</li> <li>• Uterine displacement</li> <li>• Genital prolapse</li> <li>• Genital injuries</li> <li>• Uterine malformation</li> <li>• Uterine fibroid, ovarian tumors, Breast carcinoma, Pelvic inflammatory diseases, reproductive tract malignancies, hysterectomy – vaginal and abdominal.</li> <li>• Sexual abuse, rape, trauma , assault</li> </ul>
VIII	5	<p>Administration and management of obstetrical and gynaecological unit  Design &amp; layout  Staffing,  Equipment, supplies,  Infection control; Standard safety measures  Quality Assurance:-Obstetric auditing –records /reports,  Norms, policies and protocols  Practice standards for obstetrical and gynaecological unit</p>
IX	5	<p>Education and training in obstetrical and gynaecological care  Staff orientation, training and development,  In-service education program,  Clinical teaching programs.</p>

## Practicals

Total = 1050 Hours

1 Week = 30 Hours

S.No.	Deptt./ Unit	No. of Week	Total Hours
1	Antenatal OPD including Infertility clinics/Reproductive medicine, Family welfare and	6	180 Hours
2	Antenatal and Postnatal ward	6	180 Hours
3	Labour room	6	180 Hours
4	Neonatal Intensive Care Unit	3	90 Hours
5	Obstetric/Gynae Operation Theatre	4	120Hours
6	Gynae Ward	4	120 Hours
7	CHC, PHC, SC	6	180 Hours
	Total	35 Weeks	1050 Hours

## Essential Obstetrical And Gynecological Skills

### Procedure Observed

- Assisted Reproductive Technology procedures
- Ultra sonography
- Specific laboratory tests.
- Amniocentesis.
- Cervical & vaginal cytology.
- Fetoscopy.
- Hysteroscopy.
- MRI.
- Surgical diathermy.
- Cryosurgery.

### Procedures Assisted

- Operative delivery
- Abnormal deliveries-Forceps application, Ventouse, Breech
- Exchange blood transfusion
- Culdoscopy.
- Cystoscopy
- Tuboscopy
- Laparoscopy.
- Endometrial Biopsy
- Tubal patent test
- Chemotherapy
- Radiation therapy
- Medical Termination of Pregnancy.
- Dilatation and Curettage

### Procedures Performed

- History taking.

- Physical Examination-General
- Antenatal assessment. – 20
- Pelvic examination
- Assessment of risk status.
- Assessment of Intra uterine foetal well-being.kick chart and foetal movement chart, Doppler assessment, Non Stress Test, Contraction stress test(Oxytocin challenge test)
- Universal precautions- Disposal of biomedical waste.
- Per Vaginal examination and interpretation (early pregnancy, labour, post partum).
- Utilization of Partograph
- Medical & Surgical induction(Artificial rupture of membranes).
- Vacuum extraction
- Conduct of delivery.
- Prescription and administration of fluids and electrolytes through intravenous route.
- Application of outlet forceps, delivery of breach – Burns Marshall, Loveset manoeuvre
- Repair of tears and Episiotomy suturing.
- Vacuum extraction
- controlled cord traction, Manual removal of placenta, placental examination,
- Manual vacuum aspiration
- Postnatal assessment.- 20
- Management of breast engorgement
- Thrombophlebitis (white leg)
- Postnatal counseling.
- Reposition of inversion of uterus.
- Laboratory tests: Blood- Hb, Sugar, Urine-albumin,sugar
- Breast care, breast exam, and drainage breast abscess.
- Postnatal exercise.
- Assessment –New born assessment; physical and neurological, Apgar score, high-risk newborn, Monitoring neonates; Clinically and With monitors, Capillary refill time, Assessment of jaundice, danger signs
- Anthropometric measurement
- Neonatal resuscitation
- Gastric Lavage
- Care of newborn in multi channel monitor and ventilator.
- Care of newborn in radiant warmer and incubator.
- Kangaroo mother care.
- Assisting mother with exclusive Breast-feeding
- Feeding technique: Katori, spoon, naso/orogastric, Total Parenteral nutrition
- Assesment, calculation and administration of fluids and medications:
  - Oral
  - I.D.
  - I.M.
  - I.V.- Securing IV line, infusion pump
- Administration of drug per rectum
- Capillary blood sample collection.
- Oxygen therapy.
- Phototherapy.

