



# ALUMNI ASSOCIATION

ALUMNI NEWS LETTER

2021-2022

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## PSG COLLEGE OF NURSING

(AN ISO 9001: 2015 CERTIFIED INSTITUTION)

COIMBATORE- 641004



**PATRON:**

**Shri L. GOPALAKRISHNAN**  
MANAGING TRUSTEE



**CHAIRPERSON:**

**Dr. A. JAYASUDHA**  
PRINCIPAL



**PRESIDENT:**

**Mrs. MAHESWARI. T**  
2008 Batch M.Sc Alumni



**VICE PRESIDENT:**

**Mrs. JENIFER GRACY**  
2013 Batch M.Sc Alumni



**SECRETARY:**

**Ms. SRIMALATHI. R**  
2012 Batch B.Sc Alumni



**TREASURER:**

**Mrs. VEDAVALLI. K**  
1999 Batch B.Sc Alumni

### MESSAGE FROM THE PRINCIPAL

**Dear Alumni,**

Greetings from your beloved Alma Mater, PSG College of Nursing!

Alumni association provides a platform for rich and diversified interaction with alma mater. Connecting to one's alma mater is always a great feeling.

The Alumni of the Institute have done exceedingly well in all spheres of life at both national and international levels and brought name and fame for themselves as well as to their alma mater. Your continued association with us will help us to serve the student community better from time to time. We invite you to share your experiences and futuristic progression to our association.

Personally, I would like to thank each alumnus who had been the resource person for the Alumni Guest Lecture (Alumni Virtual Voices). I am so grateful to you all!

On behalf of PSG College of Nursing, Alumni association, we seek your support and look forward for your participation in the creation of a longstanding legacy of alma mater.

**DR. A. JAYASUDHA, PRINCIPAL**

## MESSAGE FROM THE PRESIDENT

Dear Alumni,

Hearty greetings from your beloved Alma matter!

It is an honor to serve as president of PSG College of Nursing Alumni Association for the past five years. As alumni, your voice will be heard and your concerns shared.

Where ever you are, at whatever stage of life you are in, there's something here for you. I encourage you to engage with the Alumni Association and maintain your personal connection to Alma matter.

**MRS. MAHESWARI. T**  
**ASSOCIATE PROFESSOR**

## ALUMNI ACTIVITIES

### CAREER GUIDANCE PROGRAMME



The 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> standard students with biology and pure science group of various schools had career guidance programme on the topic “**Nursing as a Profession**” in the month of September and October 2021, which was organised by the alumni of PSG College of Nursing. The session comprises of what is Nursing, application of Nursing, and career path in Nursing, loan availability and career in Nursing, extended and expanded role, overseas opportunities.

Totally 1300 students from PSG Savojana School (600), PSG Vedapatti High School (80), Kanyagurukulam Higher Secondary School (70), and PSGR Krishnammal Higher Secondary School (550)

got benefitted. The students asked many questions regarding job opportunities and extended and expanded role in Nursing. Out of all 40% of students are interested in doing Nursing. All their doubts were clarified and encouraged them to apply for Nursing. Students showed a positive feedback towards career guidance programme.

## ALUMNI GUEST LECTURE

Alumni Guest Lecture is a series of free lectures shared by our well known alumni's, who excel in professional knowledge and skills, there by participants would reach the greater heights in their future. Alumni guest lecture was initiated by Dr. A. Jayasudha, Principal, PSG CON in the academic year of 2020.

- Mrs. Irin Anitha, RNRM, M.Sc(N), Ph.D Scholar, Assistant Professor, Department of OBG Nursing, Apollo College of Nursing, Chennai(1997 Batch UG Alumni) discussed on “**Technology Trends-Nursing Perspective**” on 29.01.2022
- Mrs.G.Nirmala, MSN, Ph.D Scholar, Fellow HEA, Lecturer, Nursing Department, College of Health and Sport Sciences, Ministry of Higher Education, University of Behrain (1994 Batch UG Alumni) on “**Writing a Research Proposal**” on 22.01.2022.
- Mrs.Sindhuja, Registered Nurse and Midwife, Government Hospital, Ettayapuram, Thoothukkudi dealt on “**Medical Termination of Pregnancy**” held on 08.01.2022
- Mrs.Sasirekha RN RM, M.Sc (N),Associate Professor, Ganga College of Nursing, Coimbatore on “**Is self learning a skill?**” held on 31.12.2021
- Dr.Joseph Jeganathan, RN, RM, Ph.D (N), Principal, Batra College of Nursing, Bhopal on “**Self Actualization**” held on 04.12.2021
- Mrs.Jobby Allen Baby, Clinical Nurse Specialist, 35 Johnstone street, Jacana, Victoria 3047, Melbourne, Australia presented on “**Medical Management of Eating Disorders**” held on 04.12.21

