



ALUMNI ASSOCIATION PSG COLLEGE OF NURSING

(AN ISO 9001 : 2008 CERTIFIED INSTITUTION)

COIMBATORE 641 004



ALUMNI NEWS LETTER

2015-2016

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EXECUTIVE MEMBERS FOR THE YEAR 2015-16



Chair Person :
Dr. Elizabeth Jean Abraham
Principal, PSG CN.



Advisor :
Prof. A. Tamilselvi
HOD, Medical Surgical Nursing Dept.



President:
Ms. Keerthana .B
2007 Batch



Vice President:
Mr. Samuel Paul Fenalen
2011 Batch



Secretary :
Mr. Tamilselvan
2011 Batch



Assistant Secretary :
Ms. Suganya
2011 Batch



Treasurer:
Mrs. Jenifer Gracy .M
2013 MSc. Batch

ALUMNI Action Plan for the year 2016

- ✓ Alumni News Letter
- ✓ Career Guidance Programme for School Students
- ✓ Soft skill training
- ✓ Scholarship for Students
- ✓ Alumni get together
- ✓ Honoring best sports woman of the outgoing batch during Graduation Ceremony, 2016
- ✓ Alumni conference

Message from the Principal

Dear Alumni, Greetings from PSG College of Nursing!

It has been a good year for all of us here and hope it was for you too. I am proud to hear about, meet and share the good work done by our Alumni in different parts of the world.

A dream is close to reality. The Alumni batch (1997) batch have got connected and are planning to host a conference in July 2016. This is a great gesture and I hope all our Alumni will try to make it as it will be a wonderful time to share your expertise and have fellowship. PSG College of Nursing continues its great work and our students have demonstrated their achievements in academics, sports, quiz competitions and extra curricular activities.

We are proud of our Alumni who have come forward to support students with scholarships and awards. Many students are benefited with this gesture and I hope it will continue in the years to come.

The next initiative to be fulfilled is having regional chapters for our Alumni association. We are working on this and we look forward for your cooperation, involvement and when possible we would like to be a part of it too.

PSG & Sons 'Charities is close to being 90 years old and it is proud moment for all of us to be a part of this great legacy.

We look forward to hear from you and the work that you are doing. Wishing you the very best!

Dr. ELIZABETH JEAN ABRAHAM
Principal

Message from the Vice Principal

Dear Alumni,

I am very much delighted to reach all of you through this alumni newsletter. We are happy and looking forward for reunion of 1997 batch of Alumni and the international conference to be organized by the association with our alumni from different parts of the world coming together. We eagerly await for reunions from each batch and recollect the sweet memories of your college days. A decade ago, ours was a tiny organization. Today, our alumni cover the globe in their search for knowledge and promising careers and their contributions make a difference everywhere. As alumni who truly love and faithfully support this great institution, I know you share the pride in what we are doing. You should always endeavor to uphold good morals and act as an inspiration to the profession and society. You are our valued ambassador and we would want your continued association with PSG College of Nursing.

Dr. G. MALARVIZHI
Vice Principal





Message from the Alumni Advisor

Dear alumni,

Very happy New Year 2016. This year brings newer innovative thoughts and actions to prosper our alumni association. I feel very delighted and proud to be an advisor as many of our dreams are becoming reality with all your coordinated efforts. Alumni from PSG College of Nursing are upholding the name and fame of the institution through their valuable contributions wherever they are.

Our association has created connection between all alumni and college to build strong, life long relationship which in turn helps us to improve the dynamism in activities. I congratulate our alumni from India and abroad for organizing an international conference at our college to fulfill the vision of our association. I invite all alumni for our future meetings and reunions to share your thoughts, ideas and give feedback for better performance.

Dr. A.Tamilselvi

HOD, Medical Surgical Nursing dept,
Alumni Advisor

Message from the President

Warm greetings from the house of PSG College of Nursing.....

The alumni association is doing a fabulous job keeping connection between old and young alumni strong. It has been very encouraging to note that the alumni from PSG CON are making their mark in different parts of the world.

The alumni association plans a number of events to help us re-connect with one another and to re-engage with the college activities.

Our intention to work with alumni association is for understanding and fulfilling the interests of our alumni members and ensuring we remain connected with the alumni at various parts of world.

I am looking forward to speak and work with each and every one of you to serve our students and alumni members of PSG.