- Chest physiotherapy.
- counseling – Parental, bereavement, family planning, infertility etc
- Setting of operation theatre.
- Trolley and table set up for Obstetrical & gynaecological operations.
- Pap smear.
- Vaginal smear.
- Insertion of pessaries,
- Insertion of IUD and removal.
- Teaching skills
- communication skills
- Prepare referral slips
- Pre transport stabilization
- Networking with other stake holders

**Weightage for Internal Assessment: (common to all speciality)**

***A Theory***

***Term Test: 30***

***Assignment: 20***

***B Practical***

***Practical Examination : 50***

***Clinical Evaluation : 20***

***Project : 10***

***Case study/Case Record : 10***

***Field/ Observational visit : 10***

CLINICAL SPECIALITY – II

COMMUNITY HEALTH NURSING

Placement : II Year

Hours of Instruction  
Theory- 150 hours  
Practicals- 1050 hours  
Total- 1200 hrs

## Course Description

This course is designed to assist students in developing expertise and in-depth understanding in the field of community health nursing. It will help students to develop advanced skills for nursing intervention in various aspects of community health care settings. It will enable the student to function as community health Nurse practitioner/specialist. It will further enable the student to function as educator, manager and researcher in the field of community health nursing.

## Objectives

At the end of the course the students will be able to:

1. Appreciate trends and issues related to community health Nursing- reproductive and child health, school health, Occupational health, international health, rehabilitation, geriatric and mental health.
2. Apply epidemiological concepts and principles in community health nursing practice
3. Perform community health assessment and plan health programmes
4. Describe the various components of Reproductive and child health programme.
5. Demonstrate leadership abilities in organizing community health nu
6. Describe the role and responsibilities of community health nurse in various national health and family welfare programmes
7. Participate in the implementation of various national health and family welfare programme
8. Demonstrate competencies in providing family centered nursing care independently
9. Participate/Conduct research for new insights and innovative solutions to health problems
10. Teach and supervise nurses and allied health workers.
11. Design a layout of sub center/Primary health center/Community health center and develop standards for community health nursing practice.

## Content Outlines

Unit	Hours	Content
I	20	<p>Epidemiology</p> <p>Introduction</p> <ul style="list-style-type: none"> <li>• Concept, scope, definition, trends, History and development of modern Epidemiology</li> <li>• Contribution of epidemiology</li> <li>• Implications</li> </ul> <p>Epidemiological methods</p> <p>Measurement of Health and Diseases and Vital Statistics</p> <p>Health policies</p> <p>Epidemiological Investigations</p> <p>International Classification of Diseases</p> <p>Epidemiological approaches</p> <ul style="list-style-type: none"> <li>• Study of disease causatives</li> <li>• Health promotion</li> <li>• Levels of prevention</li> </ul> <p>Epidemiology of</p> <ul style="list-style-type: none"> <li>• Communicable diseases</li> <li>• Non-communicable diseases</li> </ul> <p>Emerging and re-emerging diseases Epidemics</p> <p>Medical Entomology</p> <p>National Integrated disease Surveillance Programme</p>

Unit	Hours	Content
Unit II	40	<p data-bbox="504 199 1251 383">National Health and Family Welfare Programmes Objectives, Organization/manpower/resources, Activities, Goals, inter-sectoral approach, implementation, item/purpose, role and responsibilities of community health nurse:</p> <ul data-bbox="520 409 1361 936" style="list-style-type: none"> <li>• National Vector Borne Disease Control Programme (NVBDCP)</li> <li>• National Filaria Control Programme</li> <li>• National Leprosy Eradication Programme</li> <li>• Revised national TB Control Programme</li> <li>• National Programme for Control of Blindness</li> <li>• National Iodine Deficiency disorders Control Programme</li> <li>• National Mental Health Programme</li> <li>• National AIDS Control Programme</li> <li>• National Cancer Control Programme</li> <li>• RCH I and II</li> <li>• Non- communicable disease programmes</li> <li>• NRHM</li> </ul> <p data-bbox="568 947 1051 976">- Health Schemes:</p> <ul data-bbox="616 981 903 1088" style="list-style-type: none"> <li>• ESI</li> <li>• CGHS</li> <li>• Health Insurance</li> </ul>
III	15	<p data-bbox="472 1144 655 1173">School Health</p> <p data-bbox="504 1178 1339 1626">Introduction: definition, concepts, objectives, Health assessment, Screening, identification, referral and follow up, Safe environment Services, programmes and plans- first aid, treatment of minor ailments Inter-sectoral coordination Adolescent health Disaster, disaster preparedness, and management Guidance and counseling School health records - maintenance and its importance Roles and responsibilities of community health nurse</p>