- Dr.T.Sivabalan, Principal, Pravara Institute of Medical Sciences College of Nursing, Maharashtra dealt on **“Exam taking strategies-A pathway to success”** held on 27.11.2021
- Mrs.Joy Angel, RN, M.Sc(N), Hamilton Health Science, Ontario, Canada, discussed on **“Realization to Rehabilitation-Stroke”** held on 13.11.2021
- Mrs.Neethu Rajan, Nursing Officer, Government Medical College Hospital, Thrissur, Kerala on **“Legal and Ethical Issues in Nursing”** held on 13.11.2021.
- Mrs.Sangeetha.K,RN RM, Senior Staff Nurse, Tan Tock Seng Hospital, Singapore on **“ Community Approach in Cataract care”** held on 13.11.2021
- Prof.G.Uma Parvathi RN RM, M.Sc(N), HOD, Department of OBG Nursing, Krupanidhi College of Nursing, Bangalore, on **“Professional Etiquette”** held on 13.11.2021
- Ms.Peachiammal Subramanian, Clinical Practice Educator, Adult Critical Care Unit, The Royal London Hospital, Barts Health NHS Trust, London, on **“Trauma Nursing-From Resuscitation to Rehabilitation”** held on 30.10.2021
- Mrs.Vijayalakshmi Arun Nagaraj, RN RM, PG Gerontology, Diploma in Health care regulations, Director of Nursing, Residential care facility, Cork, Ireland, on **“Geriatric Nursing – an overview”** held on 09.10.2021
- Ms.Punitha Vairamani, M.Sc(N), RNP, RGN, Clinical Nurse Specialist (Respiratory), Cork University Hospital, Cork, Ireland, on **“Ethics in Nursing Research”** held on 09.10.2021
- Mrs.R.Indumathi, RN RM, M.Sc(N), Professor, KMCH College of Nursing, Coimbatore on **“Stress management among Nursing Students”** held on 09.10.2021
- Mrs.Arthi.B, Assistant Professor, Apollo College of Nursing, Chittoor, Andrapradesh, on **“Role of Nurse in Therapeutic cardiac procedures”** held on 09.10.2021

- Mr.Clement Anburaj, Clinical Nurse Manager, St.Columcille’s Hospital, CoDublin, Ireland, on **“Trends in Nursing informatics:Sketching a new future for Nurses”** held on 25.09.2021
- Prof.Hema Granoup, RN RM, MSc(N), Principal, Akash College of Nursing, Karnataka, on **“Nurses role in Congenital anomaly”** on 04.09.2021
- Mrs.Maheshwari Ganesan, Nursing Officer, ESIC Model Hospital, Bangalore, on **“Nursing care on Embryo and Fetal Viability”** held on 01.09.2021
- Dr.R.R.Kavitha, RN RM, Ph.D(N), Tutor in Psychiatric Nursing, College of Nursing, JIPMER, Puducherry on **“ Recipe for promoting mental health-Role of self and family”** held on 04.09.2021
- Mrs.S.Bhavani RN RM, M.Sc(N), Ph.D Scholar, Associate Professor, Dept of Pediatric Nursing, Pondicherry Institute of Medical Sciences, Pondicherry on **“My professional Journey”** held on 04.09.2021
- Dr.Nandhini.M, RN RM, Ph.D(N), Vice Principal, Aswini College of Nursing, Thrissur, Kerala, on **“Study habits:Nursing students’ perspectives’** held o 28.08.2021
- Dr.K.Raja Sudhakar, RN RM, Ph.D, Vice President & Head, Reliance Industrial Limited, Mumbai on **“Strategic Planning”** held on 07.08.2021
- Mary Rexline S, RN RM, M.Sc(N), Associate Professor, Department of OBG Nursing, St.Philomens’s Hospital, College of Nursing, Bangalore, on **“Challenges in time management”** held on 07.08.2021
- Mrs.P.Kalpana, RN RM, M.Sc(N), Clinical Charge Nuse-Pediatric Unit, Kuwait Oil Company Hospital, Ahmadi, Kuwait, on **“Spinal Muscular Atrophy”** held on 07.08.2021
- Mrs.Jomin M Thomas, RN, MSN, Lecturer, Institute of Health and Management, Melbourne, Australia on **“Guidance and Counselling”** held on 07.08.2021