Ms. Keerthana.B
President

ALUMNI ACTIVITIES

Career Guidance Programme:

Career guidance programme was conducted for Higher Secondary students at Sarvajana Higher Secondary School, Vedapatti high School and Kanyagurukulam Higher Secondary School. Nearly 10 students successfully joined to nursing course.

Scholarship:

Scholarships were given to our B.Sc (N) students. So far the students have received the sum of Rs.5000 each as scholarship. Ms.Thenmozhi (2011batch), Mr.Prabakaran.R (2012batch), Ms.Priyah.A and Ms.Vinciya.v (2013 batch) were the students who received the scholarship for the year 2015. Our alumni Mr.Saravanan.G M.Sc (N) 2008 batch has sponsored Rs.10,000 (Ten Thousand Rupees)

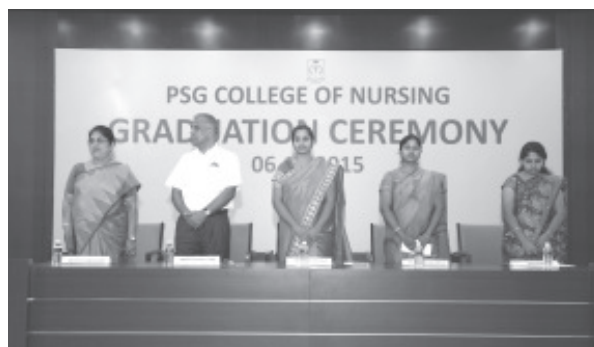
for the alumni scholarship which was equally divided and given to Ms.Ammu (2013 batch) and Ms.Gayathri (2012 batch).

Soft skill training workshop

Conducted a workshop on "Soft Skill" as a need to enhance Soft skills of future nurses. This workshop was organized on 22.05.15 and 23.05.15. Seventy four students of Final Year B.Sc (N) benefited and participant certificates were distributed. Silver Tongue, a Reputed Soft Skill Training Institute from Coimbatore handled the sessions like Personal and Social Etiquette, Resume Building, Interview skills, Assertiveness, Time management and Leadership. It included Lectures, discussions, activities, worksheets, assignments and role plays.



Alumni Reunion



The 17th Alumni Reunion was conducted on 6.11.2015. Nearly 100 Alumni members participated in the reunion. The Chief Guest was. Mr. E.K. Ponnuswamy, President, CODISSIA preside over the function. He addressed the alumni members on the topic "Bonding Alumni with Alma Matter". Mrs. Jamuna Rani, Reader, Apollo CON, Chennai, an alumni, B.Sc (N) 1997 Batch was the Guest of Honor. She addressed the alumni members on the topic "Building Your Path To Success" . Alumni election was held for the post of President, Vice President, Secretary, Assistant Secretary and Treasurer. Alumni members went for tree plantation. Nearly 10 saplings were planted.

The results of the election conducted were announced and the elected candidates were:

President : **Ms.Keerthana.B** 2007 batch
Vice President : **Mr.Samuel Paul Fenalen** 2011 Batch
Secretary : **Mr. Tamilselvan** 2011 Batch
Assistant Secretary : **Ms. Suganya** 2011 Batch
Treasurer : **Ms. Jennifer Gracy** 2013 M.Sc Batch





Contributions:

Ms.Jincy John received the Best Sports Women award sponsored by Alumni Association. The Venkateshwara Research award sponsored by our alumni Mr.Senthil kumar in remembrance of his Father and the Best Clinical Nurse award sponsored by Mrs.Sandy Mariam Varughese of M.Sc(N) 2009 Batch

About Alumni:-

- 1) Mrs.Rose J Marita B.Sc (N), (2002 Batch) Staff Nurse, RN operating suite, Alfred Health Melbourne, Australia.
- 2) Mrs.Praisya Ann Punnose B.Sc (N), (2002 Batch) "Clinical Nurse Specialist", Pediatric ICU, Monash Health Melbourne, Australia.
- 3) Mrs.Anu Elsa Raj B.Sc (N), (2002 Batch) RN, Ross Home and Hospital, Dunedin, Newzland.
- 4) Mrs.Joy Angel B.Sc (N), (2002 Batch), RN, Hamilton Hospital, Canada.
- 5) Ms.Gnanapriya B.Sc nursing, (2008 Batch), Staff Nurse, King Khalid Hospital, Najran, Saudi Arabia
- 6) Ms.Tamizharasi.P, B.Sc (N), (2008 Batch), Staff Nurse, NCD, Government primary health center, Uppuvelur, Villupuram.
- 7) Ms. Anbusara, B.Sc (N), (2008 Batch), Staff Nurse, Ministry of Health, Kuwait, Aljahra.
- 8) Ms.Shanmugapriya, B.Sc (N), (2008 Batch), Staff Nurse, ICU, Alwaj General Hospital, Saudi.