Unit	Hours	Content
IV	15	International health Global burden of disease Global health rules to halt disease spread Global health priorities and programmes International quarantine Health tourism International cooperation and assistance International travel and trade Health and food legislation, laws, adulteration of food Disaster management Migration International health agencies –World Health organizations, World health assembly, UNICEF, UNFPA, SIDA, US AID, DANIDA, DFID. AusAID etc International health issues and problems International nursing practice standards International health vis-a vis national health International health days and their significance
V	15	Education and administration Quality assurance Standards, Protocols, Policies, Procedures Infection control; Standard safety measures Nursing audit Design of Sub-Centre/Primary Health Centre/ Community health center Staffing; Supervision and monitoring- Performance appraisal Budgeting Material management Role and responsibilities of different categories of personnel in community health Referral chain- community outreach services Transportation Public relations Planning in-service educational programme

Unit	Hours	Content
		Training of various categories of health workers- preparation of manuals Community Organization
<b>VI</b>	<b>10</b>	<b>Geriatric</b> Concept, trends, problems and issues Aging process, and changes Theories of aging Health problems and needs Psycho-physiological stressors and disorders Myths and facts of aging Health assessment Home for aged-various agencies Rehabilitation of elderly Care of elderly Elderly abuse Training and supervision of care givers Government welfare measures Programmes for elderly- Role of NGOs Roles and responsibilities of Geriatric nurse in the community
<b>VII</b>	<b>10</b>	<b>Rehabilitation</b> Introduction: Concepts, principles, trends, issues, Rehabilitation team Models, Methods Community based rehabilitation Ethical issues Rehabilitation Council of India Disability and rehabilitation- Use of various prosthetic devices Psychosocial rehabilitation Rehabilitation of chronic diseases Restorative rehabilitation Vocational rehabilitation Role of voluntary organizations Guidance and counseling Welfare measures Role and responsibilities of community health nurse

Unit	Hours	Content
<b>VIII</b>	<b>10</b>	<p><b>Community mental health</b></p> <p>Magnitude, trends and issues</p> <p>National Mental Health Program- Community mental health program</p> <p>The Changing Focus of care</p> <p>The Public Health Model</p> <p>Case Management- Collaborative care</p> <p>Crisis intervention</p> <p>Welfare agencies</p> <p>Population at Risk</p> <p>The community as Client</p> <ul style="list-style-type: none"> <li>• Primary Prevention</li> <li>• Secondary prevention</li> <li>• Tertiary Prevention</li> </ul> <p>Community based rehabilitation</p> <p>Human rights of mentally ill</p> <p>Substance use</p> <p>Mentally challenged groups</p> <p style="padding-left: 40px;">Role of community health nurse</p>
<b>IX</b>	<b>15</b>	<p><b>Occupational health</b></p> <p>Introduction: Trends, issues, Definition, Aims, Objectives, Workplace safety</p> <p>Ergonomics and Ergonomic solutions</p> <p>Occupational environment- Physical, social, Decision making, Critical thinking</p> <p>Occupational hazards for different categories of people- physical, chemical, biological, mechanical, , Accidents, Occupational diseases and disorders</p> <p>Measures for Health promotion of workers; Prevention and control of occupational diseases, disability limitations and rehabilitation</p> <p>Women and occupational health</p> <p>Occupational education and counseling</p> <p>Violence at workplace</p> <p>Child labour</p> <p>Disaster preparedness and management</p> <p>Legal issues: Legislation, Labour unions, ILO and WHO recommendations, Factories act, ESI act</p> <p>Role of Community health nurse, Occupational health team</p>