- Prof. Jeena Cherian, Principal, Yashoda College of Nursing, Fowdavalley, Secunderabad, Telangana, India, on **“Patient Safety”** held on 24.07.2021
- Dr. Uma Devi. T, M.Sc(N), PG Dip(Bio Statistics), Ph.D on **“Listen to your gut”** held on 26.07.2021
- Ms. Padmapriya. G, RN RM, Nursing Officer, Pediatric Intensive Care Unit, AIIMS, Bhubaneswar, Odisha, on **“Poisoning in Children”** held on 03.07.2021
- Mrs. M. Jothamani, RN RM, M.Sc(N), Maternal and Child Health Officer, ANM Training school, Veerapandi, Theni District, Tamil Nadu, on **“Family Planning methods- An Update”** held on 03.07.2021
- Mr. K. Rajesh Kannan, RN RM, M.Sc(N), Nursing Officer, ESIC, KK Nagar, Ministry of Labour & Employment, Chennai on **“ESI Scheme”** held on 03.07.2021
- Mrs. Usha Kaliyaperumal, Case Manager, Ontario Health, Toronto, Canada on **“Career Opportunities in Nursing”** held on 03.07.2021
- Mr. Subramanian Chockalingam, Clinical Nurse Specialist (Renal Unit), Gosford Hospital, New South Wales, Australia on **“Nursing care of renal failure clients”** held on 14.07.2021
- Mrs. A. Kondal Devi A, RN RM, M.Sc (N), MBA(HR), Assistant Nursing Superintendent, NLCIL, General Hospital, Neyveli on **“Role and scope of occupational health nurse in industry”** held on 08.07.2021
- Mrs. Keerthika Perumal, RN RM, M.Sc (N), Registered Midwife/Nurse, Wimmera Base Hospital, Horsham, Victoria, Australia, on **“Foetal Surveillance Education”** held on 12.06.2021
- Prof. Rathish Nair, RN RM, MN, Principal, College of Nursing and Chief Nursing Officer on **“Journey of a Nurse”** held on 05.06.2021
- Mrs. Merlin Sheeba. M, RN RM. Nursing Officer, ESI Model Hospital, Chennai on **“Nursing – A mission to create sound mind, strong body and a salubrious society”** held on 05.06.2021

- Mrs. Jyothi A Sunandha, RN RM, M.Sc (N), Nurse Mental Health Practitioner, Southern Health NHS Foundation, Southampton, UK on **“Mindfulness- The power of now”** held on 22.05.2021
- Mr. Prabu. G, RN RM, M.Sc(N), Nursing Officer, Dept of Neurosurgery ICU, JIPMER, Puducherry on **“Organizational behavior and public relations in Nursing”** held on 08.05.2021
- Prof. Arul Miurugan, RN, M.Sc(N), Vice Principal, AKG Memorial Cooperative College of Nursing, Kannur on **“Nurses role in genetic counseling”** held on 08.05.2021
- Mrs. Joshi Terencia Paul Prabhu, RN RM, MBA, Senior Clinical Research Nurse-Manchester Royal Infirmary, Manchester, United Kingdom on **“Clinical research in Nursing”** held on 08.05.2021
- Mrs. Jamuna Rani. R, RN RM, M.Sc(N), Reader, Department of Child Health Nursing, Apollo College of Nursing on **“Soft skill, in Nursing- A way to Success”** held on 24.04.2021
- Mrs. Sathyyasri R, RN RM, M.Sc (N), M.Sc (App Psy), Principal, Sri Venkateswar college of Nursing, Ongole, Andrapradesh on **“Personality disorders”** held on 10.04.2021
- Mrs. N. S Angelin Kani, RN RM, Staff Nurse, Thoracic medicine, Government Hospital, Tambaram, Sanatorium, Chennai on **“Infection Control Practices”** held on 03.04.2021
- Mrs. Hemalatha Murugesan RN, CNS, MS, CPHQ, CIC, CPPS, LSSBB, National CNS for infection prevention and control, Nurse Consultant, National Quality Safety Experience, and Health System Performance, Kaiser Permanente National Program Office, USA on **“Emerging infectious diseases”** held on 03.04.2021
- Mrs. Vinodhini Murugavel, RN RM, M.Sc (N), Community Psychiatric Nurse, Community Mental Health Team, NHS Lanarkshire Board, Scotland on **“Community health Nursing approaches”** held on 03.04.2021
- Mrs. Vani Dasan, RN RM, Maidstone Orthopedic Unit, Maidstone and Tunbridge Wells, NHS trust,

Kent, UK on “**International Opportunities for Nursing Career**” held on 27.03.2021