Award received by alumni

Mr.Tamilselvan B.Sc Nursing 2011 Batch secured best rescue award during Chennai floods from RAHAA Associates', Chennai

Mr. Sasikumar, B.Sc.(N) 2010 Batch received Best Co-ordinator of Batch award and Best Staff of the Batch award in the year 2015 from the Appolo Hospital, Chennai

FORTH COMING ALUMNI ACTIVITIES

Alumni conference and alumni get-together

Alumni conference on *Critical Care Nurses Challenges In Caring Technological Environment* By alumni, B.Sc (N) 1997 Batch planned on 08.07.2016 followed by alumni get together on 09.07.2016 at Anaikkatti. We invite all alumni to join with us in this get together. We honor 1997 batch in this occasion.



Alumni mentorship programme

It is initiated by Alumni members in alumni general body meeting held on 7.1.2016. thereby students of PSG College of nursing will be benefitted by alumni members in regard to their academic performance, clinical presentations and career guidance. We heartfully expect many mentors from various places who can guide our students through their experiences. Feedbacks of this programme are welcomed at psgnsgalumni@gmail.com.

ALUMNI AT PSGCON

Mrs .J.Leena	Mrs .Jenifer Gracy M
Mrs. T.Maheshwari	Ms .Keerthana B
Mrs. Bindu C Vasanthi	Ms.Sherin Farhana Siraj
Ms.A.Ajitha	Ms. Yugasubitha. M
Mrs .P.J.Sony Sara	Ms Nandhini K R
Mrs.Jyothi S Sunantha	Ms. Ansu Ann Varghese
Ms.S.Selvasathya	Ms Steffy V A
Mrs. P. M. Rajeswari	Ms. Maria Jose

COLLEGE OF NURSING NEWS

Lamp Lighting Ceremony :



Lamp Lighting Ceremony of 2015 batch B.Sc Nursing was held on 18.12.15. The lights were passed over to 97 students by the chief guest Prof.Grace Kingston, Principal, Christian College of Nursing, Ambilikkai.

International Student Exchange Programme

The Indian Experience 2016:

PSG College of nursing hosted "The Indian Experience 2016" (Winter University) International Student Exchange Programme under the theme "Technology navigating the future of health" from 04.01.2016 to 29.01.2016. 18 students and 4 faculty from Switzerland and 12 students from PSG College of Nursing attended the programme. They also had observation visits at Coimbatore and clinical posting at PSG Hospitals.

Summer University 2015,Lausanne,Switzerland:

As part of International Student Exchange programme, Prof Baby.,HOD, Obstetrical and gynecological Nursing Department accompanied the students . Ten students from II, III and IV Year B.Sc.(N) attended the exchange programme from 2nd - 26th June 2015 The theme of the programme was "International perspective of nursing care: one aim, multiple approaches" was organized in the form of lectures with discussions, research study presentations, field visits and visit to clinical setting. Professor and students from





PSG College of Nursing, India, Boston College of Nursing, USA, National University, Singapore, Jiangnan University, China, University of Catholica, Chile, HESAV School of Nursing & La Source School of Nursing, Switzerland participated in this programme. Nursing Science Symposium was held and Dr. Callista Roy, Nursing theorist currently in Boston College of Nursing presented her theory of Adaptation and discussed on theory building for future. Students had clinical training in various wards in CHUV Hospital in HESAV and Psychiatric and Geriatric homes in different places in Laussane..

Faculty Exchange Programme

Dr Malarvizhi G Vice-Principal, and Mrs.Leena J associate Professor PSG College of Nursing had been to the Institute of HEdS La Source Nursing institute , Lausanne, Switzerland for the Faculty exchange programme on development of joint pedagogical partnership projects from 1st to 15th May 2015. The Vice-Director and Dean of Education dean Prof. Anne-Claude Allin and Prof. Yuan Durenberger, Head of Department of Education Innovation (CIIP) oriented about the programme and Nursing education system in Switzerland. The Programme focused on innovative teaching methods, perceptorship, simulation based learning.