## Practicals

Total = 1050Hours  
1 Week = 30 Hours

S.No.	Dept./Unit	No. of Week	Total Hours
1	Urban and Rural community	20	600Hours
2	School Health	3	90 Hours
3	International health	2	60 Hours
4	Administration(SC/PHC/CHC)	2	60 Hours
5	Occupational health	2	60 Hours
6	Communitiy Mental Health	2	60 Hours
7	Home for aged and Hospice	2	60 Hours
8	Rehabilitation	2	60 Hours
	<b>Total</b>	<b>35Weeks</b>	<b>1050Hours</b>

### Categorization of practical activities

#### Observed

- MCH office and DPHNO
- CHC/ First Referral Unit(FRU)
- Child guidance clinic
- Institute/Unit for mentally challenged
- District TB centre
- AIDS control society
- Filariasis clinic
- RCH clinic
- STD clinic
- Leprosy clinic
- Community based rehabilitation unit
- Cancer centers
- Palliative care
- Home of old age
- Mental health units
- De-addiction centres
- School health services
- Industry
- Selected industrial health centers
- ESI unit
- Municipality/ corporation office

#### Assisted

- Laparoscopic sterilization

- Vasectomy
- All clinics related to RCH
- Monitoring of national health and family welfare programmes

**Perform**

- Conduct various clinics
- School health assessment.
- Health survey.
- Health assessment
- Drug administration as per the protocols
- Treatment of minor ailments
- Investigating outbreak of epidemic.
- Screening for leprosy, TB and non-communicable disease
- Presumptive and radical treatment for Malaria.
- Counseling
- Report writing
- Referrals
- Writing a project proposal
- Material management- requisition for indent, condemnation, inventory maintenance,
- Training and Supervision of various categories of personnel
- Liaison with NGO's

**Weightage for Internal Assessment: (common to all speciality)**

***A Theory***

***Term Test: 30***  
***Assignment: 20***

***B Practical***

***Practical Examination : 50***  
***Clinical Evaluation : 20***  
***Project : 10***  
***Case study : 10***  
***Field/ Observational visit : 10***

## **REFERENCES**

### **Community Health Nursing**

#### **Recommended Books**

- 2.) Park – Social and Preventive Medicine ,Bannott Publishers

#### **Reference Books**

- 5.) Allender – Community Health Nursing,2009,LWW
- 6.) Stanhope – Community Health Nursing,2008,Elsevier
- 7.) Anderson – Community as Partner,2009,LWW
- 8.) Deim – Community Health Projects,2006,Lippincott

CLINICAL SPECIALITY - II

PSYCHIATRIC (MENTAL HEALTH) NURSING

Placement: II Year  
Practicals

Hours of Instruction

Theory 150 hrs Practical  
1050hrs Total : 1200  
Hours

## **Course Description**

This course is designed to assist students in developing expertise and in-depth understanding in the field of Psychiatric Nursing. It will help students to develop advanced skills for nursing intervention in various psychiatric conditions. It will enable the student to function as psychiatric nurse practitioner/specialist. It will further enable the student to function as educator, manager, and researcher in the field of Psychiatric nursing

## **Object ives**

At the end of the course the students will be able to:

1. Apply the nursing process in the care of patients with mental disorders in hospital and community
2. Demonstrate advanced skills/competence in nursing management of patients with mental disorders
3. Identify and care for special groups like children, adolescents, women, elderly, abused and neglected, people living with HIV/AIDS.
4. Identify and manage psychiatric emergencies.
5. Provide nursing care to critically ill patients with mental disorders
6. Utilize the recent technology and various treatment modalities in the management of patients with mental disorders
7. Demonstrate skills in carrying out crisis intervention.
8. Appreciate the legal and ethical issues pertaining to psychiatric nursing.
9. Identify areas of research in the field of psychiatric nursing.
10. Prepare a design for layout and describe standards for management of Psychiatric units/emergency units/hospitals
11. Teach psychiatric nursing to undergraduate students& in-service nurses.