- Mrs.Anupama Sivankutty Nair, RN RM, M.Sc (N), Hamad Medical Corporation, Doha, Qatar on “**Obstetrical Emergencies**” held on 11.03.2021
- Rs.Anu Jose, RN RM, Registered Nurse in Neonatal Intensive Care Unit, Stroke Mandeville Hospital, Aylesbury, Buckinghamshire, United Kingdom on “**Care of high risk newborn**” held on 06.03.2021
- Mrs.Phebe M Thomas, Nursing Superintendent, Tiruvall Medical Mission Hospital, Tiruvalla, Kerala on “**Scope of Nursing**” held on 06.03.2021
- Mrs.Anbarasi Ramesh, RN RM, M.SC(N), Nursing Superintendent, Apollo Hospitals, Bangalore on “**Effective communication and human relationship in Nursing**” held on 06.03.2021
- Mrs.Baby Chitra, RN RM, Registered Nurse and Nurse Incharge in Aged Care Speciality, Lexall Care Rest Home and Hospital, Auckland, New Zealand, on “**Dementia and Erratic Behaviors**” held on 27.02.2021
- Mr.S.Karthic, RN RM, M.Sc(N), Senior Operations Manager- Clinical, RPS Hospitals Pvt Ltd, Chennai on “**Concept of brain death from clinical and legal point of view**” held on 06.02.2021
- Mrs.A.Kondal Devi A, RN RM, M.Sc (N), MBA(HR), Assistant Nursing Superintendent, NLCIL, General Hospital, Neyveli on “**Clinical care of patient with heart failure- A nursing perspective**” held on 06.02.2021
- Mr.NR.Abednego Peter Johnson, RN RM, M Sc(N), MBA(HM) Nursing Superintendent, Sitaram Bhartia Institute of Science and Research, New Delhi on “**Organization of In-service Education**” held on 06.02.2021

## **DISTINGUISHED ALUMNI AWARDS AND ACHIEVEMENTS**

- ❖ Dr.Nandini Mannadath, RN RM, M.Sc(N), Ph.d (N), Professor cum Vice-Principal, Aswini College of Nursing, Thrissur, Kerala honored as distinguished alumni during **96<sup>th</sup> Founder’s Day** of PSG & Son’s Charities on 25<sup>th</sup> January 2022(Virtual mode)

## **ALUMNI AT PSG CON**

1. Prof J. Leena Francis
2. Mrs.Roselin Mylvizhi
3. Mrs.T.Maheswari.
4. Mrs.P.M.Rajeshwari
5. Mrs.Keerthana
6. Mrs.Jenifer Gracy
7. Mrs.Vedavalli.K
8. Mrs. Anitha.P
9. Mrs. Karthikapriya S
10. Mrs. Onisha Nirjo
11. Ms. Santhiya M.
12. Mrs. Arockia Dharshana
13. Mrs. Karthigai Deepa K.
14. Ms. S. Prabha
15. Ms. R. Jayasanthiya
16. Mrs. Jayalakshmi

## **YRC ACTIVITIES**



The PSG College of Nursing established its YRC local unit in the Academic year of 2005. The unit has a total membership of 375 students. YRC unit

organized & conducted different programmes in every month of the year namely National youth day, World Diabetic day and World AIDS day and World Blood Donation Day

## NSS ACTIVITIES



The NSS Unit helps the student to develop their personality & character, confidence, leadership skills and knowledge through voluntary community services. NSS Volunteers actively participated Pulse polio immunization programme in and around Coimbatore regions, insisted on Prevention of Cervical cancer during Cervical cancer awareness week through poster presentation, comic strip, info graphics for the public, observed Reproductive And Sexual Health Day by organizing awareness programme in schools, created awareness on prevention of TB on World Tuberculosis Day. During pandemic students participated in state and national level intercollegiate competitions such as Pencil Sketching, Tableau, Poetry Writing, Caption Contest, Dry Leaf Art, Bird House, Selfie With Gardino, Tautogram Poem, Doodle Art, Quiz Competition in view of observing World Health Day, International Nurses Day, World Environmental Day, World Blood Donor Day, International Yoga Day, World Population Day. The students also involved in cleanliness activities and tree plantation on NSS Day and World Environmental Health Day. Observance of Poshan Maah based on theme” Feeding smart right from start”, enacted role play to the public on World AIDS Day.

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## SNA ACTIVITIES



The SNA unit of PSG College of Nursing strives hard for the upliftment of of the students through professional, educational, extracurricular activities. The SNA President is Dr. A Jayasudha, Principal PSG College of Nursing. SNA had organized various programs like pongal celebration, debate, Even during Covid pandemic student participated in intercollegiate online competitions such as pencil sketching, poetry competitions on Nurses day associated with NSS and YRC unit, intercollegiate online quiz competition through QUIZZZ APP to observe world hepatitis day and secured prizes. Students expressed their gratitude on Teachers day the students honoured the teaching and non teaching staffs with plant saplings. Students participated in state level skit competition organized by The Tamilnadu Dr. M.G.R Medical University.

## ACTION PLAN OF ALUMNI ASSOCIATION: 2022-2023

- Career Guidance Programme for School Students
- Scholarship for Students
- Guest Lecturers by Alumni Members
- Alumni Reunion
- Alumni News Letter 2022- 2023
- Distinguished Alumni Award 2023