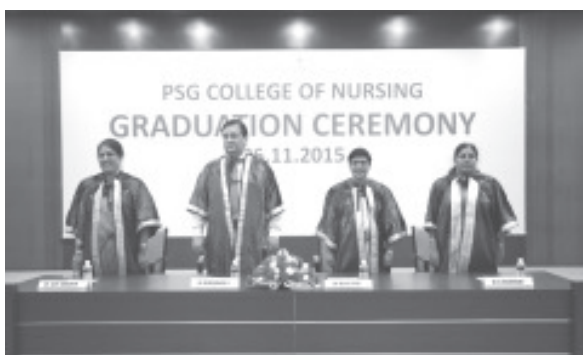
Intramural Sports Meet :

The intramural sports meet was held on 14.03.2015. Tmt. Ramya Bharathi, IPS, Deputy commissioner, crime, Coimbatore, was invited to be the chief guest of the function. Various sports events for the students were conducted from 23.02.2015 to 12.03.2015. 2013 batch won the overall trophy. Ms. Ammu of 2013 batch won the individual championship for girls.

Award of Doctorate in Nursing

Prof A.Tamilselvi HOD, Medical Surgical Nursing Department was awarded Doctoral degree (Ph.D) in Nursing on 14th October 2015 under National Consortium for Ph.D in Nursing, Indian Nursing Council, New Delhi in collaboration with Rajiv Gandhi University of Health Sciences (RGUHS), Bangalore.

Graduation Ceremony



The XVII Graduation Ceremony of PSG College of Nursing was held on 06.11.15. Dr.S.Ramalingam, Dean, PSGIMSR and Hospitals presided the function. The Chief Guest of the occasion was Dr.Selva Titus Chacko, Dean, College of Nursing, CMCH, Vellore. She encouraged the graduates to venture, search and express their gifts and talents. Prof.Elizabeth Jean Abraham, Principal, PSG College of Nursing gave charge to the new

graduates. Fifty four graduates and 6 postgraduates received their degrees from the chief guest. The class toppers and subject toppers in both UG and PG group were awarded with prizes. The special awards were distributed by the chief guest. Among the prestigious awards for undergraduates students, 'Best Academic' and 'Clinical Nurse Award' were given to Ms.Steffie Jose of 2010 batch. 'The Best Outgoing Student' of the graduating batch was given to MS.Narayani.D.. Among the post graduate students, 'Best Academic Post Graduate Award', best clinical nurse and the 'Venkateshwara Research Award' was secured by Ms Keerthana B. 'The Best SNA Award' was received by Ms.Steffie Jose and 'The Best NSS Award' was received by Ms. Yugasubitha. M.

YRC Activities:-

YRC members participated in various events to celebrate the International Women's Day, World Health Day, World Breast feeding week celebration, Voluntary blood donation day, and World AIDS Day.

NSS Activities:-

The NSS Unit of PSG College of Nursing organized NSS Special Camp from 15.11.2015 to 21.11.2015 at Vadugapalayam, Vadhampachery Panchayat. Sixty NSS volunteers were debuted for the camp. The theme of the camp was based on 'Healthy Youth for Healthy Nation'. Faculty from the various department were invited on each day to observe the programme. Various programmes were organised to celebrate National blood donation Day, International Women's Day, World Health Day, Nurses Day, World Environment Day, National Nutrition week ,World AIDS Day

SNA Activites:-

As a part of their activities, office bearers and members organized Various programmes like International Nurses day celebration, Onam and Teacher's day celebration, Diwali celebration, World AIDS Day observation, Christmas, New-year and Pongal celebration

Zenith 2015

The Zenith 2015, a zonal level intercollegiate Nursing Quiz competition was conducted on 04.12.15. The quiz programme was organised by the Medical surgical Nursing and fundamentals of Nursing department. A total of 38 teams underwent preliminary written test and the best 5 teams were qualified for the final round. CMC College of Nursing, Vellore emerged as triumphant by securing the rolling trophy for the first place, the Second place MES College of Nursing, Malappuram, and PSG College of Nursing, Coimbatore bagged the 3rd prize.