## Course Content

Unit	Hours	Content
I	2	Principles and practice of Psychiatric nursing Review
II	10	Crisis Intervention Crisis, Definition Phases In The Development of A Crisis Types of Crisis; Dispositional , Anticipated Life Transitions Traumatic Stress, Maturation/ Development , Reflecting Psychopathology Psychiatric Emergencies and their management Grief and grief reaction Crisis Intervention; Phases Post traumatic stress disorder (PTSD) Role of the Nurse
III	4	Anger/ Aggression Management Anger and Aggression, Types, Predisposing Factors Management Role of The Nurse
IV	5	The Suicidal Client Epidemiological Factors Risk Factors <ul style="list-style-type: none"> <li>• Predisposing Factors: Theories of Suicide-Psychological, Sociological ,Biological</li> </ul> Nursing Management
V	5	Disorders of Infancy, Childhood, and Adolescence Mentally Challenged Autistic Disorders Attention-Deficit/Hyperactivity Disorder Conduct Disorders, behavioural disorders Tourette's Disorders Separation Anxiety Disorder Psychopharmacological Intervention and Nursing Management

Unit	Hours	Content
VI	5	Delirium, Dementia, and Amnestic Disorders Delirium Dementia Amnesia Psychopharmacological Intervention and Nursing Management
VII	10	Substance-Related Disorders Substance-Use Disorders Substance-Induced Disorders Classes Of Psychoactive Substances Predisposing Factors
		The Dynamics Of Substance-Related Disorders The Impaired Nurse Codependency Treatment Modalities For Substance-Related Disorders and Nursing Management
VIII	10	Schizophrenia and Other Psychotic Disorders (Check ICD10) Nature of the Disorder Predisposing Factors Schizophrenia -Types <ul style="list-style-type: none"> <li>• Disorganized Schizophrenia</li> <li>• Catatonic Schizophrenia</li> <li>• Paranoid Schizophrenia</li> <li>• Undifferentiated Schizophrenia</li> <li>• Residual Schizophrenia</li> </ul> Other Psychotic disorders <ul style="list-style-type: none"> <li>• Schizoaffective Disorder</li> <li>• Brief Psychotic Disorder</li> <li>• Schizophreniform Disorder</li> <li>• Psychotic Disorder Due to a General Medical Condition</li> <li>• Substance-Induced Psychotic Disorder</li> </ul> Treatment and Nursing Management

Unit	Hours	Content
IX	8	Mood Disorders Historical Perspective Epidemiology The Grief Response Maladaptive Responses To Loss Types Of Mood Disorders Depressive disorders Bipolar disorders Treatment and Nursing Management
X	8	Anxiety Disorders Historical Aspects Epidemiological Statistics How Much is too Much? Types <ul style="list-style-type: none"> <li>• Panic Disorder</li> <li>• Generalized Anxiety Disorder</li> <li>• Phobias</li> <li>• Obsessive-Compulsive Disorder</li> <li>• Posttraumatic Stress Disorder</li> <li>• Anxiety Disorder Due to a General Medical Condition</li> <li>• Substance-Induced Anxiety Disorder</li> </ul> Treatment Modalities Psychopharmacology & Nursing Management
XI	5	Somatoform And Sleep Disorders Somatoform Disorders Historical Aspects <ul style="list-style-type: none"> <li>• Epidemiological Statistics</li> <li>• Pain Disorder</li> <li>• Hypochondriasis</li> <li>• Conversion Disorder</li> <li>• Body Dysmorphic Disorder</li> </ul> Sleep Disorder Treatment Modalities and Nursing Management
XII	4	Dissociative Disorders and Management Historical Aspects Epidemiological Statistics Application of the Nursing Management Treatment Modalities and Nursing Management

Unit	Hours	Content
XIII	4	Sexual And Gender Identity Disorders Development Of Human Sexuality Sexual Disorders Variation In Sexual Orientation Nursing Management
XIV	4	Eating Disorders Epidemiological Factors Predisposing Factors : Anorexia Nervosa And Bulimia Nervosa obesity Psychopharmacology Treatment & Nursing Management
XV	4	Adjustment and Impulse Control Disorders Historical and Epidemiological Factors <ul style="list-style-type: none"> <li>• Adjustment Disorders</li> <li>• Impulse Control Disorders</li> </ul> Treatment & Nursing Management
XVI	4	Medical Conditions due to Psychological Factors Asthma Cancer Coronary Heart Disease Peptic Ulcer Essential Hypertension Migraine Headache Rheumatoid Arthritis Ulcerative Colitis Treatment & Nursing Management
XVII	8	Personality Disorders Historical perspectives Types Of Personality Disorders <ul style="list-style-type: none"> <li>• Paranoid Personality Disorder</li> <li>• Schizoid Personality Disorder</li> <li>• Antisocial Personality Disorder</li> <li>• Borderline Personality Disorder</li> </ul>

Unit	Hours	Content
		<ul style="list-style-type: none"> <li>• Histrionic Personality Disorder</li> <li>• Narcissitic Personality Disorder</li> <li>• Avoidance Personality Disorder</li> <li>• Dependent Personality Disorder</li> <li>• Obsessive-Compulsive Personality Disorder</li> <li>• Passive-Aggressive Personality Disorders</li> </ul> <p>Identification, diagnostic, symptoms  Psychopharmacology  Treatment &amp; Nursing Management</p>
XVIII	8	The Aging Individual Epidemiological Statistics Biological Theories Biological Aspects of Aging Psychological Aspects of Aging Memory Functioning Socio-cultural aspects of aging Sexual aspects of aging Special Concerns of the Elderly Population Psychiatric problems among elderly population Treatment & Nursing Management
XIX	5	The person living with HIV Disease Psychological problems of individual HIV/AIDS Counseling Treatment & Nursing Management
XX	5	Problems Related to Abuse or Neglect Vulnerable groups, Women, Children, elderly, psychiatric patients, under privileged, challenged Predisposing Factors Treatment & Nursing management- Counseling

Unit	Hours	Content
XXI	7	Community Mental Health Nursing National Mental Health Program- Community mental health program The Changing Focus of care The Public Health Model The Role of the Nurse Case Management The community as Client <ul style="list-style-type: none"> <li>• Primary Prevention</li> <li>• Populations at Risk</li> <li>• Secondary prevention</li> <li>• Tertiary Prevention</li> </ul> Community based rehabilitation
XXII	5	Ethical and Legal Issues in Psychiatric/Mental Health Nursing Ethical Considerations Legal Consideration <ul style="list-style-type: none"> <li>•Nurse Practice Acts</li> <li>•Types of Law</li> <li>•Classification within Statutory and Common Law</li> <li>•Legal Issues in Psychiatric/Mental Health Nursing</li> <li>•Nursing Liability</li> </ul>
XXIII	5	Psychosocial rehabilitation Principles of rehabilitation Disability assessment Day care centers Half way homes Reintegration into the community Training and support to care givers Sheltered workshops Correctional homes
XXIV	5	Counseling Liaison psychiatric nursing Terminal illnesses-Counseling Post partum psychosis-treatment, care and counseling Death dying- Counseling Treatment, care and counseling – <ul style="list-style-type: none"> <li>• Unwed mothers</li> <li>• HIV and AIDS</li> </ul>

Unit	Hours	Content
XXV	5	Administration and management of psychiatric units including emergency units Design & layout Staffing, Equipment, supplies, Norms, policies and protocols Quality assurance Practice standards for psychiatric nursing Documentation
XXVI	5	Education and training in psychiatric care Staff orientation, training and development, In-service education program, Clinical teaching programs.

Total= 1050 Hours

1 Week = 30 Hours

S.No.	Area of Posting	No. of Week	Total Hours
1	Acute Psychiatric Ward	6	180 Hours
2	Chronic Psychiatric Ward	4	120 Hours
3	De-addiction Unit	4	120 Hours
4	Psychiatric Emergency Unit	4	120 Hours
5	O.P.D (Neuro and psychiatric)	4	120 Hours
6	Child Psychiatric Unit and child guidance clinic	2	60 Hours
7	Post natal ward	1	30 Hours
8	Family Psychiatric Unit	2	60 Hours
9	Field visits	2	60 Hours
10	Rehabilitation	2	60 Hours
11	Community Mental Health Unit	4	120 Hours
	Total	35Weeks	1050 Hours

### Essential Psychiatric nursing skills

#### Procedures Observed

1. Psychometric tests
2. Personality tests
3. Family therapy
4. Assisted
5. CT
6. MRI
7. Behavioral therapy.

#### Procedures Performed

1. Mental status examination
2. Participating in various therapies – Physical; ECT,
3. Administration of Oral, IM, IV psychotropic drugs
4. Interviewing skills



- 6.) Kaplan – Kaplan & Sadock Handbook of Clinical Psychiatry,2010,LWW
- 7.) Schltz – Lippincott’s Manual of Psychiatric Nursing Care Plans,2009,LWW